

St. Paul's
United Methodist Church
NEWSLETTER



205 Maryland Avenue
Cambridge, Maryland 21613
(410) 228-1424
info@stpaulscambridge.com



Sunday, August 29, 2021

*Guided by God's love, our purpose is to make disciples of Jesus Christ
and to obey the commands of God.*

2021 COMMITTEE & CONTACT INFORMATION

Pastor: Chris Pettit (pastor@stpaulscambridge.com)
Office Manager: Toni Insley (info@stpaulscambridge.com)
Director of Youth Ministries: Rebecca Redmer (rredmer@stpaulscambridge.com)
Administrative Council Chairperson: Robbie Hanson (rchanson74@gmail.com)
Board of Trustees Chairperson: Rick Marshall (trustee@stpaulscambridge.com)
Finance Committee Chairperson: Fred Redmer (treasurer@stpaulscambridge.com)
Staff Parish Relations Committee Chairperson: Deb White (councmom@comcast.net)
Memorial Fund Chairperson - Scott Daniels (443-521-4577)
Health Ministries Chairperson: Dot Bradshaw (443-225-5394)

Church Office Hours: Monday – Friday, 10 am – 2 pm
Pastor's Office Hours: By Appointment



Prayer List

Family of Sarah Stack	Jean Fountain Jean Morris	Bob & Betty Lloyd Lucy Willey	Tom Anschutz Families
Family of Richard Messick	Luke Redmer Jeffrey Hurley, Sr.	Charlotte Willey Pat Aaron	Unsaved loved ones
Family of Jesse Myers	Aubree Burton Nancy Hebdon	Jesse Hurley Phillip Rogers	Our Service Workers
Pastor Ben Allen & family	Robert Hodge Anne Murphy	Verla Bowser Nancy Kreek	Our Schools Those needy
Leon Peters	Becky Tall Cliff Pritchett	Sharon Hughes	Our pastors Our church

If anyone would like a visit from clergy, please contact the church office.

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The St. Paul's UMC Newsletter is moving to a monthly format. We will send out future newsletters on the last Friday of the month with all the relevant information you need to know what is coming up and what is going on! Deadlines for newsletter articles will be on the 20th of each month. Thank you!

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St. Paul's Home Church Groups

"Jesus went up on a mountainside and called to him those he wanted, and they came to him. He appointed twelve that they might be with him and that he might send them out to preach" Mark 3:13-14


It is pretty amazing what Jesus can do with a small group of disciples. This has been true throughout the last two thousand years. Every great movement of the Church has coincided with a tight-knit, loving fellowship of believers who share life together, encourage one another and respond to the promptings of the Holy Spirit to engage in some good work. Back in the early days of the Methodist movement, John Wesley recognized the importance of a system of discipleship and accountability – a way of connecting people together so that spiritual growth through intimate fellowship could occur. "Class Meetings" were established (small groups) where members could "bear one another's burdens" and "speak the truth in love". Here is what Wesley would later write about Class Meetings:

It can scarce be conceived what advantages have been reaped from this little prudential regulation [Class Meetings]. Many now happily experienced that Christian fellowship of which they had not so much as an idea before. They began to "bear one another's burdens," and naturally to "care for each other." As they had daily a more intimate acquaintance with, so they had a more endeared affection for, each other. And "speaking the truth in love, they grew up into Him in all things, who is the Head, even Christ; from whom the whole body, fitly joined together, and compacted by that which every joint supplied, according to the effectual working in the measure of every part, increased unto the edifying itself in love. (Henderson, John Wesley's Class Meeting, 106)

While we cannot "cut and paste" from the past and expect the same results, we can learn from the past and recognize the wisdom of establishing small groups within our context. If we take our discipleship seriously, we know we need other Christians with whom we can be open and honest with and who will be open and honest with us. We grow when we meet to share what God is doing in our lives and we are encouraged as we hear the stories of others. We are strengthened as we pray for one another and receive some godly instruction while allowing the Spirit of God to transform us.

This fall, we will be launching 'Home Church' groups here at St. Paul's (and at Grace). Church is not a building, it is a people. Home Church groups are gatherings of 8-12 people who typically meet at the home of a host. They can decide as a group whether or not they will enjoy a full meal (i.e. potluck) or simply snacks and refreshments. There will be a time of fellowship, teaching, discussion, and prayer. There will be a start date and an end date to group meetings. At the end of one "season", new host can step forward and existing host can choose to continue or take a break. We will begin with every group using the same church wide resource for the teaching component. After several meetings, the Home Church groups will be challenged to identify an 'Act of Good' or 'Act of Service' that the group will set out to accomplish together. These are "Open Groups", meaning you may choose who you want to meet with, but you must be open to new members joining your group. Participants in the Home Church Groups do not need to be worshippers at St. Paul's – this is a great way to reach new people.

There will be a roll-out of this ministry in September with more information to follow, but I need to identify "**Home Church Hosts**" right now! Are you willing to open your home and be a gracious host? If so, please let me know by calling 410.739.4364, emailing pastorpettit@gmail.com or simply connect with me during the week. And to everyone, please pray for this ministry!



Local Jail Ministries

- ◆ Grace and St. Paul's Churches needs volunteers for a Jail ministry with a target beginning date of Fall 2021.
- ◆ Bible studies will be taught on Mondays at 6:00 p.m. for 45 minutes.
- ◆ There will be one class for women and one for men.
- ◆ Female church volunteers will pair up to lead a short bible study with female inmates.
- ◆ Male church volunteers are going to teach one-on-one at this time.
- ◆ We have handouts for volunteers to use or volunteers are welcome to use their own resources.
- ◆ Contact Krista Petit (**410-739-4363**) or Vicki Hayden (**410-218-3645**) or Pastor Chris (**410-739-4364**) if interested.



It's hard to believe that Summer is almost over and a new school year is starting! A few weeks ago I saw this great little poem about a pencil, so this year, I included the poem and a pencil in each of my back to school letters. As I wrote inspiring words on the pencils, I said a prayer for each kid. I couldn't help but think of my school days and all the memories, some good, some not so good. Maybe I am alone, but I can still remember hurtful words said to me, I can remember embarrassing moments, I can remember the feeling of dread when I knew I hadn't studied enough for a test. I forget sometimes, how hard it is being a kid, the stresses, navigating friendships, living up to expectations, and trying to figure out who you are. It's a hard time in life, and as much as I would love to snap my fingers and make life easy for our youth - life doesn't work like that. But what does work is prayer.

As I addressed the envelopes, I prayed again for our youth. I prayed God would put believers in their path, to encourage them during the day, to remind them who they are in Christ, to remind them God is with them.

Everyday in September our BOLD Facebook page will have a prayer for our schools. Will you join me in prayer for the next 30 days, praying for the students, teachers and all staff?



If you are interested in joining our devotional youth text, let me know! We have some exciting things happening this fall! We would love to have you join us in the fun and help lead our kids!

Bold Youth Summer Events at St. Paul's UMC - Cambridge MD



St. Paul's Youth



Mission Mondays—Painting benches and picnic tables at Camp Pecometh.

St. Paul's Methodist Men Update

The Methodist Men are planning to resume in person meetings in September. We will closely monitor the covid situation and give an update as we get closer. Hope to be able to see everyone in September.

Don Kinnamon Sr. President.

Health Ministry News

HEALTH TIPS FOR EASING JOINT PAIN



1. Slim down if overweight. Every 10 lbs. reduces pain by 20%. Every pound removes 4 lb. pressure from knees.
2. Do aerobic exercise 30 mins. 5 days/week. Boosts blood flow, nourishes cartilage. Avoid high-impact activities; e.g., running, jumping.
3. Build stronger muscles around joints. Helps absorb shock. Stronger thigh muscles help knees.
4. Stretch every morning. Improves joint movement, protects cartilage. Yoga or pilates good.
5. Glucosamine and chondroitin supplements help some people.
6. Check with your doctor about over-the-counter pain relievers--Aleve, Advil, Motrin, Tylenol. Don't exceed amounts on label or use for extended periods of time--too much can damage liver, kidneys.





HOPE

Women's Christian Retreat

Saturday, September 11, 2021
9:00 a.m. to 4:00 p.m.

Tickets: \$20 per person
Financial Assistance
Available

Grace United Methodist Church
501 Race Street
Cambridge, MD 21613

Sponsored by Grace and St. Paul's United Methodist Churches

Contact: Krista Pettit, 410-739-4363 / kristapettit@gmail.com

Tickets available at sponsoring churches

Go to either of the following websites to register and obtain tickets:

office@graceumccambridge.org OR stpaulscambridge.com

Upcoming Calendar

29	30	31	Sept. 1	2	3	4
<p>8:30am Adult Sunday School</p> <p>8:45am Fellowship</p> <p>9:15am Worship Service w/Holy Communion in Sanctuary</p>		<p>9am Goody Time! In Upstairs Youth Room</p>	<p>3:30pm Staff Meeting</p> <p>6pm BOLD Jam Session in Upstairs Youth Room</p> <p>6:30pm Praise Band Practice</p>		<p>6:30pm BOLD Youth Meeting in Upstairs Youth Room</p>	
5	6	7	8	9	10	11
<p>8:30am Adult Sunday School</p> <p>8:45am Fellowship</p> <p>9:15am Worship Service w/Holy Communion in Sanctuary</p>	<p>6pm Trustees Meeting in Fellowship Hall</p>		<p>6pm Church Charge Conference</p> <p>6pm BOLD Jam Session in Upstairs Youth Room</p> <p>6:30pm Praise Band Practice</p>			<p>7-10am Basement Shops Open</p> <p>9-11am Drive Thru Food Pantry</p> <p>9am-4pm Women's Retreat at Grace UMC</p>
12	13	14	15	16	17	18
<p>8:30am Adult Sunday School</p> <p>8:45am Fellowship</p> <p>9:15am Worship Service w/Holy Communion in Sanctuary</p>	<p>5:30pm "One Board" Meeting</p>		<p>6pm BOLD Jam Session in Upstairs Youth Room</p> <p>6:30pm Praise Band Practice</p>			
19	20	21	22	23	24	25
<p>8:30am Adult Sunday School</p> <p>8:45am Fellowship</p> <p>9:15am Worship Service w/Holy Communion in Sanctuary</p>			<p>6pm BOLD Jam Session in Upstairs Youth room</p> <p>6:30pm Praise Band Practice</p>			

Have a safe and blessed week!

**CARES AND CONCERNS
SEPTEMBER 2021**

SYMPATHY

Bob & Anne Murphy
3417 Beaver Neck Village Road
Cambridge, MD 21613
(Anne's nephew, Bill Wright)

Waddell & Connie Harding
104 Aurora Street
Cambridge, MD 21613
(Connie's nephew, Bill Wright)

ILLNESS

Luke Redmer
306 Somerset Avenue
Cambridge, MD 21613

Mary Ellen Bradshaw
5021 Lantana Dr.
Gulf Breeze, FL 32563
Has MS and Leukemia
(Randall Bradshaw's daughter-in-law)

Jaime Ellen Kinnamon
7227 Frances Street
Easton, MD 21601
(granddaughter of Meg Kinnamon)

THINKING OF YOU

Jean Fountain
Spa Creek Center
35 Milkshake Lane
Annapolis, MD 21403
(permanent residence)

Betty & Bob Lloyd
Candlelight Cove
106 W. Earl Avenue, Apt. 505
Easton, MD 21601

Pat Aaron
107 Oak Street
Cambridge, MD 21613

Ruth Gray
Candlelight Cove
601 Earl Avenue, Room 208
Easton, MD 21601

Verla Bowser
Lofland Park
715 E. King Street
Seaford, DE 19973

Tammy & Robert Hodge
5536 Bonnie Brook Road
Cambridge, MD 21613

David Thomas, Sr.
303 Nathan Avenue
Cambridge, MD 21613

Mark & Kathy Morris
7 Holly Terrace
Cambridge, MD 21613

Mrs. Betty Dennis
c/o Joseph Dennis
2015 Advisory Ct.
Eldersburg, MD 21784

CHESAPEAKE WOODS

525 Glenburn Ave.
Cambridge, MD 21613
Margaret Bennett - #40-B
(Carolyn Todd's Aunt)
Peggy Ruark - #40-B
Kitten Hickman

MALLARD BAY

520 Glenburn Ave.
Cambridge, MD 21613
Jean Morris - #126
Leon Peters

**New entries bold*
Cares & Concerns
August 29, 2021

SEPTEMBER BIRTHDAYS

9/4 **Howard Wheatley**
9/5 **Robert Cannon**
9/5 **Peter Dolan**
9/6 **David Thomas, Jr.**
9/7 **John Bramble III**
9/9 **Sara Bauman**
9/9 **Larry Zeigler**
9/14 **Louise Church**
9/14 **Kathy Morris**
9/14 **Jennifer Robbins**
9/16 **Sally Petze**
9/16 **Skip Redmer**
9/16 **Michael Hurley**
9/17 **Marjorie Hull**
9/20 **Jim Wood**
9/24 **Erin Era**

9/25 **Linda Andrews**
9/25 **Lucas Hanson**
9/26 **Michael Hickman**
9/27 **Rosie Travers**

SEPTEMBER ANNIVERSARIES

9/6 **Randy & Linda Bradford**
9/6 **Dr. William & JoAnn Potter**
9/8 **Lucas & Heather Hanson**
9/10 **Robert & Tammy Hodge**
9/13 **Ken & Betty Malik**
9/18 **Chad & Sara Redmer**
9/20 **Jay & Nancy Harrington**
9/25 **Waddell & Connie Harding**
9/25 **Scott & Lawrenda Whaley**
9/27 **Pastor Chris & Krista Pettit**
9/30 **Ricky & Rosie Travers**