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| Overcoming Obstacles | | |
|  | Growth:  "His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires. 2 Pet 1:3-4 |  |
|  | Premise: Negative Thinking Hinders Growth |  |
|  | Scripture: Don't be like the people of this world, but let God change the way you think. Then you will know how to do everything that is good and pleasing to him. (Rom 12:2)CEV |  |

**Agree or Disagree: Your thoughts become your words, your words become your actions, your actions become your habits, your habits become your character, your character becomes your destiny.**

**What does the phrase “stinkin’ thinkin’” mean to you?**

**Definition of Repent?**

**metanoeō**

**met-an-o-eh'-o**

**to think differently or afterwards, that is, reconsider (morally to feel compunction): - repent.**

**Whatever we allow to captivate our thoughts will eventually control our lives. The life you are experiencing today is largely a result of your thoughts yesterday.**

**Some negative thinking that affects your growth.**

* **I’m not good enough…**
* **I can’t change the way I think…**
* **I can’t do hard things…**
* **I can’t control my thoughts…**
* **God can’t possibly love me…**
* **No one understands what I’ve been through…**

*For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. (2Co 10:3-5)*

**Your mind is a battlefield.**

**Notice the first statement in this text, “***though we live in the world, we do not wage war as the world does.”*

**What is the meaning behind those words?**

*“they have divine power to demolish strongholds”* **What are strongholds?**

“We demolish arguments and every pretension that sets itself up against the knowledge of God” **What are these arguments and pretensions really at war with? Why would that be true?**

*“we take captive every thought to make it obedient to Christ”* **Who is the we? How do we do it?**

**Romans 12:1-2 Tells us to do what?**

**Colossians 3:2 Encourages us to do what?**

**Romans 8:5-6 Tells us what?**

**1 Corinthians 3:18 encourages us to do what? What does he mean by that?**

**Philippians 4:4-9 Gives us 5 things we can actively do to allow the divine power to guard our hearts and minds.**

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