

Youth Sunday School – What is Gentleness? – 1/24/21

- Fighter verse
- Prayer
- Briefly discuss New City Catechism and associated verse
 - Question 27: Are all people, just as they were lost through Adam, saved through Christ? No, only those who are elected by God and united to Christ by faith. Nevertheless, God in his mercy demonstrates common grace even to those who are not elect, by restraining the effects of sin and enabling works of culture for human well-being. (Romans 5:17)
 - Question 28: What happens after death to those not united to Christ by faith? At the day of judgment, they will receive the fearful but just sentence of condemnation pronounced against them. They will be cast out from the favorable presence of God, into hell, to be justly and grievously punished, forever. (John 3:16-18, 36)
- Review Memory Verse List

Gentleness

- Discuss what you think of when you think of Gentleness.

- Men and women tend (not always) to struggle with gentleness in different ways. What do you think it typically looks like for a man to be gentle? Not gentle? What do you think it typically looks like for a woman to be gentle? Not gentle?

- Many verses about gentleness use word pictures.
 - Discuss what these pictures are trying to illustrate about gentleness.
 - What is gentleness in these verses?

- 1. Deut. 32:2 “May my teaching drop as the rain, my speech distill as the dew, like gentle rain upon the tender grass, and like showers upon the herb.”

- 2. Proverbs 15:4 “A gentle tongue is a tree of life, but perverseness in it breaks the spirit.”

- 3. Galatians 5:22-23 “But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control”

- 4. Galatians 6:1 “Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness”

- 5. Ephesians 4:1-3 “I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace.”

- 6. 1 Thessalonians 2:7 “But we were gentle among you, like a nursing mother taking care of her own children.”

- 7. 1 Timothy 6:11 “Pursue righteousness, godliness, faith, love, steadfastness, gentleness.”

- 8. 2 Timothy 2:24-25 “And the Lord's servant must not be quarrelsome but kind to everyone, able to teach, patiently enduring evil, correcting his opponents with gentleness.”

9. Titus 3:1-2 “Remind them to be submissive to rulers and authorities, to be obedient, to be ready for every good work, to speak evil of no one, to avoid quarreling, to be gentle, and to show perfect courtesy toward all people.”

10. James 3:17 “But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere.”

11. 1 Peter 3:15 “but in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect”

Common themes of Gentleness

- Gentleness is a way we can treat others; particularly regarding how we speak to others.
- Gentleness is a way we can interact with others who disagree with us.
- Gentleness is nurturing; it cares deeply for others.

- Definition: *Gentleness is to treat others with a genuinely sensitive regard for their thoughts, feelings, and rights.*

- How do gentleness and patience relate to each other?

- Prayer Requests

For Next Time: - Read Chapter 15 of Practice of Godliness, “Gentleness”.

- Keep memorizing the gentleness memory verses.

Gentleness Memory Verses

- Proverbs 15:4 “A gentle tongue is a tree of life”

- Matthew 11:28-30 “Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

- Girls: 1 Peter 3:3-4 “[Do not let your adorning be external—the braiding of hair and the putting on of gold jewelry, or the clothing you wear]— but let your adorning be the hidden person of the heart with the imperishable beauty of a gentle and quiet spirit, which in God's sight is very precious.”

- Guys: 2 Timothy 2:24-25 “And the Lord's servant must not be quarrelsome but kind to everyone, able to teach, patiently enduring evil, correcting his opponents with gentleness.”

Study Guide

1. Deut. 32:2 “May my teaching drop as the rain, my speech distill as the dew, like gentle rain upon the tender grass, and like showers upon the herb.” (related to the way we speak and teach, gentleness seems to have regard for the frailty of who is on the receiving end like tender grass or an herb, is comes down softly like the rain or dew)
 2. Proverbs 15:4 “A gentle tongue is a tree of life, but perverseness in it breaks the spirit.” (gentleness again characterizes how we speak, gentleness gives life so is nurturing, gentleness is the opposite of perverse, gentleness does not break the spirit but nurtures it and is tender towards it)
 3. Galatians 5:22-23 “But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control” (it is a fruit of the spirit, again what does fruit of the spirit mean?)
 4. Galatians 6:1 “Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness” (gentleness is a way we interact with someone who has sinned > no one is won over by a harsh response)
 5. Ephesians 4:1-3 “I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace.” (it characterizes how we interact with each other again)
 6. 1 Thessalonians 2:7 “But we were gentle among you, like a nursing mother taking care of her own children.” (gentleness is nurturing, loving, deep care for others)
 7. 1 Timothy 6:11 “Pursue righteousness, godliness, faith, love, steadfastness, gentleness.” (we should pursue gentleness, it doesn’t come naturally to us > it takes work)
 8. 2 Timothy 2:24-25 “And the Lord's servant must not be quarrelsome but kind to everyone, able to teach, patiently enduring evil, correcting his opponents with gentleness.” (it is a way we can correct those or interact with those who disagree with us, the lord’s servant acts in gentleness)
 9. Titus 3:1-2 “Remind them to be submissive to rulers and authorities, to be obedient, to be ready for every good work, to speak evil of no one, to avoid quarreling, to be gentle, and to show perfect courtesy toward all people.” (it characterizes our speech and our interactions with other people)
 10. James 3:17 “But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere.” (wisdom can be gentle which means kind to others thoughts and opinions)
 11. 1 Peter 3:15 “but in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect” (gentleness is a way we can respond to unbelievers, it is thoughtful of them)
- How do gentleness and patience relate to each other? (gentleness grows out of patience with others)