

Jesus—Nothing More, Nothing Less
Holding Fast to the Head
Colossians 2:16-23
Sermon Notes for Sept. 6, 2020

1. **3 Encouraging E**_____:

2. **3 Alternative P**_____:

3. **3 Powerful R**_____:

Jesus—Nothing More, Nothing Less
Discussion/Study Guide for Colossians 2:16-23

We hope this guide will help you go deeper into God's Word and spur you on in obedience to what God is teaching us today. Please feel free to use all or part of it for your group discussion or personal study.

- Take a few moments and reread Col. 2:16-23. What are the 3 exhortations expressed by Paul in this passage and where are they found?
- Have you ever felt judged or disqualified or held to an unnecessary standard spiritually? How did that effect your spiritual growth?
- From this passage, what would Paul's advice be to you when that happens?
- Pastor Phil identified the 3 alternative paths to spiritual maturity as legalism, mysticism and asceticism. From this passage and in your own words how would you define these three paths?
- Have any of these alternative paths been a challenge for you in your spiritual walk? If so, how?
- Paul seems to combat these alternative paths with powerful reasons to hold fast to Jesus, nothing more & nothing less. What are those 3 reasons?
- Can you describe how Jesus is better than legalism, mysticism, and asceticism from this passage?
- How does this text help you in understanding what spiritual maturity looks like in you life and where it is found?
- How can you encourage someone you know with the truths that this passage teaches in the coming week?
- Spend some time in prayer thanking or confessing or asking in response to what this passage teaches you.