



ZION CHURCH NEWS

BLOW THE TRUMPET IN ZION, DECLARE A HOLY FAST, CALL A SACRED ASSEMBLY. (JOEL 2:15)

Sunday Services

In-Person Services have resumed in the chapel. Your health and welfare are of paramount importance to us. We are observing all health and safety guidelines (practicing social distancing as well as wearing face masks while in building).

Those that are unable to attend in-person services, can all watch Pastor Katie's sermons on our new YouTube channel "Zion Reformed United Church of Christ." New sermons are posted Sunday mornings at 11:00 am. You can also view past sermons and enjoy them over and over again at your leisure.

We miss you all and will see you soon!

Words Of Faith and Strength

If a tiny virus can do this much damage, Imagine what a mustard seed size of faith can do. Keep Faith in God, through ALL times. He will pull us through. If God could close the lions mouth for Daniel, part the Red Sea for Moses, make the sun stand for Joshua, open the prison for Peter, put a baby in Sarah's arm and raise Lazarus from the dead, then He can certainly take care of you... Have FAITH in Him.

Some trust in chariots, and some in horses: but We will remember the name of the Lord our God. Psalms 20:7. Faith opens your eyes to see that God's promises are for you personally. Faith acts like a magnet, drawing the fulfillment of God's promise into your life. Start speaking blessings to yourself today. With God's love and grace, claim it. I am happy. I am protected. I am guided. I am healed. I am comforted. I am strong. I am filled with kindness. I am deeply loved. I am abundantly blessed.

... by prayer and
supplication
with thanksgiving

Let your requests be made
known to God.
Philippians 4:6



VOLUME 61 ISSUE 11

TOPICS OF INTEREST

- Pastor's Pen
- Parish Nurse Article
- Zion Book Club
- Soup Kitchen

IN THIS ISSUE

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- Helping Hands
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ZION REFORMED UCC

- 201 N. Potomac St.
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- Phone: 301-739-7244
- www.ZionReformed.Church
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Pastor's Pen

And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. ~ Philippians 4:7

As I write this, the air is changing. It feels crisper and cooler. The leaves are changing colors and starting to drift airily down to the ground. Soon the holiday season will be upon us!

Thanksgiving will look different for many of us during the COVID-19 pandemic. Some of you have begun to share with me how you have adapted your plans. Others are looking at plans cancelled or postponed. But no matter what happens this year, I know that nothing will not stop us from spreading joy and thankfulness!

One of the things that 2020 has reminded us is that Zion Church is so much more than a building. We, the people, are the church. Some of us gather together on a regular basis, while others wait until the virus moves on. But we do not need to gather in the church building to be the church. We simply need to follow Jesus' call to follow him in discipleship.

Even in these difficult times, there is good news for us to hold on to! The God who created the universe and set the sun and stars in the sky, also created each of us for such a time as this. The God who chose to live as one of us also knows what it means to face the darkest times as one of us. The God who loves us more than we can imagine ensures that the Holy Spirit hovers over us like an autumn breeze, so that we are never alone.

God's sacred peace and love will protect us! What else do we need?

So this Thanksgiving, and every day that follows, I hope that each of you, my sisters and brothers in Christ, will be filled with the creative Spirit... that you will sing and dance to the song of God in your hearts... that you will stop long enough to smell a flower or jump in the leaves... that you will be blessed and that you will say thank you for every blessing you receive.

Have a happy and blessed Thanksgiving!

Pastor Katie



Special Services for November

Nov 1 (11am) Communion Service

November 24 Soup Kitchen (Thanksgiving Dinner)

**Children's Church
is held virtually
during
Sunday Morning
Worship Services**

Sunday Morning Schedule

Sunday Services

9:45-10:45 am Sunday School Classes

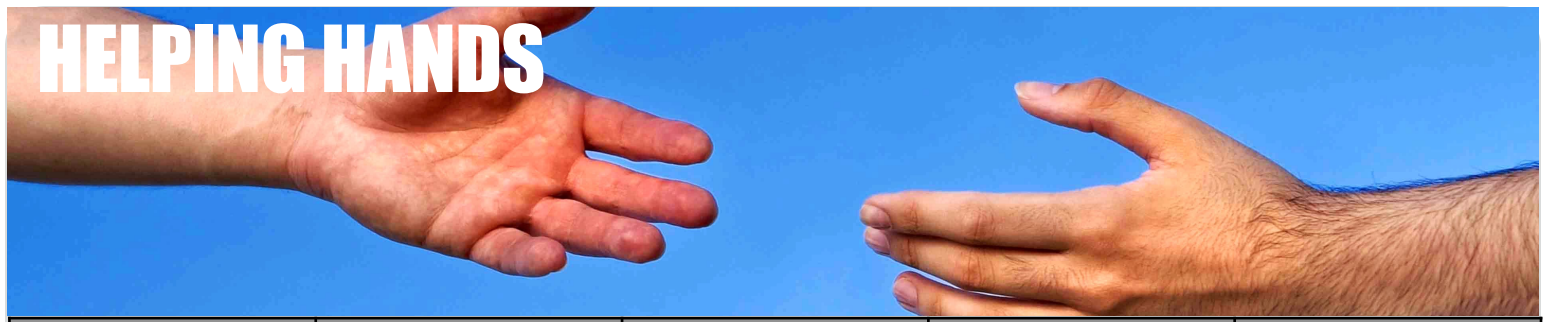
Adult Classes: *Rev. Arthur Grove Class*
Young Adult Bible Study Class

Children's Class: *Space for Grace Class*

11:00 am Worship Service



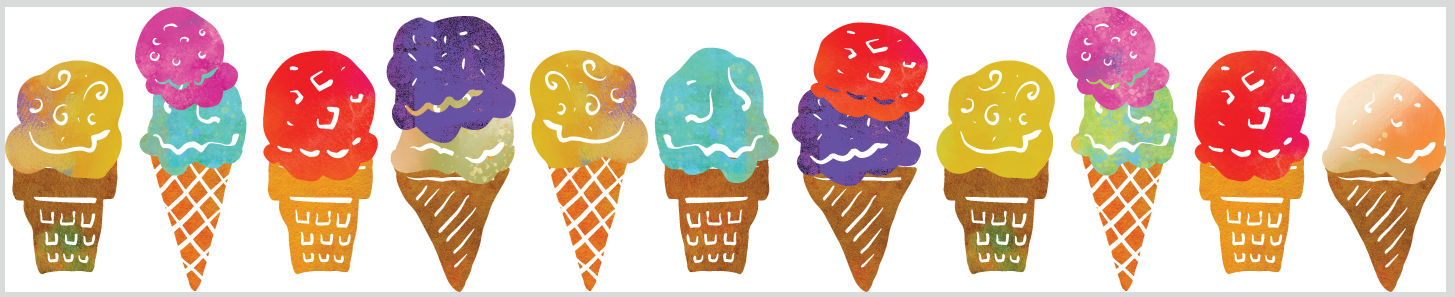
HELPING HANDS



NOVEMBER 1	NOVEMBER 8	NOVEMBER 15	NOVEMBER 22	NOVEMBER 29
Lector: Carroll Sager Greeters: Burnie Clutz Susie Clutz Rae Smith Ushers: Burnie Clutz Susan Clutz David Rhodes John Schnebly Soup Kitchen: 11/3 Team 1	Lector: Amber Nilson Greeters: <i>Volunteer Needed</i> Ushers: Barb Hendershot Matt McDonald William Wantz Soup Kitchen: 11/10 Team 2	Lector: Carol Mooers Greeters: Carroll Sager Barb Hendershot Ushers: Bill Brewer Ralph Sellers <i>Gerald Saum</i> Soup Kitchen: 11/17 Team 3	Lector: Wells Ridenour Greeters: Scherry Sellers Ushers: Richard Cantilena Ed Patterson Kim Ridenour Soup Kitchen: 11/24 Team 4	Lector: Rae Smith Greeters: Peggy Lowman Louise Danzer Ushers: Burnie Clutz Susan Clutz David Rhodes John Schnebly Soup Kitchen: 12/1 Team 1
DECEMBER 6	DECEMBER 13	DECEMBER 20	DECEMBER 27	
Lector: Carroll Sager Greeters: Burnie Clutz Susie Clutz Rae Smith Ushers: Burnie Clutz Susan Clutz David Rhodes John Schnebly Soup Kitchen: 12/8 Team 2	Lector: Barb Hendershot Greeters: <i>Volunteer Needed</i> Ushers: Barb Hendershot Matt McDonald William Wantz Soup Kitchen: 12/15 Team 3	Lector: Carol Mooers Greeters: Carroll Sager Barb Hendershot Ushers: Bill Brewer Ralph Sellers <i>Gerald Saum</i> Soup Kitchen: 12/22 Team 4	Lector: Aaron Kelly Greeters: Scherry Sellers Ushers: Richard Cantilena Ed Patterson Kim Ridenour Soup Kitchen: 12/29 Team 1	

If you are a volunteer as usher or greeter, remember to check the monthly newsletter for the upcoming schedule. If you are unavailable on your scheduled Sunday, please find a replacement or call the church office by Wednesday of that week so that a replacement can be found.

* Unavailable at time of Printing



Church Happenings

Zion Book Club

The Zion Book Club will meet on Friday, November 20th at 7pm at the home of Sue Graff to discuss the book, "Wishes For Christmas" by Fern Michaels. All Maggie Spritzer wants is to bring a little more joy to the world especially to a beloved teacher from her past. And as the Sisterhood unites to find her, they learn that no holiday treat is as fulfilling as giving to others. Meanwhile, with a little help from the other Godmothers, Toots Loudenberry is preparing for Charleston's annual holiday showcase of historic homes. But when the Godmothers sense trouble with one of the decorators, they must tackle a mystery and hope for a happy ending. When Sisters and Godmothers unite, the result is a warm and wonderful holiday—with a special touch of magic...

*Soup Kitchen is Every Tuesday from
5:00 pm - 6:15 pm. If you would like to
volunteer please contact the church admin.*

New Piano Fund Donations Needed

Thank you to everyone who has contributed to the piano fund! Your contributions will help to enhance our music program and recital program for generations to come. We have not yet reached our goal but sincerely appreciate all of the contributions made so far. Call Darlene in the church office Monday through Friday or see the music director for more information.



ALTAR FLOWERS

We have started using artificial flowers on the altar in place of the real flowers. The only time we will be using real flowers will be at Christmas, Easter Sunday, and the Sunday before Decorative Day in May. Real flowers used on those days will be removed and taken to the cemetery and placed on the family lot known as "The Family Lot" at Rose Hill Cemetery by the flower committee. The monthly coordinators or Scherry Sellers will place artificial flowers each month on the altar.

Micah's Backpacks

We have started our 10th year in September. If anyone would like to help, please see Scherry Sellers. All donations are welcome — food and monetary!

At this time Washington County has voted to continue with virtual learning with only volunteers in-person.



Treasurer's Report

MONTHLY FIGURES	September 2020	Year to Date 2020
Income	\$8,663.75	\$396,239.93
Transfer from Special Funds	\$75,000.00	\$320,000.00
Expenses	-72,982.66	-374,585.85
Net Income	\$10,681.09	\$341,654.08

CHURCH CALENDAR

November 2020

NOVEMBER						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

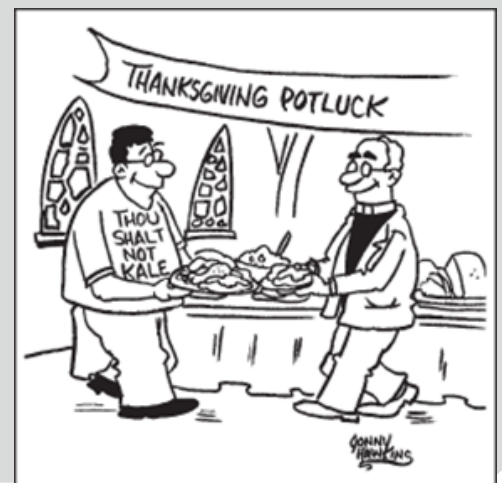
SUN	11/1	Sunday School	9:45 am
		All Saint's Day Communion Service	11:00 am
		Properties Committee Meeting	4:30 pm
MON	11/2	Consistory Meeting	7:00 pm
TUE	11/3	Soup Kitchen	5:00 pm
THU	11/5	4-H Club Meeting via ZOOM	4:30 pm
FRI	11/6	Celebrate Recovery	7:00 pm
SUN	11/8	Sunday School	9:45 am
		Stewardship Sunday Worship Service	11:00 am
TUE	11/10	Soup Kitchen	5:00 pm
THU	11/12	4-H Club Meeting via ZOOM	4:30 pm
FRI	11/13	Celebrate Recovery	7:00 pm
SUN	11/15	Sunday School	9:45 am
		Worship Service	11:00 am
		Trumpet & Organ Recital (Free Admission)	3:00 pm
MON	11/16	<i>December Newsletter Deadline</i>	
TUE	11/17	Soup Kitchen	5:00 pm
THU	11/19	4-H Club Meeting via ZOOM	4:30 pm
		Worship Planning Team Meeting	11:00 am
FRI	11/20	Zion Book Club	7:00 pm
		Celebrate Recovery	7:00 pm
SUN	11/22	<i>Food Collection - Micah's Backpack, local food bank</i>	
		Sunday School	9:45 am
		Harvest Home Sunday Worship Service	11:00 am
MON	11/23	Christian Education Ministry Team Meeting	7:30 pm
TUE	11/24	Soup Kitchen (Thanksgiving Dinner)	5:15 pm
THU	11/26	Thanksgiving (Office Closed)	
		4-H Club Meeting via ZOOM	4:30 pm
FRI	11/27	Celebrate Recovery	7:00 pm
SUN	11/29	Sunday School	9:45 am
		Advent 1 Worship Service	11:00 am



11/2	John Schnebly
11/3	Wells Ridenour
11/8	Theron Rinehart
11/11	Margaret Munroe
11/13	William Brewer
	Jane Hershey
	Curtis Nilson
11/14	Patynce Shirley
11/15	Brandie Burchard
11/16	Betty Patterson
11/18	Kim Cook
11/20	Byron Stay
11/22	Daisy Schlotterbeck
11/26	Matt McDonald
11/30	Chris Emmert

MARK YOUR CALENDARS

Trumpet and Organ recital in our Sanctuary
November 15, 2020 at 3:00pm
Free Admission/Open to the Public



Zion Consistory Highlights

With social distancing, we miss interacting with others—but there's been a lot happening at Zion during the pandemic. I want to update you on some of the major happenings.:

- ❖ Come check out our spiffy new parking lot! Parking lot construction is complete. The new lot has increased the number of available parking spaces from 19 to 36. Come check it out! The final construction costs came in substantially under the budget approved by the Consistory at the beginning of the project. An in-depth report of the construction costs will be mailed to congregation members soon as soon as the final inspection from the City is complete.
- ❖ The Consistory has voted to take the Parsonage off of the market (for either Sale or for Rent) at this time while we pursue subdividing the property to separate the building itself from the Parsonage parking lot/entry/exit driveways. Delineation of the property in this manner will provide more clarity and flexibility for future use.
- ❖ You may have noticed cracks in the plaster walls of our beautiful Sanctuary. These cracks are the consequence of water damage from leaking gutters and flashing, issues with the roof trusses, and deterioration of the bell tower masonry. We've also noted a poor design/ placement of a hatch in the bell tower that is allowing water to enter the bell tower. This water is finding its way into the choir loft area over the organ, necessitating repairs, and possibly causing irreparable damages to the organ. These problems negatively affecting the integrity of our building should be taken into consideration when creating the 2021 Annual budget.
- ❖ The truss repairs have been completed for the cost of \$16,886.
- ❖ The bell tower masonry repairs are underway. This projected masonry repairs cost is projected to be approximately \$9000.
- ❖ Mosko Monument Company plans to begin work on headstones in the cemetery that are in the greatest need of repair. The \$4000 cemetery repair cost is expected to be covered by a grant from Bowman. Work is anticipated to commence the first week of November.
- ❖ Beacon House is renting space in our Education Wing while they're building in undergoing renovation. Beacon House is a virtual learning center for children, with a focus on meeting the needs of minorities, low-income, and exceptional individuals.
- ❖ The Soup Kitchen has resumed hot meal service in our Fellowship Hall. We understand that some of you are not comfortable working during this time. We hope that you will reach out to us and resume when you are ready to do so.

Stewardship consists of using our Time, Talent, and Treasure to build God's Kingdom. All three elements are equally important. If you're looking for ways to help Zion survive and even thrive during this pivotal time, perhaps consider the following ideas:

- ❖ Invite new people to virtual church: Reach out via phone or text to people you know who aren't attending church anywhere, not even online. Ask them if they'd like to watch a service with you and make sure they have the times and links to watch. Then, follow-up afterwards to talk about the service.
- ❖ Put your giving on auto-pilot: Without the offering plate, it's easy to forget to mail your contribution. You can simplify your life by following the Giving link on Zion's website at: www.zionreformed.church to set up recurring payments. To donate by text: simply text the word Give with the amount (e.g. Give 100) to (301) 447 0454.
- ❖ Volunteer your skills:
 - ➡ Have accounting or financial skills? Offer to serve on the Zion Finance Committee. The role of the Finance Committee will be to assist with development of the 2021 Annual budget and to perform a periodic comparative analysis of Zion's budget/spending in order to give feedback to the Consistory.
 - ➡ Have audio-visual tech skills? Offer to be a member of the tech team. If you aren't tech-savvy but support the Sanctuary AV Installation project, consider making a financial contribution.
 - ➡ *Handy with social media? Volunteer to make regular posts.*
- ❖ Serve on a committee:
 - ➡ There are numerous committees to serve on, talk to me and we can explore a good fit for you.
 - ➡ We desire to form a Pastoral Search Committee for a settled minister. If you are willing to serve on the committee, please notify Darlene in the front office.

We plan to resume holding in-person Sunday worship services in the Sanctuary in November—COVID-19 regulations allow and God willing. We hope that you'll join us for in-person services if you're comfortable doing so. Stay tuned—we'll be sure to keep you informed.

The last 7 months dealing with the COVID-19 virus has been a very stressful challenge. Remember to continue to check on each other, especially on those living alone. A phone call, text message or some form of communication is so very important and appreciated. Abide in Faith, Hope, and Love, and always remember, to love one another.

Blessings and good health to all,
Becky Owens
Zion Consistory President

The Window to Your Soul A Parish Nurse Note

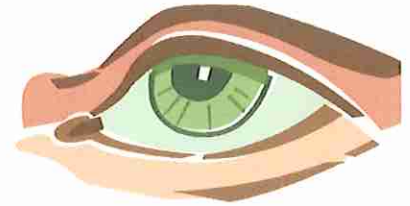
November 2020

“The eyes are the window to your soul.” This phrase, in some form or another, has been around a long time. Cicero (106 BC to 43 BC) said, “The face is a picture of the mind as the eyes are its interpreter.” In the book of Matthew, chapter 6, verse 22, we read, “The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light.” Some attribute “The eyes are the window to your soul” to a Shakespeare sonnet. In this time of mask wearing, your eyes really become the focus of everyone you meet, no matter who coined the phrase.

Your eyes are special in many ways. They are the only part of the human body where blood vessels and nerves can be seen without invasive procedures. Your eyes are also a window to your overall health. An alert healthcare provider can pick up on many disease warning signs by examining your eyes. A dilated eye exam can reveal eye ailments (glaucoma, cataracts, and macular degeneration) and much more about your general health.

Cognitive impairment may be suspected if the blood vessels in your eyes are not healthy. Brain and eye blood vessels are very similar, allowing for a “look” into your brain health.

Many people know that early signs of diabetes can be detected by examining the retina (a layer of tissue on the back of the eye that changes light into signals the brain can read). Any bleeding or swelling in the retina can alert your healthcare provider to the possibility of diabetes.



Early high blood pressure (hypertension) may cause bleeding, twisted or curved blood vessels in the eyes.

A common sign of aging is a gray or bluish ring around the cornea (front part of the eye). While not harmful to older adults, the appearance of this ring in children or young adults may signal increased cholesterol. High cholesterol is also a risk factor for glaucoma (increased pressure in the eye that can lead to blindness).

An overactive thyroid gland (hyperthyroidism) can cause bulging eyes as well as dry or watering eyes.

Signs of a stroke (an interruption of blood flow to parts of the brain) include temporary vision changes or sustained loss of sight. These symptoms must be evaluated immediately.

Good eyesight is dependent upon an adequate intake of Vitamin A (found in sweet potatoes, carrots, tuna, dark leafy greens, bell peppers, broccoli, cantaloupes, lettuce and pink grapefruit). Vitamin A makes pigments in the retina and aids with vision in low light. Dry eyes, sensitivity to light and night blindness can be signs of low Vitamin A. The most common cause of preventable childhood blindness is insufficient Vitamin A.

Here's a surprise; the early stages of Lyme disease may cause increased floaters in the eyes or a type of pink eye (conjunctivitis) that is not contagious. Healthcare providers may detect these early changes in the eye and some later ones that can result in vision loss due to optic nerve involvement.

Your eyes say it all ! Keep them healthy. Your body and soul will benefit!

Blessings and Health,

Barb Hendershot, RN
Parish Nurse

Sources: Phrases.org.uk
Biblestudytools.com
Stay Healthy, *Parade Magazine*, October 11, 2020

PUZZLE

Glad gatherings

The first Christians met together over a meal. Today church families still gather to break bread and thank God.

Follow the instructions below. Then write the remaining words in order from left to right and top to bottom to complete the verses.

	A	B	C	D	E	F
1	They	found	broke	bread	acts	in
2	houses	their	homes	beautiful	and	round
3	ate	world	beginning	together	fellow	thought
4	with	numbers	glad	happiness	lesson	and
5	thanks	sincere	disciples	gathering	hearts	tradition
6	celebrate	good	praising	Christian	God	their

Cross out all words in column E with double letters.

Cross out all words that are books of the Bible.

Cross out all words in column B that end in d.

Cross out all words in column A that have more than 4 letters.

Cross out all words in row 5 with 3 syllables.

Cross out all words in the table with 9 letters.

Cross out all words in column F with 2 or more vowels.

_____. ACTS 2:46-47, NIV

Answer: They broke bread in their homes and ate together with glad and sincere hearts, praising God. Acts 2:46-47, NIV

A taste of history

Add a yummy, authentic touch to your Thanksgiving meal with this recipe.



What you need:

- 2/3 cup heavy cream
- pint jar with lid
- strainer
- bowl
- container
- salt



What you do:

1. Pour cream into the jar and close the lid tightly.
2. Shake vigorously about 8 minutes, until a solid lump of butter forms. (Take turns with a friend!)
3. Strain the contents, catching the buttermilk in a bowl to save for another recipe.
4. Put the butter in a container. Add salt to taste.
5. After chilling the butter, enjoy on fresh bread.

ZION CHURCH NEWS is published monthly by Zion Reformed United Church of Christ
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Hagerstown, MD 21740.
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Deadline for articles: the third Monday of the month prior to the month of publication. All articles submitted are subject to editing for space. The medical information in our newsletter is provided without any representations or warranties, express or implied. You must not rely on the information in our newsletter was an alternative to medical advice from your doctor or other professional healthcare provider.

Interim Minister: Rev. Katie Penick (240)418-8028. Church Administrator: Darlene Covington. Music Director/Organist: Claire Marie Moblard. Adult Choir Director: Byron L. Stay. Treasurer: Lisa Saum. Special Funds Treasurer: Carol Mooers. Parish Nurse: Barb Hendershot. Multimedia Specialist: Michael Jones

Consistory Elders: Carol Mooers, Becky Owens-President, Kim Ridenour, Carroll Sager.

Consistory Deacons: Burnie Clutz-Vice-President, Dee Krause, Daisy Schlotterbeck, Felicity Shafer, Rae Smith, Judy Thompson-Secretary.

ZION REFORMED UNITED CHURCH OF CHRIST

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Join us our Soup Kitchen is back open **EVERY**
TUESDAY at 5:00 PM – 6:15 PM. Come sit down
or take out a nice **FREE** hot meal. Please tell a friend to
tell a friend. We look forward to serving those in need. All
are welcomed Man, Woman, & Child please wear a mask
while inside the building. Be mindful that we're using all
Safety Measures (Social distancing & face masks). *We*
also want to invite you to worship with us. Worship
Services are every Sunday at 11:00 am. Sunday School
Classes is at 9:45 am.



FOUNDED 1770



Special Announcements:

The Young and the Restless (young adult) Sunday School Class started their series on the "Books Of the Bible" on October 11, 2020. The class will cover the entire Bible and will feature Journals, Video, and Bible Readings. Please join them in this interesting and informative study each and every Sunday at 9:45 am. Any questions, please contact Richard Cantilena at (678) 559-8297.

Our Children's Sunday School Class is hosted via Zoom every Sunday at 9:45 am. If you have a young child that would like to participate please contact the church office at (301) 739-7244 for more details.

The Arthur Grove Adult Sunday School Class is currently on Unit 2, "Remember Who You Are" in the Sunday School book.

Zion Reformed UCC invites you to our All Saints Day Worship Service on November 1st, 2020 at 11am during our regularly scheduled worship service time. This special service will include a celebration of the lives of our dearly departed since last All Saints Day.

Please contact the church office for further assistance with any of these announcements. God Bless and Stay Safe...

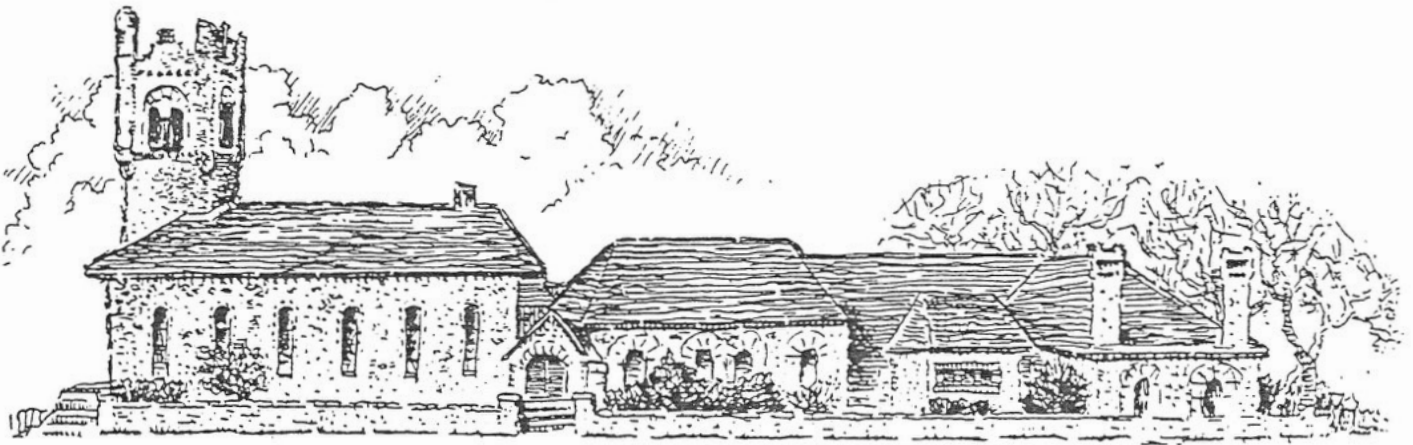


Come and join us Sunday mornings

Virtually or in person,

ALL are welcome!

ZION REFORMED UCC
201 North Potomac Street
Hagerstown, MD 21740
RETURN SERVICE REQUESTED



Zion Reformed United Church of Christ