

# PULPIT CURRICULUM

Healthy is...

John 15:1-11; Matthew 11:28-29; Isaiah 55

**Big Idea / Outline** — Our focus should not be on the work or the fruit of living for God. Our focus needs to be on the abiding relationship with God.

1. Healthy is abiding-based, not success-based
2. Healthy is grace-paced, not work-paced

**Seeking the lost to come home**

- Who?
- Prayer
- +1 Stories

"I am sending you." Jn 20:21



## REVIEW THE TEXT

Read the passages and the Big Idea / Outline. What are the common themes in these texts?

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What are some of the reasons that quality time with God is hard?

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Read the story of Mary and Martha at Luke 11:38-42. Can you relate? What do learn?

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## ASSESS YOUR LIFE

Based on these passages, how would you rate your health? Are you a Mary or a Martha?

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## APPLY THE TRUTH

What needs to change? What's the plan to begin moving in the right direction? What needs to go?

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## COMMIT THIS WEEK

Share with others some specific steps you'll be taking right away. Commit to get started this week.

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