



HOUSE CHURCH SUNDAY, MAY 3RD

In Lockdown: 8 weeks in Philippians – Week 3, “Following Christ in Lockdown”

- **BEFORE YOU BEGIN**

- [Click here](#) for the guide of “How to do House Church.” Weekly content, updates, and archives can be at tumcdan.org

- **WORSHIP** 10-15 minutes

(Use all of these elements for worship or choose the parts that work best for you)

- **Call to Worship:**

Leader: Rejoice in the Lord always.

Response: **I will say it again, rejoice! The Lord is near.**

Leader: Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Response: **And the God of peace will be with you.**

- **Music:**

View these songs on YouTube and sing along with the lyrics. If someone in your family or group is musical, they can also lead the songs without videos

“Whom Shall I Fear”

[Click here for Video](#)

[Click here for Lyrics & Chords](#)

“Standing on the Promises of God”

[Click here for Video](#)

[Click here for Lyrics & Chords](#)

- **Psalm 102 – A Prayer of Lament and Hope:**

1 Hear my prayer, LORD; let my cry for help come to you.

2 Do not hide your face from me when I am in distress.

Turn your ear to me; when I call, answer me quickly.

3 For my days vanish like smoke; my bones burn like glowing embers.

4 My heart is blighted and withered like grass; I forget to eat my food.

5 In my distress I groan aloud and am reduced to skin and bones.

6 I am like a desert owl, like an owl among the ruins.

7 I lie awake; I have become like a bird alone on a roof.

8 All day long my enemies taunt me; those who rail against me use my name as a curse.

9 For I eat ashes as my food and mingle my drink with tears

10 because of your great wrath, for you have taken me up and thrown me aside.

11 My days are like the evening shadow; I wither away like grass.

12 But you, LORD, sit enthroned forever; your renown endures through all generations.

13 You will arise and have compassion on Zion, for it is time to show favor to her; the appointed time has come.

14 For her stones are dear to your servants; her very dust moves them to pity.

15 The nations will fear the name of the LORD, all the kings of the earth will revere your glory.

16 For the LORD will rebuild Zion and appear in his glory.

17 He will respond to the prayer of the destitute; he will not despise their plea.

18 Let this be written for a future generation, that a people not yet created may praise the LORD:

19 "The LORD looked down from his sanctuary on high, from heaven he viewed the earth,

20 to hear the groans of the prisoners and release those condemned to death."

21 So the name of the LORD will be declared in Zion and his praise in Jerusalem

22 when the peoples and the kingdoms assemble to worship the LORD.

23 In the course of my life he broke my strength; he cut short my days.

24 So I said: "Do not take me away, my God, in the midst of my days; your years go on through all generations.

25 In the beginning you laid the foundations of the earth, and the heavens are the work of your hands.

26 They will perish, but you remain; they will all wear out like a garment. Like clothing you will change them and they will be discarded.

27 But you remain the same, and your years will never end.

28 The children of your servants will live in your presence; their descendants will be established before you."

- **KIDS** 30-40 minutes

(If there are children in your House Church, you can add in these songs and participate in the ActivateKidz Video message from Miss Emily. You can also do the ActivateKidz lesson anytime!)

- **Songs:**

- "Not Afraid" [Click here for Video](#)

- "My Lighthouse" [Click here for Video](#)

- **ActivateKidz Video Lesson:**

- [Click here](#) for the ActivateKidz YouTube Channel to find this week's lesson!

- **SCRIPTURE** 5 minutes

(Have one person read out loud or choose a different reader for each passage)

- **Philippians 1:27-2:5** (New International Version)

Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in the one Spirit, striving together as one for the faith of the gospel ²⁸without being frightened in any way by those who oppose you. This is a sign to them that they will be destroyed, but that you will be saved—and that by God. ²⁹For it has been granted to you on behalf of Christ not only to believe in

him, but also to suffer for him, ³⁰since you are going through the same struggle you saw I had, and now hear that I still have.

2 Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, ²then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. ³Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, ⁴not looking to your own interests but each of you to the interests of the others. ⁵In your relationships with one another, have the same mindset as Christ Jesus...

- **MESSAGE** 20 minutes

- [Click here](#) to view the video of Pastor David's message for this week
- [Click here](#) to view written notes from the message

- **DISCUSSION** 15-20 minutes

(Use these questions to connect with your group, reflect, and apply this week's message to life.

You don't have to get through every question, just choose the ones that connect with your group.)

- How is everyone doing? What have been the highs and lows of your week?
- What about today's message inspired or resonated with you? What challenged or confused you?
- Have someone reread Phil. 1:27-2:5, we're going to spend some time studying and discussing this passage. What stuck out to you the most in this week's readings? Was there a certain passage that grabbed you, a particular insight that moved you, or a specific question you're wrestling with?
- Phil. 1:27 – What does it look like to live a life worthy of the Gospel of Christ? What would be some examples of behavior which does and does not match up with the Gospel?
- Phil. 1:28-30 – How have you experienced resistance or opposition to your faith (in direct or more subtle, personal or impersonal ways)? How did you feel and how did you respond? How does unity with other believers empower us to stand firm?
- Phil. 2:1 – During this season we are in, how have you experienced encouragement from being united with Christ, comfort from His love, common sharing in the Spirit, tenderness and compassion at the personal level and through connection with other believers?
- Phil. 2:2-4 – What does it look like to live out this passage at the practical level? What examples have you seen or experienced? From N.T. Wright: *“Christians have theological differences, smoldering resentments from events of long ago, radical variations of styles of worship, personality cults, clashes over leadership style and argument on issues of moral behavior. How can you and your Christian community work lovingly to overcome tensions like these with fellow Christians?”*
- Phil. 2:5 – What does it mean for us to have “the mind of Christ” (or “the mindset,” “the attitude” of Christ)?

- **PRAYER** 10-15 minutes

- Spend time sharing your prayer requests (personal petitions, intercession for the community and the world). It can be helpful to write these down and share them with the group to pray throughout the week.
- Use the “P.R.A.Y.” model to pray together. One leader can facilitate this prayer time by talking through each portion and giving the group space to pray.

We encourage your group to pray out loud together for the various requests during the “Ask” portion, but it’s also ok to let this be a time of silent prayer where each member can petition and intercede in their own heart.

Pause – Be still, rest in silence, focus yourself on God’s presence – in your heart you can say a simple phrase like, “My God and my all”

Rejoice – Lift up your praises for God’s presence and God’s blessings

Ask – Pray for the various requests mentioned as a group

Yield (or “Yes” for kids) – Surrender to God’s power and God’s will, yield to God’s presence, contemplate his glory

- **Close with the Lord’s Prayer**

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our sins as we forgive those who sin against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory forever. Amen.

- **GIVING** 3 minutes

(We are so grateful for the generosity of God’s people supporting His work! We understand that it is not feasible for everyone at this time; whatever your circumstance, rest in the fact that God loves you and will lead you!)

- **Electronic Giving**

[Click here](#) for secure, easy electronic giving or use your smartphone to text “tumcdan” to 77977
You can also mail your offering to: Trinity UMC, 84 Lombard Avenue, Danville, PA 17821

- **Love in Action Fund**

Our Love in Action Fund exists to support members of our community, our childcare, and our congregation with practical support as a demonstration of the love of God.

- **Offering Prayer**

Lord, as you have given yourself so freely to us, we give ourselves to you. May our lives be a living sacrifice. We give for the sake of your Church and for the sake of the world which you so love. Receive our simple gifts of time, talents, and treasures in the name of Jesus, for your glory. We ask you to multiply these gifts for the advance of your Kingdom, for the Awakening of our community, and for the restoration of our world. Amen.

- **NEXT STEPS** 5 minutes

- **To download the Daily Text Guide for week 4 [Click Here](#)**
- **Discipleship Bands: we are challenging everyone to try a Discipleship Band during our lockdown for a set timeframe of just 1 – 2 months, think of it as an experiment in discipleship or a trial run during a time when we need connection more than ever.**
 - EVERYTHING you need can be found here - <https://discipleshipbands.com/>
 - Go to <https://www.facebook.com/groups/TrinityDiscipleshipBands> to join the Facebook Group or (if you don't have Facebook) email Pastor David at DLayser@susumc.org.
 - 3-5 believers (of the same gender) choose to form a band. Discipleship Bands are meant for committed, growing Christians who are ready to interact in a mature and trusting way. It's important that everyone involved is there with a desire to engage this process. You can choose your own group, or we can help you get one started.
 - Pick a regular time (preferably once a week) to connect via phone / video call (or in-person when the restrictions are lifted)
 - Take 30 minutes to an hour (usually depending on group size) to connect with the same easy format each week (no prep required)—1) A brief opening prayer and Scripture, 2) Each member sharing (voluntarily, only what is desired) their answers to 3-5 questions that have to do with how you are *really* doing in your soul, where the Holy Spirit might be working in your life, your struggles and victories, your temptations and shortcomings, and 3) members pray specifically for one another to close.
- **SHARE!**
 - **Keep sharing pictures and testimonies** of your House Church, Discipleship Bands, and other experiences! This allows us to continue to encourage the whole Body of Christ each week in our newsletter and social media. Share on Facebook or email Trinity.Secretary@verizon.net