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| **Lunch Box Catering****Donna Laster 423-802-1938**Donnalaster@epbfi.com |
| October Lunch Menu |
| 29 | 30Chicken and Cheese QuesadillasNorthern BeansApples  | 01Beef a RoniGreen BeansBananas  | 02Chicken NuggetsBaked BeansOranges  | 03Pizza day | 04Baked HamMac and CheesePeasApples  |  |
| 06  | 07Turkey and Cheese SlidersTator TotsApples  | 08CheeseburgerMacCornBananas  | 09Beef and Cheese BurritosCornOranges  | 10Pizza day | 11Roast PorkMashed PotatoesPeasApples  | 12 |
| 13 | 14Ham and Cheese SlidersNorthern BeansApples  | 15Beef StroganoffGarden SaladBananas  | 16Creamy ChickenRice CasseroleCarrotsOranges  | 17Pizza day | 18Chicken SandwichBaked BeansApples  | 19 |
| 20 | 21BBQ Chicken SlidersSweet Potato FriesApples  | 22Spaghetti with Meat SauceGreen BeansBananas  | 23Mac and CheeseGreen BeansOranges  | 24Pizza day | 25Chicken AlfredoCarrotsApples  | 26 |
| 27  | 28Cheeseburger SlidersTatar TotsApples  | 29Baked Ziti with BeefCornBananas   | 30Chicken Rice Teriyaki PeasOranges  | 31Pizza day | 01Chicken NuggetsBaked BeansApples  | 02 |
| 03 | 04Chicken and Cheese QuesadillasNorthern BeansApples  | 05Beef a RoniGreen BeansBananas  | 06Baked HamMac and CheesePeasOranges  | 07Pizza day | 08Beef and Cheese BurritosCornApples  | 09 |