

Psalms



St. Rose Community Church EQUIP

Psalms 148-150

Summary

Our God Reigns

Author

The psalms were written by different people over a long period.

The most common designation in the titles is “*of David*”, he wrote at least 73 of the psalms.

Other psalms are designated to Solomon, Asaph, the Sons of Korah, Ethan, and Moses.

Outline of Psalms

Each ends with a doxology

Book 1 Psalm 1-41

Book 2 Psalm 42-72

Book 3 Psalm 73-89

Book 4 Psalm 90-106

Book 5 Psalm 107-150

Introductory Psalms - Psalm 1

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

Purpose

The Psalms teach us how to experience the **abundant** life that God intends for His people both in **creation** and in **redemption**.

(Psalm 1)

Major Theme

The **Kingship** of God

Introductory Psalms - Psalm 2

Why do the nations rage and the peoples plot in vain? The kings of the earth set themselves, and the rulers take counsel together, against the Lord and against his Anointed, saying, “Let us burst their bonds apart and cast away their cords from us.” He who sits in the heavens laughs; the Lord holds them in derision. Then he will speak to them in his wrath, and terrify them in his fury, saying, “As for me, I have set my King on Zion, my holy hill.”

Introductory Psalms - Psalm 2

I will tell of the decree: The Lord said to me, “You are my Son; today I have begotten you. Ask of me, and I will make the nations your heritage, and the ends of the earth your possession. You shall break them with a rod of iron and dash them in pieces like a potter's vessel.” Now therefore, O kings, be wise; be warned, O rulers of the earth. Serve the Lord with fear, and rejoice with trembling. Kiss the Son, lest he be angry, and you perish in the way, for his wrath is quickly kindled.

Blessed are all who take refuge in him.

The Message of Psalms

The Lord sits enthroned over the flood; the Lord
sits enthroned as King forever.

Psalm 29: 10

The Message of Psalms

God reigns over the nations; God sits
on his holy throne.

Psalm 47:8

The Message of Psalms

The Lord reigns, he is robed in majesty; the Lord is robed; he has put on strength as his belt. Yes, the world is established, it shall never be moved. Your throne is established from of old; you are everlasting.

Psalm 93:1-2

The Message of the Psalms

Our God is **King** and our King is coming to transform our **suffering** into glory and bless all those who take refuge in Him with a truly abundant life.

(Psalm 2)

Outline of Psalms

Book 1 Psalm 1-41

Book 2 Psalm 42-72

Book 3 Psalm 73-89

Book 4 Psalm 90-106

Book 5 Psalm 107-150

Major Types of Psalms

1. **Hymns** - Praise and admiration of God's character, creation and redemption

Praise the Lord! Praise, O servants of the Lord, praise the name of the Lord! Blessed be the name of the Lord from this time forth and forevermore! From the rising of the sun to its setting, the name of the Lord is to be praised!

The Lord is high above all nations, and his glory above the heavens! Who is like the Lord our God, who is seated on high, who looks far down on the heavens and the earth? He raises the poor from the dust and lifts the needy from the ash heap, to make them sit with princes, with the princes of his people. He gives the barren woman a home, making her the joyous mother of children.

Praise the Lord!

Major Types of Psalms

2. **Laments** - Expression of grief or sorrow to God over evil, suffering, and troubling situations, a plea or petition for God's help, and a declaration of trust in Him to respond.

Lament Pattern

Example: Psalm 71

Invocation (addresses God)

Complaint

Affirmation of Trust

Petition

Statement of Confidence

Vow of Praise

Major Types of Psalms

3. **Thanksgiving** - Gratitude for the ways God has personally answered a petition

Thanksgiving

I waited patiently for the Lord; **he** inclined to **me** and heard **my** cry. **He** drew **me** up from the pit of destruction, out of the miry bog, and set **my** feet upon a rock, making **my** steps secure. **He** put a new song in **my** mouth, a song of praise to our God. Many will see and fear, and put their trust in the Lord.

Psalm 40:1-3

| | | |
|------------------|-------------------------|--|
| The Hymn | The Lament | The Song of Thanksgiving |
| when all is well | when something is wrong | when what was wrong has been set right |

The Structure of Psalms

The Structure of Psalms as a **Picture** of Jesus' Life

Lament → Praise

Suffering → Glory

Christ in the Psalms

“Whether a psalm refers to the depths of the psalmist's suffering or the heights of his glory, it is in the suffering and the glory of Jesus that the fullness of such psalms is displayed. Not only can each individual Psalm be read as messianic but also the book as a whole is a portrait of Christ; the flow of the book from lament to praise, from suffering to glory, reveals to us a pattern of Christ's life and our destiny as we are united to him by grace through faith.”

-Mark D. Futato

Christ in the Psalms

Was it not necessary that the Christ should suffer these things and enter into his glory?

Luke 24:46

What Can we Learn from the Psalms?

1. How God intends for His people to **live** the abundant life in Him

What Can we Learn from the Psalms?

2. How God's people can pray and praise Him

Rehearse His perfect attributes and glorious works

Express all of your emotions to Him

Bring every trouble and trial to Him

Make your requests known to Him

Trust in his faithful character and mighty deeds

| The Hymn | The Lament | The Song of Thanksgiving |
|--|--|---|
| <p>Praise Him when times are good.</p> | <p>Lament the brokenness in your life and the world, cry out to Him for help and refuge.</p> | <p>Give thanks when he redeems the brokenness and remember it will be fully and finally redeemed one day.</p> |

Respond to the Psalms

Write your own personal Lament using the biblical pattern from Psalms

For Next Week

Memorize Proverbs 1:7

The fear of the Lord is the beginning of knowledge; fools despise wisdom and instruction.

Watch Bible Project Video on Proverbs