

Sunday Morning Outline

"Dealing With Anxiety"

(Lesson 2)

1. Anxiety is very _____.
2. Max Lucado "The presence of anxiety is _____,
but the prison of anxiety is _____."
3. When we're anxious, we need to go to God and ask for help through _____.
4. If it's big enough to _____ about, it's big enough to pray about.
5. We need to get _____ if we want to deal with the anxiety in our life.
6. Why don't we pray specific prayers?
7. Maybe getting specific with God isn't for _____,
but _____.
8. 3 things about specific prayer:
 - ~It helps us _____.
 - ~It almost always involves _____ in the answer.
 - ~It can lead us to a specific _____.

Extra notes: