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| Overcoming Obstacles |
|  | Growth: "His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires. 2 Pet 1:3-4 |  |
|  | Premise:Growth is hindered by our flesh, not by our inabilities. |  |
|  | Scripture:In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! (Heb 5:12) |  |

**When looking at your life, how would you assess your personal growth over the last Five years?**

**If you could point to one major factor in your growth or failure to grow, what would it be?**

**Here are a few things I believe hinders our growth:**

* Secret Sin
* Desires of the heart
* Pride
* Negative thinking
* Negative relationships
* Judgmental attitudes
* Religious systems
* Fear of Change

**When looking at the list above, rank them in order of growth busters to you personally.**

**As you look over this list, do you believe any of them should not be on this list? Why?**

**Anything that isn’t on the list that should be? Why?**

**How can “bad relationships” hinder your growth? What does God say about them?**

**1 Cor 15:33; Rom 12:2; Gen 2:24; 2 Cor 6:14; Psalms 1:1**

**How can “judgmental attitudes” hinder your growth? What does God say about them?**

**Luke 6:37; Gal 6:1; James 5:19-20; Romans 2:1-11; 1 Thes 5:14; 1 Cor 5:1-13; Matt 5:7**

**How can “religious systems” hinder your growth? What does God say about them?**

**1 John 4:1; 1 John 2:26-27; Matthew 15:3-9; Eph 4:14-15; Col 2:8; 1 Tim 4:1-5**

**How can “fear of change” hinder your growth? What does God say about them?**

**2 Cor 5:17; 2 Tim 3:16-17; Luke 13:3; Col 3:10; Gal 2:20; 1 Cor 6:11**

**So how should be grow?**