



## LESSON 5: GOD PROMISES SARAH A SON

### ACTIVITY 1: FLIPPED OUT

#### SUPPLIES

- 2 people
- Empty soda can
- 2 mugs per soda can

God brings us laughter—sometimes in unexpected ways. In our Bible story, Sarah laughed because at her age, the thought of having a baby sounded impossible. But God flipped Sarah’s sadness about not having children into joy, bringing Isaac—which means “laughter”—into her life.

In this activity, you’ll be able to move the can from to the other mug without touching it. Sound impossible? Let’s try!

#### INSTRUCTIONS

1. Two people sit on opposite sides on a table.
2. Place one empty mug directly behind of the other, so there is a mug in front of you and a mug in front of the second person. Place the mugs close so they are touching each other.
3. Place the empty soda can inside the mug closest to you, and blow inside the mug and in between the soda can inside of the mug.
4. Try to aim for the other mug.

Explain whether you thought it would be possible to flip the can. Why do you think it worked?

Hearing that the can would flip may have sounded impossible. But sure enough, you created enough air pressure to flip the can right out of the mug. How was reading that the can would flip similar to God’s message to Sarah? God brings us laughter, sometimes in unexpected ways.