

Subject: Praying for COP26

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From: St Edmund's livesimply group

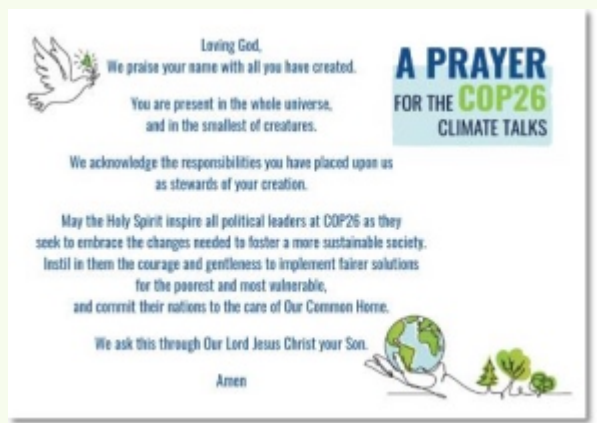
To: Parish



Dear Parish,

A Prayer for the COP26 Climate Talks

The long-awaited UN conference on climate change is just days away and our prayers are more important now than ever. The [CBCEW](#) have produced a prayer card which is available at Mass; please take one home with you and pray that our leaders who are meeting in Glasgow between 31st October to 12th November, will work together for positive outcomes for people and the planet. May they have courage to embrace change which is bold, radical and wise!



Parish Mass for COP26 Climate Talks

Thursday 4th November at 7.30pm at St Joseph's, Milford

Join us for this Mass which is offered for the success of the COP26 talks.

'... We believers cannot fail to ask God for a positive outcome to the present discussions, so that future generations will not have to suffer the effects of our ill-advised delays'. LS 169



Boris, give us faith you will lead at COP26!

Thank you for signing the Petition to the PM. This was delivered to Downing Street last week by a joint group of faith agencies including CAFOD. More than 50,000 people signed the petition.

Pope Francis has called the fight to tackle the climate emergency as ‘the greatest leadership opportunity of all’ and this week the message to the Prime Minister from faith communities was projected onto Parliament (see above) calling on the PM to ‘give us faith’ that he will lead at the Glasgow climate talks.

COP26 Global Day of Action for the Climate 2021

Saturday 6th November - London

To make sure world leaders hear our voice and know that we support urgent action, please consider joining the CAFOD march for climate justice on Saturday 6th November in London, alongside millions of people across the world who will also be out marching on the Global Day of Action for the Climate.

Meet from 11am at St Mary, Moorfields, 4-5 Eldon Street, London EC2M 7LS to gather with other CAFOD supporters before joining the main march outside the Bank of England. Wear something green and feel free to bring your own home-made placards and banners.

Live Webinar from Glasgow COP26

Tuesday 9th November at 7pm

You are invited to join a live webinar from Glasgow with CAFOD's Neil Thorns (Head of Advocacy, Communication and Education) and a Vatican representative from the Vatican delegation. It's an opportunity to hear about progress at COP26 and ask questions. For more information and to register click [here](#)



Christmas Prisoner Outreach

In solidarity with all prisoners, we ask you to support our **Christmas prison outreach** to the women prisoners at HMP Send. We would like to be able to provide a Christmas day gift for each prisoner, so that they feel remembered on a day when it is particularly hard to be separated from their family.

To contribute a suggested donation of £5-£10 per family, please: send in cash in an envelope marked 'Prisoners Xmas gift'; make a bank transfer to 'RCD AB Godalming' sort code 40-05-20, account number 41077481 with 'PrisonGift' as your reference; or donate via the contactless device at Mass. Thank you.

Please keep prisoners in your prayers. One prison chaplain commented, *'It's humbling to feel that my prayers for them are heard. I have been privileged to see great recovery and great changes amongst the men in our pastoral care'*.

Ten Steps to Living Simply

Our Live Simply group has compiled a **Ten-Step Guide to Living Simply**, to help us focus our actions, inspire us and remind us of the different ways in which we can have an impact by making simple changes.



Less is More. Make the most of what you have

One of our group members writes:

If you live with just the things you need, then you get to make better use of them.

- More space for you to enjoy if you let go of things things you don't need any more. You can use Freecycle to give away the things you no longer use. And so help others who may be struggling to make ends meet.
- More healthy eating: more vegetables, plant-based food rather than processed & junk food. It's surprising how difficult it is to taste the difference between meat & vegan sausage rolls for example!
- More time for your hobbies & interests by spending less time on social media & watching TV. And it's a chance to learn new skills to keep your brain active.
- More volunteering – now you've got all that extra free time! There are plenty of opportunities within the Parish such as visiting the housebound, prisoners etc.
- Add them all up & you could enjoy a more relaxed lifestyle, make more friends & have better mental health. (And put less pressure on the NHS!)

'If the simple fact of being human moves people to care for the environment of which they are a part, Christians in their turn realize that their responsibility within creation, and their duty towards nature and the Creator, are an essential part of their faith'. LS 64



Recycle your plastic wrapping

Be careful not to bin soft plastics as these can now mostly be recycled. Sainsbury's list includes just about everything, with the exception of compostable and biodegradable products which should be composted, and the plastic containers which go into kerbside blue bins. The Co-op at Farncombe also accepts soft plastics.

Your CO2 emissions data!

According to research by the University of Leeds, an average person would save per action listed below the following amounts of CO₂, in tonnes:

- **2.0** - Live without a car
- **2.0** - Use an electric car instead
- **1.9** - Cut out long-haul flights
- **1.6** - Switch to renewable energy and refurbishment/renovation in your home to avoid heat loss
- **0.9** - Go vegan (in the context of food, the highest carbon savings come from dietary changes, particularly an adoption of a vegan diet)
- **0.6** - Use public transport often
- **0.1** - Recycle

If you ticked every box on the above list you would have the potential to save approx **9.2 tonnes of CO₂ per person per year** which is a substantial contribution towards achieving the 1.5 °C–2 °C target.

But don't forget - all our actions, however small, make a difference.

Litter pick

Thank you to those who joined the groups to clear the areas around our Mass centres, as part of our support for #GreatBigGreenWeek



CBCEW Prayer for COP26

Loving God,

We praise your name with all you have created.

You are present in the whole universe,
and in the smallest of creatures.

We acknowledge the responsibilities you have placed upon us
as stewards of your creation.

May the Holy Spirit inspire all political leaders at COP26 as they
seek to embrace the changes needed to foster a more sustainable society.

Instil in them the courage and gentleness to implement fairer solutions
for the poorest and most vulnerable,

and commit their nations to the care of Our Common Home.

We ask this through Our Lord Jesus Christ your Son.

Amen

If you would like to join our next Live Simply meeting
on **Thursday 4th November at 8pm** please email Jo: jolewry@aol.com

Thank you for your support and we hope you stay well.
The Live simply team

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