

Psalms

Summary

Our God Reigns

The Book of Psalms is an instruction manual to teach God's people how to live so that they can know how to experience the abundant life that God designs and praise Him for it.

Major Theme

The Kingship of God

Outline

Book 1 Psalm 1-41

Book 2 Psalm 42-72

Book 3 Psalm 73-89

Book 4 Psalm 90-106

Book 5 Psalm 107-150

Purpose

The Psalms teach how to experience the abundant life that God intends for His people both in creation and in redemption. (Psalm 1)

Message

Our God is King and our King is coming to transform our suffering into glory and bless all those who take refuge in Him with a truly abundant life. (Psalm 2)

Major Types

Hymns - Praise and admiration of God's character, creation and redemption.

Laments - Expression of grief or sorrow to God over evil, suffering, and troubling situations, a plea or petition for God's help, and a declaration of trust in Him to respond.

Songs of Thanksgiving - Gratitude for the ways God has personally answered a petition.

The Hymn	The Lament	The Song of Thanksgiving
when all is well	when something is wrong	when what was wrong has been set right

Structure

The Structure as a Picture of Jesus' Life: Lament → Praise | Suffering → Glory

“Whether a psalm refers to the depths of the psalmist's suffering or the heights of his glory, it is in the suffering and the glory of Jesus that the fullness of such psalms is displayed. Not only can each individual Psalm be read as messianic but also the book as a whole is a portrait of Christ; the flow of the book from lament to praise, from suffering to glory, reveals to us a pattern of Christ's life and our destiny as we are united to him by grace through faith.”

-Mark D. Futato

Was it not necessary that the Christ should suffer these things and enter into his glory?
Luke 24:46

What We Learn From the Psalms

1. How God intends for His people to live the abundant life in Him
2. How God's people can pray and praise Him

Rehearse His perfect attributes and glorious works
Express all of your emotions to Him
Bring every trouble and trial to Him
Make your requests known to Him
Trust in his faithful character and mighty deeds

The Hymn	The Lament	The Song of Thanksgiving
Praise Him when times are good.	Lament the brokenness in your life and the world, cry out to Him for help and refuge.	Give thanks when he redeems the brokenness and remember it will be fully and finally redeemed one day.