

WEEKLY PLAN



Week 1: Love Reveal My Anger

Every family fights, but not every family learns to fight fair and forgive. We first learn forgiveness from the love the Father has shown us. For this first week, we are going to pray for God to flip the script, and through love, reveal our anger. What is at the heat of our discontent and frustration? Would God make it plain for love to transform us? Seek and offer forgiveness freely this week.

PRAYERTIME

THIS IS YOUR DAILY SCRIPTURE: "Hatred stirs up conflicts, but love covers all offenses" (Prov. 10:12).

THIS IS YOUR DAILY PRAYER: Lord, search my heart for hatred that I may have against people in my life. I know that this can stir up conflicts. Search the hearts of my family that we would not have hate in our hearts. Help us be a family that allows Your love to cover all offenses in our life. God, I want to pray this over the specific conflict in our lives.



PARENT PRE-READING: "There is one who speaks rashly, like a piercing sword; but the tongue of the wise brings healing" (Prov. 12:18).

CONVERSATION STARTER: I was reading in Proverbs 12 and it gives a warning not to speak rashly, but a wise tongue can bring healing. Are there any problems you are currently having with friends that a loving, kind word could bring some healing?



STARTING QUESTIONS. Was there ever a time when you got upset or mad about something when you were younger that you look back and realize wasn't that big of a deal?

DEEPENING QUESTION How does maturity help us see things differently?

READ THIS TOGETHER "bearing with one another and forgiving one another if anyone has a grievance against another. Just as the Lord has forgiven you, so you are also to forgive" (Col. 3:13).

SCRIPTURAL APPLICATION QUESTIONS

Why do you think this verse reminds us of what Jesus did to help us put forgiving others into a better perspective?

How do we know if we have truly forgiven someone? Can there still be pain and hurt even if we have forgiven someone?

How can forgiving others help us mature in our relationship with God? What is there for us to learn here?



LETTER TO THE LORD

This could be an activity for your whole family or just you as a parent. As we talk about forgiveness and conflict resolution this month, all of what we learn comes from being first forgiven by the Lord. We can only ever understand true forgiveness because He first forgave us.

Take some time and write a personal letter to God thanking Him for His forgiveness. This may seem silly, but as parents we have to focus and build on this relationship with God if we are ever going to lead well with the relationship we have with our children.