

Sunday Morning Outline

"Boiling Point"

(Lesson 3)

1. Anger is _____.
2. Anger is often called the _____.
3. Anger can lead to _____.
4. Reasons for relational stress fractures:
 - ~ _____ expectations
 - ~ _____ model
 - ~ _____ circumstances
5. We never know what the _____ will be when we attempt to heal a fractured relationship.
6. There's something more important than resolution and that's _____.
7. 4 practical steps:
 - ~Take _____
 - ~Shift your _____
 - ~Hold on to _____
 - ~Exercise lots of _____

Extra notes: