



Jr. High School Division

Unique Rules

Basketball: 29.5" Official Size

Goal Height: 10'

Game Length: Four, 8 minute periods. If a team obtains a 25 pt. lead, the clock will become a "running" clock and only stop on a timeout.

Time Outs: Each coach gets 3 timeouts, no more than 2 can be used in a half.

Possession: Initially a jump ball, then we utilize the possession arrow.

Defense: For the first 4 weeks, only half court defense is allowed. Beginning week 5, you may use a full court defense (aka press). If a team is winning by 15 or more, they must revert to a half court defense only.

Shooting Foul: The shooter will get two shots from the foul line.

Fouls: We do not utilize the "bonus" rules. (i.e there is no "one & one". Players foul out at 5 fouls.)

Score: Score will be kept in this division and there will be a score keeper and time clock manager.

Game Responsibilities: The Grey team is responsible for the scoreboard, the Red/Orange team is responsible for the scoresheet.