<u>"What this world needs from the class of 2020..."</u> Grad Sunday (06.14.20)

## **RESILIENCE**...what is it?

<u>Resilience</u> is the ability to adapt to difficult situations.

When it comes to their faith and spiritual life, <u>resilient</u> <u>disciples</u> grow more like Jesus, NOT IN SPITE OF...BUT BECAUSE OF their presence in a spiritually dark world.

*"For once you were full of darkness, but now you have light from the Lord. So live as <mark>people of light</mark>!" (Ephesians 5:8)* 

## 5 things that a resilient disciple needs:

- 1) You need a light to guide you. (Psalm 119:105 & 18:28)
- 2) You need friends who will support you. (Proverbs 17:17)
- 3) You need to trust God all the way through it. (Proverbs 3:5-6, Psalm 62:7-8 & 23:4)
- 4) You need to be dressed and ready for the environment. (Colossians 3:12, Ephesians 6:10-13)
- 5) You need to remember that there is only one way out. (John 14:6)

## **DISCUSSION QUESTIONS**

- 1) How has God's Word been a light to guide you?
- 2) Who are the people in your life who have supported you in your walk with Jesus...what did their support look like?
- What are some specific things you need to trust God for right now? Take some time to pray about these things... "pour out your heart to God, for He is our refuge."
- 4) Which of the qualities in Colossians 3:12 are easy for you to "wear" and which are the most challenging? Why?
- 5) Who do you know that is walking around in total spiritual darkness and needs you to show them the way out? Pray for them and ask God to give you the courage and opportunity to talk to them about Jesus this week.

## NOTE SPACE