

ZION REFORMED

UNITED CHURCH OF CHRIST

Twentieth Sunday after Pentecost ☞ October 10th, 2021 ☞ 11 A.M.



I LOVE FOR MY M **LOVE FAITH** **Mental HEALTH SUNDAY**

You are LOVED * You are NOT ALONE *
HOPE * Radical BELONGING * FAITH *
INCLUSION * Widening the WELCOME *
FAITH * UNITED Church of CHRIST * You are
LOVED * You are NOT ALONE * HOPE * Radical
BELONGING * FAITH * INCLUSION * Widening the WELCOME *
FAITH * UNITED Church of CHRIST * You are LOVED * You are NOT
ALONE * HOPE * Radical BELONGING * FAITH * INCLUSION * ❤️❤️

WORSHIP GUIDE

Let All Creation Praise!

Meditation of the Day

*"The bravest thing I ever did was
continuing my life when I wanted to die."*

~ Juliette Lewis ~

WE GATHER TO PRAISE GOD

↑An invitation to stand ↓An invitation to sit

Congregational Responses are in **Bold**.

✦ Indicates Music Selection

Please silence all mobile devices.

Gathering Music✦

Words of Welcome

Pastor Katie Penick

Welcome from the Mental Health Network (MHN)

A MHN Video

Prelude to Worship✦

"When Morning Gilds the Skies"

↑ Call to Community

Based on Psalm 104

We gather in the presence of the One who breathes life into all of Creation.

We sing God's praises, breathing in God's glory.

All are welcome in the presence of the Most High.

We come, seeking the goodness in the hands of God.

We gather as God's beloved people, leaving no one outside.

**Together we reflect the fullness of God's love;
together we bring God's love into the world.**

Let us worship the Living God whose breath gives us life.

↓Opening Litany of Grace

One:

If you have a colored sticker on your bulletin, I invite you to rise in body or in spirit, as you represent the one in four people in America who are affected by knowledge and understanding, we find ourselves separated from our sisters and brothers with serious mental illness and substance abuse, as well as their families.

Those Who Have Risen:

We hope that God will help us all dispel ignorance and misinformation about substance abuse and the serious mental illnesses such as major depression, bipolar disorder, schizophrenia, panic disorder, posttraumatic stress disorder, and obsessive compulsive disorder.

One:

We pray that troubled minds and hearts, and broken lives and relationships might be healed.

Those Who are Seated:

We pray that the cloud of stigma, labels, exclusion and marginalization might be dispelled for the sake of those touched by mental illness and substance abuse.

Those Who Have Risen:

We pray that we may be containers of hope for persons and families living with mental health challenges. We pray also for better treatment, for steadier recovery, for greater opportunity to work and serve.

One:

We live with gratitude for compassionate, dedicated caregivers and mental health professionals, for new discoveries in brain research and better medications.

All:

O God, we seek the power of your Spirit, that we may live in fuller union with you, ourselves, and those living with mental health issues. Grant that we may gain courage to love and understand each other, as you love and understand us. Amen.

~silence is kept~

Words of Blessing

Meditative Interlude[✦]

"Great is Your Faithfulness"

Children's Time

(Children are Dismissed for Children's Church)

WE HEAR GOD'S WORD
The Holy Scriptures

First Lesson

Lector: Barb Hendershot

The Lord is near to the brokenhearted and saves the crushed in spirit. ~Psalm 34:18 (NRSV)

Bear one another's burdens, and in this way you will fulfill the law of Christ. ~Galatians 6:2 (NRSV)

...not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day approaching. ~Hebrews 10:25 (NRSV)

Gospel Lesson[✦]

Luke 10:25-37 (NRSV)
Pastor Ron Shank

Just then a lawyer stood up to test Jesus. 'Teacher,' he said, 'what must I do to inherit eternal life?' He said to him, 'What is written in the law? What do you read there?' He answered, 'You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself.' And he said to him, 'You have given the right answer; do this, and you will live.'

But wanting to justify himself, he asked Jesus, 'And who is my neighbor?' Jesus replied, 'A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan while travelling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, "Take care of him; and when I come back, I will repay you whatever more you spend." Which of these three, do you think, was a neighbor to the man who fell into the hands of the robbers?' He said, 'The one who showed him mercy.' Jesus said to him, 'Go and do likewise.'

The Message by Pastor Ron Shank

Won't You Be My Neighbor?

Contemplative Interlude†

"Guide Me, O Thou Great Jehovah"

WE RESPOND TO GOD'S WORD

Invitation to Give

Blessing Our Gifts

W.I.S.E. God, may the Spirit never stop churning and turning our comfort into justice-seeking unrest. We come before you, drawn by the power of your breath, offering you our gifts and our very selves that you may continue to build your Body, one person at a time, until all know the joy of being your Beloved. Amen.

SACRAMENT OF COMMUNION

Invitation

Preparing for the Meal

The Story

The Meal†



All are Welcome at God's Table

↑Prayer of Our Savior

**Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil:
For thine is the kingdom, and the power, and the glory,
Forever and ever.
Amen.**

Sending Forth

The One who created all that is and all that will be, calls us by name and invites us into a life of abundant Love.

We go out into the world as God's beloved people, bringing Holy Love to all whom we meet.

Jesus taught us to love one another as fiercely and freely as God loves each of us, with the power that binds us together as the Body of Christ.

We will embody Christ by shattering stigma and welcoming all, leaving no one outside.

The Spirit fills us with the Breath of Life and urges us to imagine anew how to be Church in the world today.

We will breathe deeply and move beyond what has been and what is. We will follow the Spirit and bring hope and healing to all who live in despair and brokenness. We will be the Church! Amen!

Prelude to Service[✦]

"Toccata in D minor"

GO FORTH IN PEACE

#breakthestigma



AND SERVE IN LOVE!



CHURCH ANNOUNCEMENTS



Week of October 10th

Mask Policy

Not everyone is vaccinated, let us show our love for ALL of our neighbors by wearing our face masks at all times inside the Church, and by practicing social distancing when interacting with one another. *#RootedInLove*



Guest Speaker



We welcome Pastor Ron Shank today who will be sharing God's Word with us during this special Mental Health Sunday worship service. He is the Director of Pastoral Care at Brook Lane. Pastor Shank provides spiritual counseling for patients at Brook Lane's hospital and others who seek spiritual guidance. Pastor Ron is Brook Lane's spiritual liaison to the community, sharing guiding principles drawn from the ministry of Jesus Christ. He is the author of numerous articles on faith and mental health and provides community outreach by preaching at local congregations while providing mental health awareness and education. Pastor Shank is also a member of the preaching team at Maranatha Brethren Church in Hagerstown and serves on various Boards and Committees within our local community. Pastor Ron and his wife, Nancy, have been married for 39 years and have two adult children.

Children's Sabbath Sunday *Next Week*

Children's Sabbath Celebration Sunday is October 17th. Please plan to join us as we focus our prayers, worship, and action on learning more about the urgent problems facing our nation's children, explore sacred texts and teachings calling us to love and protect children, be challenged to respond through outreach and advocacy. A celebration of our children that creates a deeper understanding of how we as adults can make the lives of children better, inspiring new, year-round action to do so.



Currently Accepting Consistory Nominations



Have you considered serving the Church in a greater capacity? Are you a visionary ready to help ensure the future of our beloved congregation? We need you to volunteer to serve on the 2022 Consistory! See Becky Owens for more information or contact the Church Office to submit your self-nomination, or recommend another person for us to ask.

Remembrance Sunday

Remembrance Sunday will be Nov 21st as we celebrate the lives of loved ones that passed between Nov 2020 to Oct 31st of this year. Please submit name, DOB, DOD, picture (if available) and obituary link (if available) by Nov 15th of anyone that you would like to honor this solemn day. In lieu of All Saint's Day at the beginning of Nov, we will be remembering our loved ones on Totenfest Sunday, the German-Reformed day of remembrance.



Mummers' Parade Cancelled



The Alsatia Club with advice from the City of Hagerstown and its residents has cancelled the 95th Annual Mummer's Parade due to lack of parade registrants and the ongoing pandemic. Washington County continues to maintain a higher-than-average positivity rate within the State of Maryland. Let us join in prayer for wisdom and strength to overcome this pandemic together worldwide. If you bought a ticket for seating, please see the Church Office for a refund.

Joys & Concerns

Birthdays and Anniversaries

Happy Birthday to **James McDonald** (Oct 10th), **Cynthia Parks** (Oct 13th), **Robert Grosh** (Oct 13th), **Ruth Dwyer** (Oct 13th), and **Joanne Albright** (Oct 16th). Happy Anniversary to **Mary & Chris Emmert** (Oct 11th), **Sarah & Tyler Kalkbrenner** (Oct 12th), and **Amber & Curtis Nilson** (Oct 13th). May this year of your lives be filled with happiness as we celebrate the gift of each of *YOU*. We hope and pray that this year of your lives is filled with an abundance of blessings, and for any times of trial that may arise, that you find the perseverance and strength in Christ to prevail.



Prayer Requests



Prayer is one of the most important spiritual disciplines of our faith, promoting communication with God, and love for God and neighbor. Submit your prayer requests to the church office to be included on the prayer list. Join with us in prayer as we pray with our Zion siblings and their loved ones: [Barnhart Family](#), [Beanie](#), [Kelly Bedard](#), [Holly Bell](#), [Naomi Brackett](#), [Linda Cantilena](#), [Kim & Bill Cook](#), [Sonny Crebbs](#), [Beth Gross](#), [Rusty Guessford](#), [Sherry Hockman](#), [Rev. Ann Holmes](#), [Tracy Hull](#), [Jeanne France Hvidding](#), [Ann Kalinoski](#), [Dee Krause](#), [Lulu Lane](#), [Mike Lorfing](#), [Ohlhoff Family](#), [Pugh Family](#), [David Ridenour](#), [Betsy Roulette](#), [Norm and Lori Schmidt](#), [Diana Shafer](#), [Staci Shafer](#), [Thelma Summers](#), [Eleanor Wible](#), and [Robert Yeoman](#).

Lector Ministry



Lector this week is **Barb Hendershot**. Next week's scheduled lector is **Carol Mooers**.

**If unable to serve as lector for your designated week, please let Michael know by the Wednesday prior to your scheduled date at connectionssixeight@gmail.com or 240.203.0854.*



Indigenous Peoples' Day – Oct 11th, Celebrate the native inhabitants of our land.

Search & Call Committee Mtg – Oct 11th, 5:30pm (Burhans Room, Hybrid)

Soup Kitchen / Food Pantry – Oct 12th from 5pm-6:30pm in the basement Fellowship Hall.

More Info at www.facebook.com/events/344211243835048

Staff Meeting – Oct 14th, 11am (Burhans Room)

Downtown Hagerstown 4H Club – Oct 14th at 4:30pm via Zoom.
<https://zoom.us/join/join> -- Meeting ID **815 1055 0627** Passcode **899733**.

November Newsletter Deadline – Oct 15th @ noon

**40 Days of Prayer continues through November 20th*



5

Simple Things *You Can Do*

to make the world a better place for people with mental illnesses and their families

1 Be a friend

Provide companionship and compassion on the road toward recovery. Offer a ride to church or to a local support group. Listen without judgement. Pray for those you know with mental illnesses and for their family members.

2 Be an inspiration

Share your story. Has mental illness impacted you or your family in some way? Your story may empower others to seek treatment or have hope.

3 Watch your language

Pay attention to the words you use and avoid stigmatizing labels. Do not refer to people as "crazy," "psycho," "lunatic" or "mental."

4 Be a "Stigma-Buster"

Challenge negative attitudes toward mental illness among your friends and acquaintances and in the media.

5 Learn the facts

Educate yourself about the various mental illnesses. Attend a lecture or class or use the Internet. Good places to start include the National Alliance on Mental Illness, www.nami.org and the National Institute of Mental Health, www.nimh.nih.gov.



Did you know...?

Mental illnesses are medical conditions.

Research has shown that mental illness has a biological basis. Mental illnesses are brain disorders associated with changes in the brain's structure, chemistry and function, which in turn affects how a person thinks, feels and acts.

One in every four adults is affected by mental illness.

The National Institute of Mental Health reports that one in four adults in the U.S. experiences some kind of mental health disorder in a given year. However, the main burden of illness is concentrated in a much smaller proportion. Approximately 1 in 17 Americans, or about 13.6 million people, live with a serious mental illness such as schizophrenia, major depression or bipolar disorder.

Stigma prevents many people from seeking treatment.

Approximately 60 percent of adults and almost one-half of youth ages 8 to 15 with a mental illness received no mental health services in the previous year. In some locations, services simply are not available or are not affordable to the people who need them. In many cases, people avoid treatment because of the fear of stigma.

Treatment works and recovery is possible.

There is no “cure” for mental illness, but with effective treatment (which may include medication, therapy, other services and support), most people experience relief from their symptoms and live productive, fulfilling lives.

Most people with mental illness are not violent.

The most common form of violence by those who have mental illness is violence against themselves. People with serious mental illnesses are far more likely to be victims of violent crime than perpetrators of it.

Local & Regional Resources

2-1-1: Mental Health Crisis? Thoughts of suicide? Problems with Alcohol or Drugs? Get Support Now. Free & Confidential 24/7/365. Dial 211 or visit 211md.org.

Suicide Prevention Lifeline: 1.800.273.TALK (8255) or text HOME to 741741 for free 24/7, or visit suicidepreventionlifeline.org.

Maryland Youth Crisis Hotline: 1.800.422.0009

Veterans Crisis Hotline: 1.800.273.8255 or text 838255, 24/7 or visit veteranscrisisline.net. Find more mental health resources at mentalhealth.va.gov.

Western MD Prescription Program: 301.393.3441 (assistance obtaining)

Alcoholics Anonymous: 240.850.2677 or visit hagerstownaa.org

Narcotics Anonymous: 1.818.773.9999 X771 or visit na.org

BrookLane: 301.733.0330 or visit brooklane.org

Wash. Co. Mental Health Authority: 301.739.2490 or visit wcmha.org

UCC Mental Health Network

<http://mhn-ucc.blogspot.com>

Connecting those living with a mental health or addiction disorder and those on the journey with someone who does, and those interested in supporting ALL.

Mental Health Ministries

www.mentalhealthministries.net

Resources to help erase the stigma of mental illness in our faith communities.

NAMI FaithNet

www.nami.org/FaithNet

A network of members and friends of the National Alliance on Mental Illness. It was established to help faith communities develop non-threatening, supportive environment for those with serious mental illness and their families.

Pathways to Promise

www.pathways2promise.org

An interfaith cooperative that provides assistance and resources, including liturgical and educational materials, program models and caring ministry with people experiencing a mental illness and their families.

The Congregational Resource Guide

www.mentalhealthministries.net/resources/faith_group_resources.html

Mental health ministry resources, including books and videos.

The Interfaith Network on Mental Illness

www.interfaithnetworkonmentalillness.org

Interfaith resources to increase awareness and understanding of mental health.



Catoctin Association 40 Days of Prayer – Week 2

Day 1 - October 11th: Trinity UCC, Thurmont, MD

We pray with Trinity UCC:

Gracious God, thank you for this day, for this time, for this very moment. We lift up prayers this day for the congregation of Trinity United Church of Christ in Thurmont, whose journey takes a turn this week. Bless them as they remember the pastor who led them for the last ten years and begin looking for the pastor who will shepherd them in days to come. Help them keep the hearts and minds open to your surprising presence, which has been and will be the strength for each and every congregation. We pray in the strong name of Jesus. Amen.

Explore Trinity UCC at <https://www.trinityuccthurmont.org>

Day 2 - October 12th: St. Mark's UCC, Snydersburg, MD

We pray with St. Mark's UCC:

Holy God, faithful and unchanging: enlarge the minds of the people of St. Mark's with the knowledge of your truth, and draw them more deeply into the mystery of your love, that they may truly worship you, Father, Son and Holy Spirit, one God, now and forever. Amen.

Day 3 - October 13th: Emmanuel Baust UCC, Westminster, MD

We pray with Emmanuel Baust UCC:

Almighty and everlasting God, by whose Spirit the whole body of the Church grows and prospers: hear our prayer for the people of Emmanuel Baust Church: that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever. Amen.

Explore Emmanuel Baust UCC at <https://ebucc.com>



Catoctin Association 40 Days of Prayer – Week 2

Day 4 - October 14th: Church of the Incarnation UCC, Emmitsburg, MD

We pray with Church of the Incarnation UCC:

God of Grace and love, you create us for relationship with you and one another and in those relationships, we experience your presence anew. We lift to you the people and ministry of Church of the Incarnation in Emmitsburg, MD. May their presence truly be life-giving to those who most need your love. Empower them by the gift of your Spirit, to be for their community, the living presence of a loving God. Amen.

*Explore Church of the Incarnation UCC at
www.facebook.com/IncarnationUnitedChurchOfChrist*

Day 2 - October 15th: St. Mary's UCC, Westminster, MD

We pray with St. Mary's UCC:

Creator God, though choirs of angels sing endlessly around your throne, you still choose to listen to the voices of your people in prayer. You have listened faithfully to the voices of the people of St. Mary's, and through your goodness they have produced a harvest of faith, hope, and love. We ask you to listen again to your praying people, as St. Mary's builds a ministry of prayer and contemplation. Reveal to them the truth that they are a new creation with fresh life and bold purpose, so that everything that calls Silver Run "home" might know your extravagant glory and your imminent love. In the living, breathing life of the Trinity we pray. Amen.

Explore St. Mary's UCC at <http://stmarysucc.org>

Day 3 - October 16th: Christ Reformed UCC, Middletown, MD

We pray with Christ Reformed UCC:

God of our yesterdays, todays, and tomorrows, we entrust into your care the discernment for the next settled pastor of Christ Reformed United Church of Christ, Middletown, Maryland. May the Holy Spirit touch potential candidates, those tasked to serve on the Search Committee and the members of Christ Reformed UCC with a vision of Holy Possibilities. Lead Christ Reformed UCC Middletown into Your future O God. For we pray in Your Holy Name, Amen.

Explore Christ Reformed UCC at <https://www.crucc.org>

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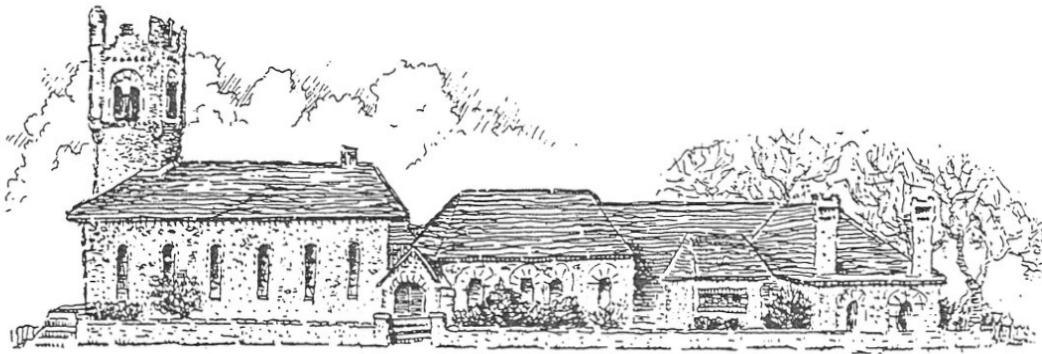
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Zion Reformed United Church of Christ

201 North Potomac Street, Hagerstown, MD 21740

Office Hours: 8:30-12:30, Monday through Friday

Facebook: @ZionRUCC | YouTube: Zion Reformed UCC

Web: www.zionreformed.church

Email: zionrucc@myactv.net

Phone: 301.739.7244



Rev Katie Penick, Interim Minister

Phone: 240.418.8028 | Email: zionruccpastor@myactv.net

Rae Smith, Interim Church Administrator

Phone: 301.739.7244 | Email: zionrucc@myactv.net