

## Pottstown Agencies and Services

**FAMILY SERVICES** – “Triple P provides parents and caregivers of children ages 0-18 with useful strategies and simple tips that assist in managing common behavior problems and building strong, healthy relationships. Sessions are available in English and Spanish. Virtual and in-person sessions are available. For more information, please contact Marta Pecharo at [TripleP@fsmontco.org](mailto:TripleP@fsmontco.org).”

**FAMILY SERVICES** - Provides free testing for STD’s and HIV. Project Hope provides medical case management services for clients living with HIV/AIDS. Also, dental, housing, food and nutrition and transportation assistance, psychosocial and mental health resources, prevention and education resources. Contact Taylor Hayes at [thayes@fsmontco.org](mailto:thayes@fsmontco.org)

**FAMILY SERVICES** – Substance Abuse Prevention – Communities That Care (CTC) program connects youth with community leaders to educate and help them on the path to a productive life. Contact for Norristown location, Tanesha Outterbridge at [toutter-bridge@fsmontco.org](mailto:toutter-bridge@fsmontco.org)

**FAMILY SERVICES** – Older Adults – Project Hearth helps those 60 years and older remain in their homes through volunteers helping with transportation, visits, doing chores, and running errands. Contact is Aaron Shostak at [hearth@fsmontco.org](mailto:hearth@fsmontco.org). Telephone reassurance program provides weekday phone calls by caring volunteers to check up on Montgomery county seniors. Contact Alicia Adams at [aadams@fsmontco.org](mailto:aadams@fsmontco.org). In-Home Counseling for seniors suffering from grief and loss, anxiety, depression, chronic health conditions and family conflict. Contact Deb Harris at [dharris@fsmontco.org](mailto:dharris@fsmontco.org). Meals on Wheels – two meals, seven days a week for those 60 years and older. Contact is Ruth Hood at [rhood@fsmontco.org](mailto:rhood@fsmontco.org).

**FAMILY SERVICES** – Parent Education through several programs. Fatherhood program for fathers in Pottstown area and those at Montgomery County Correctional Facility. Contact Eve Bieber at [ebieber@fsmontco.org](mailto:ebieber@fsmontco.org). Parent Café builds family bonds and helps parents connect with community. Other agencies are encouraged to attend. Contact is Eve Bieber at [pfcparentcafe@fsmontco.org](mailto:pfcparentcafe@fsmontco.org). Parents as Teachers (PAT) assists parents in teaching children in the home and helping them to prepare their children for school. Contact is Eve Bieber at [pat@fsmontco.org](mailto:pat@fsmontco.org). Other programs go to <https://fsmontco.org/what-we-do/parent-education>.

**FAMILY SERVICES** – Reentry Services help provide support for those reentering society to reduce risk factors for recidivism. Also help to secure identification. Several programs including Critical Time Intervention (CTI). Contact Alissa McBride at [amcbride@fsmontco.org](mailto:amcbride@fsmontco.org) or go to MCRI website.

**FAMILY SERVICES** – Emergency Rent and Utilities (ERU) - for information go to <https://fsmontco.org/what-we-do/emergency-rent-and-utilities>.

**FAMILY SERVICES** – Volunteer Tax Assistance Program (VITA) available but contact office for times, 610-326-1610 between hours of 9 am to 5 pm Monday through Friday.

**POTTSTOWN LIFT** – Shower program offered every Monday and Friday at 8 am. Contact Tom at [tniarhos@pottstownlift.org](mailto:tniarhos@pottstownlift.org) for information on transportation to showers at UMC North Campus.

**POTTSTOWN LIFT** – Fundraiser for Al’s Heart Warming Center on November 13<sup>th</sup>, 2021. Needed, new items for gift baskets to be raffled. Goal is 10 or more baskets valued at over \$100, 20 or more baskets valued below \$100. Contact Tom at [tniarhos@pottstownlift.org](mailto:tniarhos@pottstownlift.org).

**POTTSTOWN LIFT** – Contract signed for Al’s Heart Warming Center for November 1<sup>st</sup>, 2021 through to May 1<sup>st</sup> 2022. Need staff who can work 24 to 36 hours a week. \$12 minimum an hour. Contact Tom at [tniarhos@pottstownlift.org](mailto:tniarhos@pottstownlift.org).

**SALVATION ARMY** – Can provide gently used sheets, curtains and small household items when they have them. Contact Wendy at [wendy.egolf@use.salvationarmy.org](mailto:wendy.egolf@use.salvationarmy.org).

**MISSION FIRST** – Clare Schilling will provide gently used sheets, curtains, and other small items needed for a home (plates, utensils, etc.) Contact at [clare@missionfirstpottstown.org](mailto:clare@missionfirstpottstown.org).

**VACCINATIONS AVAILABLE** – Christ Episcopal Church on Monday at 11 am.

**STREET MEDICINE** – available every Tuesday from 10 am to 2 pm outside Mental Health Partnerships.

**Other Resources Available at** <https://www.pottstownlift.org/faq>.

**All these resources are accessible through our church website.**  
[www.gcc-pa.org](http://www.gcc-pa.org)