

SUNDAY MORNING 9:00 AM

SONG LEADER . . . . . Chad Tagtow  
BIBLE READING . . . . . Frank DeBord  
OPENING PRAYER . . . . . Frank DeBord  
LORDS SUPPER . . . . . Bob Bauer  
CLOSING PRAYER . . . . . Frank Nabors

SUNDAY MORNING 10:30 AM

SONG LEADER . . . . . Jay Roberts  
BIBLE READING . . . . . Kyle Smith  
OPENING PRAYER . . . . . Kyle Smith  
LORDS SUPPER . . . . . Bob Bauer  
CLOSING PRAYER . . . . . John Greene

SUNDAY'S SERMONS

AM: How to Be an Enemy of the Cross  
(Phil. 3:17-21)

ALSO LIVE STREAM

On our Facebook Page at 10:30

LST WK      STATISTICS      LAST YR

NA. . . . . SUN CLASSES . . . . . NA  
75 . . . . . SUN AM . . . . . NA  
NA . . . . . SUN PM . . . . . NA  
NA . . . . . WED CLASSES . . . . . NA  
NA. . . . . CONTRIBUTION . . . . . NA

WEDNESDAY EVENING

LIVE STREAM

ON OUR FACEBOOK PAGE

SERVE LORD'S SUPPER IN AUGUST

9:00 am . . . . . Bob Bauer/Forest Antemesaris  
10:30 am . . . . . Bob Bauer/Forest Antemesaris

PREPARE LORD'S SUPPER

NA

SERVING IN AUGUST

ANNOUNCEMENTS: . . . . . NA  
PICK-UP CUPS: . . . . . NA  
OPEN BUILDING: . . . . . Frank DeBord  
CLOSE BUILDING: . . . . . Bob Bauer/Jim Hall

Orange Street Church of Christ  
310 Orange St.  
Auburndale, FL 33823

To:

"You have heard that it was said, 'You shall love your neighbor and hate your enemy.' But I say to you Love your enemies and pray for those who persecute you, so that you may be sons of your Father who is in heaven. . . .  
(Matt 5:43-45)



GETTING BACK UP

A large city school system had a program to help children keep up with schoolwork during stays in the city's hospitals.

A teacher assigned to the program received a routine call asking her to visit a child. She took his name and room number and talked briefly with his regular teacher. "We are studying nouns and adverbs in his class now," she said. "I'd be grateful if you could help him so he does not fall too far behind."

The hospital program teacher went to see the boy that afternoon. No one told her that he had been badly burned and was in great pain. Upset at the sight of the boy's suffering, she stammered, "I've been sent by your school to help you with nouns and adverbs." When she left she felt she had not accomplished much.

But the next day, a nurse asked her, "What did you do to him?" The teacher felt she had done something wrong and began to apologize. "No, no," said the nurse. "That's not what I mean. We've been worried about that boy, but ever since yesterday, his attitude has changed. He's fighting back, responding to treatment. It's as though he's decided to live."

Two weeks later the boy explained that he had completely given up hope until the teacher arrived. Everything changed when he came to a simple realization. He expressed it this way: "They wouldn't send a teacher to work on nouns and adverbs with a dying boy, would they?" —Bits & Pieces, July 1991

Hope in the Lord from this time forth and forever. — Psalm 131:3

BREAD & SWEETS

We will continue getting bread & sweets. Please feel free to pick up whatever you can use or share with your friends & neighbors. We have veggies on occasion.

Orange Street

CHURCH OF CHRIST

SEEKING TO FOLLOW CHRIST WHEREVER HE LEADS

310 Orange Street | Auburndale, Florida 33823 | 863-967-1757

Sunday August 2, 2020

Volume 1 Number 31

Living Without or With Regrets

Philip C. Strong

This is not the first piece I've written on this subject. Perhaps as a man of many regrets, it is a subject to which I am drawn. I've heard others say that they live with life "with no regrets." I presume they deliberately chose to do so, opting to not burden themselves with guilt. I do not know how to do this. There are too many things I've thought, felt, said, or done- or conversely, not thought, not felt, not said, or not done, that I deeply regret. In fact, I've often said (and written), in one way or another, that "Someone with no regrets is either perfect or a fool." Choosing to ignore our inward faults doesn't mean they aren't there. Tearing away and tossing aside the rearview mirror from our conscience and merely and merrily "moving on" from our outward deeds of commission or omission doesn't mean that they weren't wrong and didn't hurt others. Cavalierly denying culpability does not remove it. Obviously, God sees all, hears all, and knows all, cf. Psalm 139:1-4,7-8. I understand that we cannot change the things we've done and left undone, but we can:



- At least regret them;
- Acknowledge and confess our remorse to those we've wronged (both God and fellow humans);
- Apologize to those we've wronged (both God and fellow humans) and for their forgiveness; and,
- Learn, grow, and be and do better (both for God and to our fellow humans).

But regret alone- without the subsequent and incumbent actions, is a shallow and hollow emotion that does little more than to make us momentarily remorseful. Indeed, even if we combine it with confession, apologies, and pleas for forgiveness, without learning, growing, and becoming better by doing better, we're just heaping up more to regret later when the pangs of conscience kick in again.



Without the commitment to stop “piling up regrets,” we’ll do one of two things: 1) become a calloused fool who decides to “live life without regrets” because the burden of life with them is too great; or, 2) become so aware of our mountainous “pile of regrets” that remorse overwhelms us to disastrous effect, cf. Matthew 27:3-5.

However, there is a *third* option. We can admit we've been wrong, feel the right way(s) about it, make our wrong(s) right as best we can, and then allow regret for our past sins to motivate us to live differently in the future. Isn't that what Saul/Paul of Tarsus did?

He testified to the Sanhedrin Council that he had lived his life “*with a perfectly good conscience before God up to this very day,*” Acts 23:1. He isn’t saying he had never done anything wrong. At other times he also confessed to being “*the foremost of all*” sinners (1Timothy 1:15) because he “*persecuted the church of God*” (1Corinthians 15:9). Paul didn’t **live without regret**; he **lived with regret** by allowing it to motivate him to live differently in the future. In fact, he went from being a *persecutor* of the gospel and its adherents to being a *preacher* of it to make of them, cf. Ephesians 3:8-10 and 1Corinthians 15:10.

The only way to truly live *without regret* is to make no mistakes- in mind, in heart, or in body. Though I can't speak for you personally, the rest of us are way past that, Romans 3:10-18,23. So, we had better learn to live *with regrets* by doing something constructive with them... rather than to just keep piling them up. (Philip C. Strong; Southport Church of Christ; 7202 Madison Ave, Indianapolis, IN 46227; online at [southportcofc.org](http://southportcofc.org); email to [mrpcstrong@hotmail.com](mailto:mrpcstrong@hotmail.com))

## Dealing with Regret

**We can all relate to regret. We've all failed to take full advantage of opportunities. We've all said and done things we wish we could take back. You can't redo the past, but you can make the future better than your past.**



- Aug 2 2 Kgs 20-21
- Aug 3 2 Chr 32-33
- Aug 4 Nahum 1-3
- Aug 5 2Kgs 22-23, 2Chr 34-35
- Aug 6 Zeph 1-3
- Aug 7 Jer 1-3
- Aug 8 Jer 4-6

## Chronological Bible Reading Plan for 2020



Marcia Allen, Wayne Ard, Bruce Bachman,  
 Ruby Bradd, Lynne Brown, Kim Chambers,  
 Susan Copeland, Kristi Davis, Carmen  
 Filyaw, Butch Freeman, Deuce Fronabarger,  
 Margaret Geiger, Jerry Hill, Wade Hurd,  
 Stephen Langanke, George Lentz, Florence  
 Lindsay, Sharon McMichael, Jenny Miller,  
 Kelly Moore, Paula Penna, Jessica Perkins,  
 Rhonda Powell, Cecil Roller, Janice Rowe,  
 Gail Rubin, Ernesto Sebastia,  
 Barbara Slayton, John Starling, Brian Tagtow,  
 Betty Thomas, Robert Thomas, Terry Tribble,  
 Carol Waters, Walter Wheeler

**Bereavement:**

Sykes & Frazier family - passing of  
Dorothy's brother - Lonnie Sykes,  
Jean Clarks Family

## Shut In

Wanda Greene, Eric Lindsay

### **Nursing Home/Rehab**

Juanita Murphy, Carl Chambers  
Art Wilkins

## NOW THAT'S OPTIMISM

A man approached a little league baseball game one afternoon. He asked a boy in the dugout what the score was. The boy responded, "Eighteen to nothing—we're behind."

“Boy,” said the spectator, “I’ll bet you’re discouraged.”

“Why should I be discouraged?” replied the little boy. “We haven’t even gotten up to bat yet!”

—Author Unknown



***Happy is he that has the God of Jacob for his help, whose hope is in the Lord his God.***

– Psalm 146:5



## Card Campaign

Assignments will be given out on a monthly basis for our card campaign.

If you wish to participate please let  
Forest know.

If you know someone who could benefit from a card please let us know.

# Sermons

Title: \_\_\_\_\_ Date: \_\_\_\_\_

Scripture: \_\_\_\_\_ Speaker: \_\_\_\_\_