



PRAYER VIGIL WEDNESDAY, MARCH 18TH, 6:30PM

We will host a prayer time on Facebook Live from the Trinity United Methodist Church Facebook Page. If you are going to join us online, print out this prayer guide so you can follow along. If you are unable to join on Facebook, use this guide to pray along with us at this time from wherever you are. We will share a recording of the prayer time for anyone to watch again afterwards.

- **WORSHIP**

Center yourself with a time of worship. If you can't watch Facebook Live, here are two songs we will be singing:

“Awake My Soul” Click Here – <https://www.youtube.com/watch?v=FYVtW3FYQUI>
“Sweet Hour of Prayer” Click Here – <https://www.youtube.com/watch?v=sLV-imJxyo4>

If you cannot listen to a recording or watch a video, think of a hymn or praise song you know by heart and sing it on your own. You can also read a psalm to center your heart in worship (Psalm 23, Psalm 100, Psalm 145 are all good options for psalms of praise)

- **PRAYER FOR PROTECTION AND STRENGTH**
PRAYER OF ST. PATRICK (“The Deer’s Cry”)

This is an ancient and beautiful prayer attributed to St. Patrick, a great hero of the faith. According to tradition, this prayer was composed by Patrick in the year 433 AD. [On a missionary journey in a hostile land] he was aware that there was an ambush to try to kill him and his group en route to the King’s court. It was during the march that they sang the Deer’s Cry. As the druids lay in hiding, ready to kill, it is said that they saw not Patrick and his men, but a gentle doe followed by twenty fawns. The miracle saved Patrick and his men. “The Deer’s Cry” is known by several names, “Lorica” and “The Breastplate of St Patrick” which is another version of the prayer of St. Patrick. It is a beautiful prayer celebrating a God who lives with his children, guiding them, sheltering them, strengthening them. A God who is with us and in us through his Creation. (Irish Chaplaincy, Paris 2020)

**I arise today through the strength of heaven
Light of sun, radiance of moon, splendor of fire, speed of lightning
Swiftness of wind, depth of the sea, stability of earth, firmness of rock
I arise today through God's strength to pilot me**

God's eye to look before me, God's wisdom to guide me
God's way to lie before me, God's shield to protect me
From all who shall wish me ill, afar and a-near, alone and in a multitude
Against every cruel, merciless power that may oppose my body and soul
Christ with me, Christ before me, Christ behind me, Christ in me
Christ beneath me, Christ above me, Christ on my right, Christ on my left
Christ when I lie down, Christ when I sit down
Christ when I arise, Christ to shield me
Christ in the heart of everyone who thinks of me
Christ in the mouth of everyone who speaks of me
I arise today through the mighty strength of the Lord of creation

• **PRAY OF INTERCESSION**

PRAYER FOR DELIVERANCE FROM CORONAVIRUS

(BY PETE GREIG & 24-7 PRAYER)

Lord Jesus Christ, we ask you to protect us from the spread of the coronavirus. You are powerful and merciful; let this be our prayer –

Response: “Have mercy on me, my God, have mercy on me, for in you I take refuge. I will take refuge in the shadow of your wings until the disaster has passed.” (Psalm 57:1)

...Pause & Pray for protection

Jehovah Shalom, Lord of Peace, we remember those living in coronavirus hotspots and those currently in isolation. May they know your presence in their isolation, your peace in their turmoil and your patience in their waiting. Prince of Peace, you are powerful and merciful; let this be their prayer –

Response: “May your mercy come quickly to meet us, for we are in desperate need. Help us, God our Savior, for the glory of your name.” (Psalm 79:8)

...Pause & Pray for communities most heavily affected and those in isolation

God of all Comfort and Counsel, we pray for those who are grieving, reeling from the sudden loss of loved ones. May they find your fellowship in their suffering, your comfort in their loss, and your hope in their despair. We name before you those known to us who are vulnerable and scared - the frail, the sick and the elderly. [pause] God of all Comfort, you are powerful and merciful; may this be our prayer –

Response: “He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us.” (2 Corinthians 1:10)

...Pause & Pray for those who are suffering from grief and fear

Jehovah Rapha, God who heals, we pray for all medical professionals dealing daily with the intense pressures of this crisis. Grant them resilience in weariness, discernment in diagnosis, and compassion upon compassion as they care. We thank you for the army of researchers working steadily and quietly towards a cure - give them clarity, serendipity and unexpected breakthrough today. Would you rise above this present darkness as the Sun of Righteousness with healing in your rays. May this be our prayer –

Response: “Sovereign Lord, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you.” (Jeremiah 32:17)
...Pause & Pray for all medical professionals and caregivers

God of all Wisdom, we pray for our leaders: the World Health Organization, national governments, and local leaders too - heads of schools, hospitals and other institutions. Since you have positioned these people in public service for this hour, we ask you to grant them wisdom beyond their own wisdom to contain this virus, faith beyond their own faith to fight this fear, and strength beyond their own strength to sustain vital institutions through this time of turmoil. God of all Wisdom and Counsel, you are powerful and merciful; may this be our prayer –

Response: “God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear” (Psalms 46:1-2)
...Pause & Pray for leaders

I bless you with the words of Psalm 91:“Surely he will save you from the fowler’s snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.” (Psalm. 91:3-7)

Response: “Answer me when I call to you, my righteous God. Give me relief from my distress; have mercy on me and hear my prayer.” (Psalm 4:1)
...Pause & Pray God’s promises for your life

May El Shaddai, the Lord God Almighty who loves you protect you. May Jesus Christ, His Son who died for you save you. And may the Holy Spirit who broods over the chaos and fills you with his presence, intercede for you and in you for others at this time.

Response: “The Lord will rescue me from every evil attack and will bring me safely to his heavenly kingdom. To him be glory for ever and ever. Amen.” (2 Timothy 4:18)

...Pause & Pray for God’s Spirit to fill you
In the name of the Father, the Son, and the Holy Spirit, Amen.

<https://www.24-7prayer.com/coronavirusprayer#prayerfor>