

Small Group Bible Study Discussion Guide  
March 7, 2021  
**Restarting Starts with a Revival of the Heart and Prayer**

**Sermon Outline:**

How important is the Heart and Prayer in Rebuilding Jerusalem?

- **Rebuilding Jerusalem began with Prayer Nehemiah 1:3-4**
  1. Nehemiah saw a great need
  2. It touched his heart and he wept
  3. He fasted and prayed
- **In Nehemiah's Prayer He:**
  1. Believed in God's Faithfulness to His Covenant of Love 1:5
  2. Confessed Sins 1:6-7 (Zechariah 7)
  3. Remembered God's Word and Promises 1:8-9
  4. Remembered their Relationship with God 1:10-11
    - 1) Redeemed (Saved by God's Mighty Power)
    - 2) Servants (Doing God's Will)
    - 3) Worshippers (Revere God's Name)
- **Nehemiah Continued to Pray**
  1. God opened a door of opportunity and Nehemiah prayed again before taking action (2:4)
  2. Nehemiah plans realizing God is the source of success (2:4-8)
- **We must have a Revival of the Heart and Prayer to Restart!**

**Discussion Questions:**

1. Why did Nehemiah weep? What are some things we should weep about?
2. What did he pray? How should we pray a similar prayer?
3. Nehemiah's prayer included confession of the sins of the people. What are sins that churches need to confess?
4. How should we be like Nehemiah in our planning for the future of the church?
5. What would you specifically include in the prayer for our church?