## LOOK BACK

### Talk

- What are you thankful for today?
- What is causing you stress? What are you anxious about today?
- Who do you know that needs our help and how can we help them?
- Last week, we looked at Jesus' Triumphant Entry in Luke 19:28-42...what did you do differently this week because of Jesus' teaching? Did you talk to anyone about it...if so, how did they react to it?

# <mark>look up</mark>

## Read & Retell

- One person reads John 20:19-31 out loud and the rest follow along.
- Someone else retells the story and others fill in what is missing.

## Discussion Questions

## The Life of Jesus

- In verses 30-31, what is the main point John wants us to understand?
  a. What has Jesus' resurrection given us? (Look up John 3:16)
- 2) What phrase does Jesus speak in verses 19, 21, and 26?
  - a. What is this peace that Jesus has to offer? (Look up Isaiah 26:3-4)
- 3) What have you tried to find peace in that has left you unsatisfied? (Relationships, jobs, achievements, abilities, money, possessions, etc.)
  - a. What gives Jesus the ability to offer peace in a way no one or nothing else can?

## The Peace of Jesus

- 1) In verse 19 it says that even Jesus' disciples were afraid. What fears do you have right now?
- 2) In verses 24-27, we see Thomas doubting and basically saying, "I'll believe it when I see it." What doubts kept you from accepting the life that Jesus offers? What doubts are you wrestling with right now?
- 3) How does believing in all that Jesus has done for you give you peace in the midst of your fears?

## <mark>LOOK FORWARD</mark>

## Application Questions

- 1) In verse 21, Jesus says he is sending his disciples just as the Father sent him. Where has Jesus placed you, that you can proclaim his life and bring his peace today?
- 2) What are three ways you can bring the good news of life in Jesus and offer his peace to others this week?