

ZIONCHURCHNEWS

BLOW THE TRUMPET IN ZION, DECLARE A HOLY FAST, CALL A SACRED ASSEMBLY. (JOEL 2:15)

November 2021

Volume 62 Issue 11



Special Services for November

Nov 14 11:00am Nov 21 11:00am Stewardship Sunday Remembrance Service

Nov 28 11:00am

First Sunday of Advent

Sunday Morning Schedule

9:45 - 10:45am

Sunday School Classes

Ready, Set Grow for ages 4-18 (songs, crafts, Bible stories)

Rev. Arthur Grove Class Young Adult Bible Study Class Journeys Class (via zoon)

11:00am Communion Service

Children's Church offered during worship

Zion Reformed United Church of Christ

201 N. Potomac St. Hagerstown, MD 21740

Phone: 301-739-724

Join us Sunday mornings either in Church or online at

www.ZionReformed.Church

Like us on Facebook.



Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. ~ 1 Thessalonians 5:16-18

Soon, we will gather around the table with family and friends and offer thanksgiving for all of the blessings God has given us. The spirit of thanksgiving will continue as we look forward to celebrating the greatest blessing of all: the gift of God's own son, Jesus Christ.

As we emerge from the dark days of a pandemic that pulled us apart, it is important to remember that we as a congregation also have much to be thankful for. We have planted seeds of gratefulness and they have already begun to thrive.

Seeds are planted in our sanctuary as we put our faith in new technology. As Covid-19 made access to worship more difficult for everyone, we have put in place the ability to provide virtual worship to those who cannot attend worship within our four walls. This will expand our discipleship abilities for years to come and allow us to fish for people in new and dynamic ways.

Seeds were planted by our congregation years ago when we started a Soup Kitchen that serves people in need throughout our community. This past summer, a group gathered together and talked about the growing need of hungry people in need of fellowship and food. A food pantry was established to help bridge the gap of hunger and need. And something wonderful is happening here! People gather and share their stories. They take food home and come back with donations of their own. "This really is a wonderful place," a young woman said recently, with tears in her eyes. "I love you," one of our regular guests said. We at Zion Church touch lives, one person at a time.

And we have begun to share those seeds outside our doors. Blessed with the vision and implementation of a new parking lot, we have used that space for more than cars. In the past few months, we have had two block parties, two worship services and a movie night in that space. It opens up our space to those who are not quite ready to walk through our doors but are ready to connect with their neighbors. Over food and fellowship, new relationships are built, and the seeds take root in amazing places.

Various people have voiced dreams of what we would like to do next. It will be inspiring to see what our sacred space will look like in just a few years. And, we will have the stories of our pandemic times, to inspire and remind us of all that we can achieve together. So let us see what other seeds of gratitude can take fruit, so we can have faith that God will provide for us in abundance.

Amen.



Church Happenings

Zion Book Club

The Zion Book Club meets the 4th Friday of the month (except in December) at the home of Sue Graff. The selection for November is Donna VanLiere's "The Christmas Table". To join virtually, send an email to s.graff@myatv.net and you will receive a link just a few days before the discussion.

Soup Kitchen & Food Pantry Tuesdays

@ 5:00 pm.

Our numbers are growing each week at the Soup Kitchen and the Food Pantry. As a result, we are in need of donations of non-perishable food items or cash donations so we can purchase food. Please see the enclosed list of items needed. Thank You.



Outreach

Service Workers are collecting socks for schools. There will be a container at the middle door for donations. Let's try to fill the container.

Search Committee would like to thank everyone who filled out the survey. So far, we have 23 surveys turned in. It is not too late to fill yours out and send it in.

During the Advent season, we are planning to offer a hybrid class during Sunday school for both youth and adults. The class will be based on the movie Shrek. We are planning on showing the movie after church on November 14th. Come and join us.

Micah's Backpacks

We began our 11th year in September. If anyone would like to help, please see Scherry Sellers. All donations are welcome – food and monetary.



Treasurers Report

MONTHLY FIGURES	Sept 2021	Year to Date 2021
Income	\$4,397.00	\$64,726.88
Transfer from Special Funds	\$25,000.00 \$305,000	
Expenses	-16,949.40	-355,965.26
Net Income	\$12,447.60	\$13,761.62

CHURCH CALENDAR

November 2021

N	MON	11/1	Consistory Meeting	7:00pm
S	SUN	11/7	Daylight Savings Time Begins	-
			Sunday School	9:45am
			Communion Service	11:00am
7	ſUE	11/9	Soup Kitchen & Food Pantry	5:00pm
7	ΓHUR	11/11	Staff Meeting	11:00am
			Properties Committee Meeting	4:30pm
			4-H Club Meeting via Zoom	4:30pm
S	SUN	11/14	Stewardship Sunday	•
			Sunday School	9:45am
			Communion Service	11:00am
			Movie "Shrek"	12:30pm
Ν	MON	11/15	December Newsletter Deadline	-
7	ſUE	11/16	Soup Kitchen & Food Pantry	5:00pm
7	ΓHUR	11/18	4-H Club Meeting via Zoom	4:30pm
S	SAT	11/20	Catoctin Assoc Fall Meeting at Zion RUCC	9:30am
S	SUN	11/21	Totenfest Sunday – Day of Remembrance	
			Put up Christmas Trees After Church	
			Sunday School	9:45am
			Communion Service	11:00am
7	ſUE	11/23	Soup Kitchen & Food Pantry	5:00pm
7	ΓHUR	11/25	Thanksgiving	
_	₹RI	11/26	Zion Book Club	7:00pm
S	SUN	11/28	First Sunday of Advent	
			Decorate Christmas Trees After Church	
			Sunday School	9:45am
			Communion Service	11:00am
N	MON	11/29	Christian Education Team Meeting	7:30pm

Special Announcements

November 21st will be a Service of Remembrance to honor all those who have passed since last year. You will have the opportunity to remember and honor your loved one through readings, reflections, and music. If there is someone that you would like to have included in our Remembrance Service, please contact the church office with the enclosed information form.

Thank you, Pastor Katie



John Schnebley	11/2
Wells Ridenour	11/3
Jeannette Rinehart	11/8
Margaret Munroe	11/11
Jane Hershey	11/13
Curtis Nilson	11/13
Bill Brewer	11/13
Betty Patterson	11/16
Kim Cook	11/18
Byron Stay	11/20
Daisy Schlotterbeck	11/22
Matt McDonald	11/26
Chris Emmert	11/30

Zion will be hosting the Catoctin Association Fall Meeting on Saturday, November 20th. This is a hybrid meeting with worship at 9:30am and the meeting will conclude at noon.



"We're going to my Grandma's on Thursday to pig out ... and also be thankful."

CONSISTORY HIGHLIGHTS

It's hard to believe that the fall season is upon us! We've had quite a year, filled with both challenges and hope for the future, with new technological upgrades to enrich our services, outdoor activities, and outdoor worship services. We've not let Covid-19 keep us down. November 13th is Stewardship Sunday – an opportunity to express gratitude for the many bountiful gifts God has given us, while also prayerfully making a financial commitment to support the ministry that God is calling our church to do in our community. The end of November also marks the beginning of the Advent Season.

In its role of governing the life and ministry of the church, the consistory seeks to keep the congregation informed. The consistory meeting minutes, and church committee reports, can be found in a binder on the chapel table. The budget feedback used to formulate the 2022 annual budget has been received from the committee chairpersons. The congregational surveys to be utilized in forming our church profile for a settled pastor are being reviewed by the Search and Call Committee. A committee has been formed to assess suggested updates to our church Constitution and By Laws and a rough draft has been drawn up. We've learned that the chapel gutters need repair/replacement to prevent the migration of water in between the chapel walls. Blockages of church downspouts and drains has been causing flooding in the basement and poor water drainage in the cemetery. With the endorsement of the properties committee, the consistory voted approval for the needed gutter and drain repairs to be performed by the end of the 2021 calendar year. To improve and to streamline communication between church committees, the consistory has been discussing modification of the church committee organizational chart. A revised standing committee list and organizational tree would be incorporated into our Settled Pastoral Search profile. The nomination period for 2022 consistory members has ended. The nominations will be voted upon at our Congregational Meeting on December 5th, along with the proposed 2022 Budget, and proposed changes to our By-Laws. The need to replace the shingles of all the sloped roof areas was discussed. We are continuing to assess the cost vs. the projected longevity of using architectural shingles vs. synthetic slate shingles and are collecting bids for each. Bids will be reviewed by the Properties Committee, who will submit their recommendations to the consistory for approval as a Capital Project item in 2022.

As we celebrate Thanksgiving this month, remember that it is the not happy people who are thankful, it is thankful people who are happy. Give thanks to the Lord with all your heart.

Becky Owens Zion Consistory President



Chew on This..... A Parish Nurse Note November 2021



It has been known for a long time that diet and exercise are a big part of keeping healthy. Recent research has shown that your dental health and oral hygiene are equally important. Poor oral hygiene can result in cavities and dental infections or abscesses. Gums can also be affected, with the gum "collar" (the portion surrounding each tooth) being the most susceptible to disease. If all of your gum collars were grouped together, it would be about the size of your hand. Gums that are irritated or infected can cause bleeding during brushing and flossing. Gum tissue is filled with blood vessels; the blood nourishing your gums circulates around your entire body. Whatever affects your gums, affects everything.

If gums are exposed to chronic food debris and bacteria, a generalized inflammation can result. Proteins from this inflammation flow throughout the body and have been linked to diabetes, rheumatoid arthritis and heart disease. Good oral hygiene (brushing twice a day and flossing daily) can curb the development of gum disease, which in turn, can improve your over-all health. Brushing and flossing at bedtime are critical so bacteria are not "sleeping" all night in your mouth.

Foods and beverages that are helpful in keeping your mouth healthy include honey, seafood, fish and lean meat, soft fruits, eggs, nuts, dairy products, water, green tea and green vegetables (especially high fiber ones).

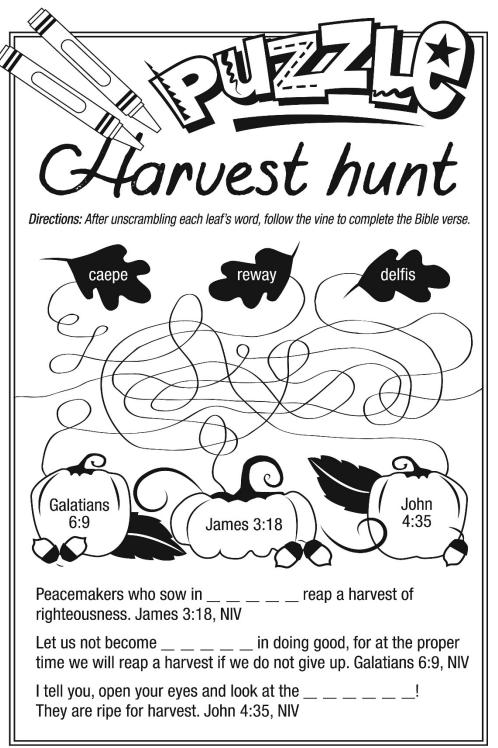
If you have a partial or full denture, maintaining gum health is equally important. Studies have shown that over ½ of denture wearers get a fungal infection called oral stomatosis, which can lead to respiratory infections. Dentures of all kinds should not be worn overnight unless your dentist gives you specific instructions for a specific reason. Clean your dentures at least daily with a tooth or dental brush and a non-abrasive cleaner. Soaking your denture in an appropriate cleaning solution can also help remove plaque. Brush your gums and tongue daily before inserting your dentures. Storing dentures in warm water or a dental solution will help your dentures keep their shape and keep them from drying out.

Regular visits to a dentist are a must for everyone, even denture wearers, to assure a healthy mouth. Keep your mouth in tip-top shape so you can take a healthy bite out of life!!

Blessings and Health, Barb Hendershot, RN Parish Nurse

Sources: Thrive, Healthy Mouth, Healthy Body by Dr. Matthew Carella dentalhealth.org healthygrads.com





Answer: peace, weary, fields

A taste of A history

Add a yummy, authentic touch to your Thanksgiving meal with this recipe.



What you need:

- 2/3 cup heavy cream
- pint jar with lid
- strainer
- bowl
- container
- salt

What you do:

- 1. Pour cream into the jar and close the lid tightly.
- 2. Shake vigorously about 8 minutes, until a solid lump of butter forms. (Take turns with a friend!)
- 3. Strain the contents, catching the buttermilk in a bowl to save for another recipe.
- 4. Put the butter in a container. Add salt to taste.
- 5. After chilling the butter, enjoy on fresh bread.

ZION CHURCH NEWS is published monthly by Zion Reformed United Church of Christ 201 North Potomac Street Hagerstown, MD 21740. Telephone 301-739-7244. Website: www.zionreformed.church Email: zionrucc@myactv.net

Office Hours: Monday-Friday 8:30 a.m.-12:30 pm.

Deadline for articles: the third Monday of the month prior to the month of publication. All articles submitted are subject to editing for space. The medical information in our newsletter is provided without any representations or warranties, express or implied. You must not rely on the information in our newsletter was an alternative to medical advice from your doctor or other professional healthcare provider.

(240)418-8028. Interim Minister: Rev. Penick Katie Rae Interim Church Administrator: Smith. Music Director/Organist: Claire Marie Moblard. Adult Choir Director: Byron L. Stay. Treasurer: Lisa Saum. Special Funds Treasurer: Carol Mooers, Parish Nurse: Barb Hendershot.

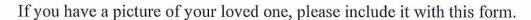
Consistory Elders: Becky Owens-President, Kim Ridenour-Vice-President, Carroll Sager-Secretary, Carol Mooers.

Consistory Deacons: Michael Jones, Dee Krause, Daisy Schlotterbeck, Tina Shafer.

Zion Church Remembrance Commemoration 11:00 a.m., Sunday, November 21, 2021

Zion Church will be commemorating our loved ones who have died in the past year in a *Remembrance Service* on Sunday, November 21, 2021. In a spirit of prayerful thanksgiving, the names of our loved ones will be read, and candles will be lit during the worship service.

For loved ones you wish to have remembered, please complete this form, and place it in the offering plate on Sunday or drop it off in the church office during the week. You may also submit names by email to <u>zionrucc@myactv.net</u>. Please submit the names by Sunday, Nov. 14, 2021, so that we can publish all names in the bulletin on Sunday, Nov. 21, 2021.





Remembrance Commemoration

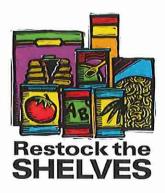
2. Name: _____

Relationship to me: ______Year of Death: _____

My Name:____

Phone or Email:

Please submit form by Sunday, November 14, 2021



Please help us restock the shelves of our Food Pantry so we can continue with this much needed ministry.

Here is a list of some of the items we are in need of.

Food Items

Single serving cereal

Breakfast Bars

Granola Bars

Single serving Tuna Creations

Individual cups of Fruit and Applesauce

Canned or Dried Fruit

Canned Vegetables

Canned Meat

Hamburger Helper

Spaghetti

Spaghetti Sauce

Brown or White Rice

Raman Noodles

Fruit Juice and Tea Mixes

Canned Tuna and Salmon

Canned Chicken

Canned Soups, Chili, and Stew

Chef Boyardee

Snack Cakes and Pies

Dried Fruit

Peanut Butter

Oatmeal

Olive Oil

Canola Oil

Crackers

Dried Spices, Salt and Pepper

Instant Mashed Potatoes

Meals in a Box

Nuts

Popcorn

Anything else you can think of that does not have to be refrigerated or microwaved. (Some of our neighbors do not have access to these things)

Non-Food Items

Soap

Shampoo

Toothpaste

Toothbrushes

Razors

Deodorant

Individually wrapped toilet paper

Cleaning supplies

Laundry detergent

Small packs of Clorox wipes

Paper Towels

Diapers

Baby wipes

Pull Ups

Wash cloths

Feminine products

Pet Food

FOR CHURCH RECORDS Envelope #	FOR YOUR RECORDS Date:	
Address State Zip Code I plan to give beginning each week month Annual Total For our congregation's ministries \$ \$ and For our congregation's wider mission \$ \$ I understand that this commitment can be changed at any time by giving notice to the appropriate church officer I would like to talk with someone about including the church or church-related institution in my will.	With others in my congregation, I commit myself to give in proportion to what I have for the ministries of the church and the proclamation of the good news of Jesus Christ. I plan to give beginning — (date and year) Each	
Signed: Date: They are like trees planted by streams of water, which yield their fruit in its season. Rooted in	congregation's \$\$ \$	

ZION REFORMED UCC Agerstown, MD 21740
RETURN SERVICE REQUESTED

