## Faith5

Keep your family communicating every night and grow together in insight, love and understanding. Use this simple 5-step process just before bed for maximum impact. Learn more about these easy and effective family communication tools at <u>www.faith5.org</u>.

©Faith Inkubators All rights reserved <u>www.faithink.com</u> | <u>www.faith5.org</u> **Share** your highs and lows of the day...

**Read** and highlight these verses in your Bible

- 1. Genesis 50:20
- 2. Exodus 12:12-13
- 3. Numbers 11:23
- 4. Psalm 20:7
- 5. Daniel 6:26
- 6. Acts 19:26
- 7. Hebrews 1:10-12

**Talk** about how the Bible reading might relate to your highs and lows or the sermon this past week...

**Pray** for one another. Praise and thank God for today's highs. Ask the Holy Spirit for help with today's lows. Include highs and lows of your family, friends, and world in this prayer. Close in Jesus' name.

**BLESS** one another with the sign of the cross and these words: "Bless us O Lord! Amen!"

Date:	Pastor:
Main Verse & Theme	Words I Don't Know or Want to Look Up

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Main	Points 1	Picked	Up	from	the	Messa	age:		
Two w	/ays I car	n apply th	nis te	xt to n	ny lif	e			
1.									
2.									