

*I arise today  
Through a mighty strength, the invocation of the Trinity,  
Through belief in the Threeness,  
Through confession of the Oneness  
of the Creator of creation.*

*I arise today, through  
God's strength to pilot me,  
God's might to uphold me,  
God's wisdom to guide me,  
God's eye to look before me,  
God's ear to hear me,  
God's word to speak for me,  
God's hand to guard me,  
God's shield to protect me,  
God's army to save me.*

*I arise today  
Through the strength of Christ's birth with His baptism,  
Through the strength of His crucifixion with His burial,  
Through the strength of His resurrection with His ascension,  
Through the strength of His descent for the judgment of  
doom.*

*Christ with me,  
Christ before me,  
Christ behind me,  
Christ in me,  
Christ beneath me,  
Christ above me,  
Christ on my right,  
Christ on my left,  
Christ when I lie down,  
Christ when I sit down,  
Christ when I arise,  
Christ in the heart of every man who thinks of me,  
Christ in the mouth of everyone who speaks of me,  
Christ in every eye that sees me,  
Christ in every ear that hears me. Amen.*

## ***Losing Hope...Finding Hope...Giving Hope*** Matthew 27:1-10

### **LOSING HOPE...JUDAS' STORY**

#### **Matthew 27:1-2**

- The game...

#### **Matthew 27:3**

- Nothing...

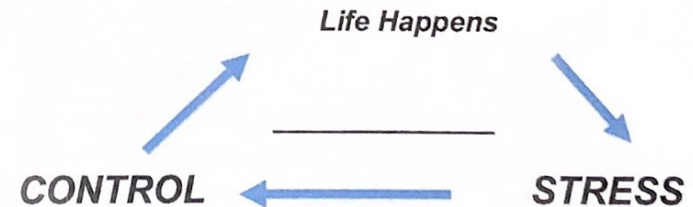
#### **Matthew 27:4**

- No one would...

#### **Matthew 27:5-10**

- Judas felt...
- and his "henchmen"...

### **The "SPIN CYCLE" of life...**



### THREE FACTS TO CONSIDER...

1. You cannot...
2. God...
3. God "fixes" us...

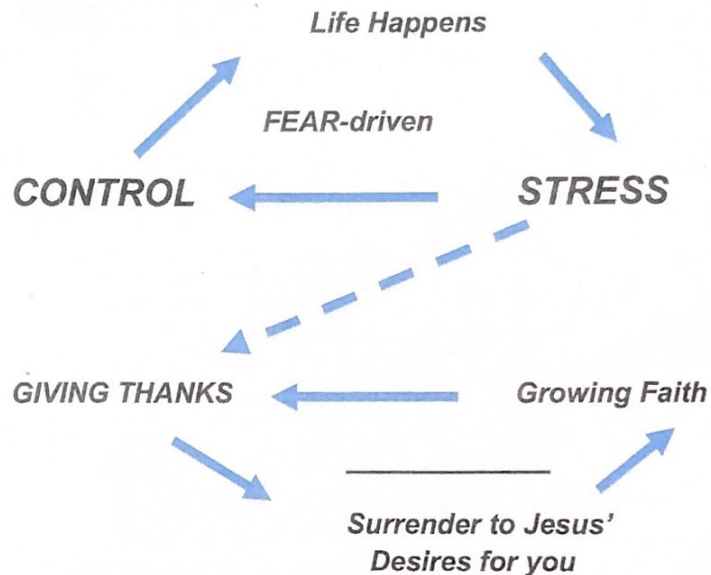
### FINDING HOPE...PETER'S STORY

1. His failure...
2. Peter failed...
3. He went to...
4. He found...

#### 1 Peter 5:5b-7 (Phillips)

Indeed all of you should defer to one another and wear the "clothing" of humility in serving each other. 'God resists the proud, but gives grace to the humble'.<sup>6-7</sup> So, humble yourselves under God's strong hand, and in his own good time he will lift you up. You can throw the whole weight of your anxieties upon him, for you are his personal concern.

### Getting out of the "SPIN CYCLE"...



#### Galatians 6:1-2 (Phillips)

Even if a man should be detected in some sin, my brothers. The spiritual ones among you should quietly set him back on the right path, not with any feeling of superiority but being yourselves on guard against temptation. Carry each other's burdens and so live out **the "law of Christ."**

#### John 15:12-13 (Phillips)

This is My commandment that you love one another even as I have loved you. There is no greater love than this – that a man lay down his life for his friends.