

Faith5

Keep your family communicating every night and grow together in insight, love and understanding. Use this simple 5-step process just before bed for maximum impact. Learn more about these easy and effective family communication tools at www.faith5.org.

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Share your highs and lows of the day...

Read and highlight these verses in your Bible

1. Nahum 1:7
2. Psalm 23:4
3. Psalm 106:1
4. Psalm 34:18
5. Nehemiah 4:14
6. John 3:16-17
7. Ephesians 2:8-10

Talk about how the Bible reading might relate to your highs and lows or the sermon this past week...

Pray for one another. Praise and thank God for today's highs. Ask the Holy Spirit for help with today's lows. Include highs and lows of your family, friends, and world in this prayer. Close in Jesus' name.

BLESS one another with the sign of the cross and these words: "Lord, help me remember in all things, You are good! Amen!"

Trinity Lutheran Church, Lexington Sermon Report

Date:

Pastor:

Main Verse & Theme

Words I Don't Know or Want to Look Up

Main Points I Picked Up from the Message:

Two ways I can apply this text to my life...

- 1.
- 2.