

## How to Make an Adult Mask with Ties

Supplies for 1 mask:

One (1) 8 x 14 inch piece of 100% cotton fabric

Two (2) 2 inch by width of fabric strips of 100% cotton fabric

Thread, Iron & Sewing machine

### ***Prepare the mask:***

On 8 x 14 inch piece, right sides together, sew  $\frac{1}{4}$  inch seam.

Turn right sides out, press seam.

### ***Prepare the ties:***

Fold the 2 inch strips in half (1 inch). Open tie back up. Fold each edge to meet in the middle and press.

Fold in half again, securing the raw edges inside and press. Each tie will be approximately 1 inch in width.

### ***Assembly:***

Align the centre of the tie with the top of the mask, open tie so edge of mask fits snugly inside. Pin.

Sew tie, anchoring at the start and end of the seam and stitching very close to the open edge, making sure that the fabric on the back is also caught in the seam. Make sure the edges of the mask are enclosed in the seam.

Make 3 pleats, approximately 1 inch in size, using pins to hold. Mask will be approximated 3  $\frac{1}{2}$  inches in width when pleated.

Sew  $\frac{1}{4}$  inch seam on each side of mask, re-enforcing at each pleat to secure the pleats.

Clip all stray threads.

