



**Saint John's Episcopal Church
Tulsa, Oklahoma**

The Tenth Sunday after Pentecost
1 August 2021

The Holy Eucharist, Rite Two
10 a.m.

Ministers of the Service

Fr. David Bumsted
Celebrant

Joseph Arndt
Organist and Choirmaster

Betsy Hocker and Susan Walker
Lectors

The Word of God

Prelude

Andante from Sonata no. 4

Alexandre Guilmant (1837-1911)

Processional Hymn 492



1 Sing, ye faith - ful, sing with glad - ness, wake your no - blest,
2 Sing how he came forth from hea - ven, bowed him - self to
3 So, he tast - ed death for mor - tals, he, of hu - man -
4 Now on high, yet ev - er with us, from his Fa - ther's



sweet - est strain, with the prais - es of your Sa - vior
Beth - lehem's cave, stooped to wear the ser - vant's ves - ture,
kind the head, sin - less one, a - mong the sin - ful,
throne the Son rules and guides the world he ran - somed,



let his house res - ound a - gain; him let all your
bore the pain, the cross, the grave, passed with - in the
Prince of life, a - mong the dead; thus he wrought the
till the ap - point - ed work be done, till he see, re -



mu - sic hon - or, and your songs ex - alt his reign.
gates of dark - ness, thence his ban - ished ones to save.
full re - demp - tion, and the cap - tor cap - tive led.
newed and per - fect, all things gath - ered in - to one.

Words: John Ellerton (1826-1893), alt.

Music: *Finnian*, Christopher Dearnley (b.1930) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

Opening Acclamation

Celebrant

Blessed be God: Father, Son, and Holy Spirit.

People

And blessed be his kingdom, now and for ever. Amen.

Celebrant

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria in excelsis Deo, Hymnal S280

Robert J. Powell (b.1932)

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - mighty God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

The Collect of the Day

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The First Reading Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

Reader The word of the Lord.
People Thanks be to God.

Gradual Psalm Psalm 78:23-29

The Refrain is sung by the Cantor, then all repeat.

Mode 1

Refrain

The Lord rained down man - na from hea - ven.

from Gradual Psalms for the RCL, ed. Bruce E. Ford, Church Publishing Incorporated.

So he commanded the clouds above and opened the doors of heaven. He rained down manna upon them to eat and gave them grain from heaven. So mortals ate the bread of angels; he provided for them food enough.
All repeat the Refrain.

Refrain

Mode 1 

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

He caused the east wind to blow in the heavens and led out the south wind by his might. He rained down flesh upon them like dust and winged birds like the sand of the sea. He let it fall in the midst of their camp and round about their dwellings. *All repeat the Refrain.*

So they ate and were filled, for he gave them what they craved. *All repeat the Refrain.*

The Second Reading Ephesians 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader The word of the Lord.
People Thanks be to God.

Sequence Hymn 707

1 Take my life, and let it be con - se - crat - ed, Lord, to thee;
2 Take my voice, and let me sing al - ways, on - ly, for my King;

take my mo - ments and my days, let them flow in cease - less praise.
take my in - tel - lect, and use ev - ery power as thou shalt choose.

Take my hands, and let them move at the im - pulse of thy love;
Take my will, and make it thine; it shall be no long - er mine.

take my heart, it is thine own; it shall be thy roy - al throne.
Take my - self, and I will be ev - er, on - ly, all for thee.

Words: Frances Ridley Havergal (1836-1879), alt. Music: *Hollingside*, John Bacchus Dykes (1823-1876)

The Gospel

John 6: 24-35

Celebrant

The Holy Gospel of our Lord Jesus Christ according to John.

People

Glory to you, Lord Christ.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the

Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

The Homily Fr. David Bumsted

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People, Form I

With all our heart and with all our mind, let us pray to the Lord, saying “Lord, have mercy.”

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord. *Lord, have mercy.*

For our Bishop, and for all the clergy and people, let us pray to the Lord. *Lord, have mercy.*

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord. *Lord, have mercy.*

For this city of Tulsa, for every city and community, and for those who live in them, let us pray to the Lord. *Lord, have mercy.*

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord. *Lord, have mercy.*

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord. *Lord, have mercy.*

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord. *Lord, have mercy.*

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord. *Lord, have mercy.*

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord. *Lord, have mercy.*

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord. *Lord, have mercy.*

In the communion of Saint John the Evangelist and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God. *To thee, O Lord our God.*

Silence.

The Celebrant adds a concluding Collect.

Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Exchange of Peace *Please stand.*

Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and People may greet one another in the name of the Lord.

The Blessing of the Prayer Quilts

Minister

Gracious God, we offer these quilts as gifts of love and prayers confident in your power to comfort, strengthen, and heal.

People

May those receiving quilts be embraced by your loving care, wrapped in comfort and peace, and covered in prayers of hope and love, through Jesus Christ our Lord. Amen.

The Holy Communion

Offertory Anthem Panis angelicus
Meray Boustani, soprano soloist

César Franck (1822-1890)

Panis angelicus fit panis hominum; dat panis cœlicus figuris terminum: O res mirabilis! Manducat Dominum pauper, pauper, servus et humilis.

The bread of angels becomes the bread of men; the heavenly bread puts an end to all symbols: O wondrous thing! The poor, the slave, and the humble man feed on the Lord.

Presentation Hymn 709



1 O God of Beth - el, by whose hand thy peo - ple still are fed;
2 Our vows, our prayers, we now pre - sent be - fore thy throne of grace:
3 Through each per - plex - ing path of life our wan - dering foot - steps guide;
4 O spread thy shel - tering wings a - round, till all our wan - derings cease,
5 Such bless - ings from thy gra - cious hand our hum - ble prayers im - plore;



1 who through this earth - ly pil - grim - age hast all thine Is - rael led:
2 O God of Is - rael, be the God of this suc - ceed - ing race.
3 give us each day our dai - ly bread, and rai - ment fit pro - vide.
4 and at our Fa - ther's loved a - bode our souls ar - rive in peace!
5 and thou shalt be our cov - enant God and por - tion ev - er - more.

Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Fraction Anthem: Christ our Passover, Hymnal S154

David Hurd (b.1950)

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
Christ our Pass - o - ver is sac - ri - ficed for us;
there - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

Communion Hymn 328

1 Draw nigh and take the Bo - dy of the Lord,
2 Saved by that Bo - dy and that ho - ly Blood,
3 Sal - va - tion's giv - er, Christ, the on - ly Son,
4 Of - fered was he for great - est and for least,
5 Ap - proach ye then with faith - ful hearts sin - cere,
1 and drink the ho - ly Blood for you out - poured.
2 with souls re - freshed, we ren - der thanks to God.
3 by his dear cross and blood the vic - tory won.
4 him - self the Vic - tim, and him - self the Priest.
5 and take the pledg - es of sal - va - tion here.

Words: *Bangor Antiphoner*, ca. 690; tr. John Mason Neale (1818-1866), alt.
Music: *Song 46*, melody and bass Orlando Gibbons (1583-1625); harm. *The English Hymnal*, 1906

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Final Blessing

The Dismissal

The Celebrant dismisses the people, who respond

Thanks be to God.

Processional Hymn 690 *See next page*

Please be seated for the Postlude.

Postlude

Menuet gothique

Léon Boëllmann (1862-1897)

Please join us for Choral Evensong today at 5:30 p.m.

All music reproduced in this bulletin is used with permission and where necessary under OneLicense A-737544.

Please turn to the inside back cover to read Announcements for the Week of August 1, 2021.

1 Guide me, O thou great Je - ho - vah, pil - grim through this
 2 O - pen now the crys - tal foun-tain, whence the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
 stream doth flow; let the fire and cloud - y pil - lar
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
 lead me all my jour - ney through; strong de - liv - erer,
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to

more, feed me now and ev - er - more.
 shield, be thou still my strength and shield.
 thee, I will ev - er give to thee.

Announcements for the Week of August 1, 2021

Please silence your cell phones and smart watches before the service.

Brotherhood of St. Andrew Golf Tournament

The Fourth Annual Brotherhood of St. Andrew Golf Classic will be held at Battle Creek Golf Club in Broken Arrow, Oklahoma on Saturday, August 21, 2021. Proceeds from the tournament will go to support: New Hope Oklahoma, South Tulsa Community House, The National Brotherhood of St. Andrew and our own scouts of Troop and Crew 153. There will be a silent auction, prizes for the longest drive, closest to the hole and a hole-in-one.

Attention Trekkers

We take off each Tuesday evening at 5:35 sharp from the Saint John's labyrinth. Leave the stress behind and join Fr. David and this merry band for a walk through our wonderful nearby neighborhoods.

Saint John's Books and Gifts

Now open on Sundays from 8:45 a.m. to 10 a.m.



It's easier than ever to make a donation to Saint John's. You can TEXT to give or SCAN to give. Both are fast and simple after you have provided the initial sign-up information. To donate by text from your smart phone, text the word GIVE to the number 918-205-7115 then follow the instructions. To donate by scan, hover your smart phone over the QR code to the left and follow the steps.

Saint John's Episcopal Church

Administrative Staff

The Reverend David Bumsted, *Rector*

Debra Ainley, *Director of Finance*

Naomi Flagg, *Associate for Finance*

Mary Waller, *Director of Communications*

Diana Carter, *Associate for Communications*

Josh Corsaro, *Director of Youth and Family Ministries*

Robert Parris, *Associate for Parish Facilities*

Mayra Duarte, *Associate for Parish Facilities*

Music Staff

Joseph Arndt, *Music Director*

Dr. Adam Pajan, *Artist in Residence*

Dr. Michael Bedford, *Organist/Choirmaster Emeritus*

Noah Smith, *Organ Scholar*

Livestream Service Schedule

In effect until further notice www.sjtulsa.org

Sundays

10 a.m. Holy Eucharist, Rite Two

5:30 p.m. Evensong, Rite One

Wednesdays

5:30 p.m. Holy Eucharist, Rite Two

Find out more
about Saint John's
Church at these
fast Links. Hover
your smartphone
over the QR code
of the spot you
want to explore!



Website



Facebook



Instagram