

We hope that you find this prayer guide helpful as you grow deeper in your faith at home. This guide is simply a tool for you to use, so please use it in a way that best fits your home environment. You may find it best to work through it in order, or you may choose to focus only on some of it. Either way, we hope this helps you grow stronger in your faith as you seek and follow the Lord together.

A model of prayer to consider (ACTS)

As we continue this series on prayer, we would like for you to consider using the ACTS model of prayer as you pray in your homes together. Here is a brief look at what that could look like:

A = Adoration (Begin by praising God for who He is.)

C = Confession (Continue by confessing your sin to God, recognizing your need for forgiveness.)

T = Thanksgiving (Give thanks to God for what He has done for you.)

S = Supplication (Bring your requests to God, both for yourself and for others.)

As you use this model of prayer, note the order. As Christians, it is far too easy to start with asking God for things (supplication) without truly recognizing who He is and what He has done (adoration and thanksgiving), and also who we are as we come into His presence (sinners who need to confess).

A time to pray together

Let's take what we just learned about **why we pray** from Pastor Phil and use this model of prayer and the prompts below to pray together in our homes...

Adoration

- Prayer gives us the same intimacy and access to God the Father as Jesus had when he modeled prayer for us. Praise God for that! Praise Him for being your perfect heavenly Father!

Confession

- Think back on the past week...when did you find yourself not trusting in God alone or depending fully on Him? Confess those times to Him in prayer.

Thanksgiving

- Prayer reminds us that not only can we go to the Father "in Jesus' Name," but that God hears us and responds to us when we pray. Thank Him now for giving you that kind of access and for the ways that He has responded to your prayers this past week.

Supplication

- Prayer is an opportunity to express your trust and dependence on God, knowing that He will respond according to His will. What are some specific things in your life (or in someone else's life) that you need to bring to Him in prayer today?

(To go deeper, look up Matthew 6:5-13, John 16:22-24, Romans 8:26-27, & 2 Chronicles 7:14)