



FIXING OUR EYES ON JESUS!

In the Old & New Testament
*A Study in the
book of Hebrews*



*FIXING OUR
EYES ON
JESUS!*

JESUS OFFERS A BETTER
“REST” THAN JOSHUA!





good news . . . with faith

- The “gospel” was in the O.T.?!!!
- Gospel from day 1! Grace/Faith
- Ultimately only 2 religions!
- Faith/repent required! A Promise!
- Or Fear prevails!

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A photograph of a beach at sunset. The sun is low on the horizon, casting a warm, golden glow over the scene. The sky is a mix of orange and yellow. In the foreground, a series of footprints are visible in the sand, leading from the bottom right towards the water. The beach is wide and sandy, with some darker patches of sand or wet sand. In the background, there are some dark, rocky formations or cliffs. The overall mood is peaceful and contemplative.

FOOTPRINTS

One night a man had a dream. He dreamed he was walking along the beach with the LORD. Across the sky flashed scenes from his life. For each scene, he noticed two sets of footprints in the sand; one belonged to him, and the other to the LORD.

When the last scene of his life flashed before him, he looked back at the footprints in the sand. He noticed that many times along the path of his life there was only one set of footprints. He also noticed that it happened at the very lowest and saddest times in his life.

This really bothered him and he questioned the LORD about it. "LORD, you said that once I decided to follow you, you'd walk with me all the way. But I have noticed that during the most troublesome times in my life, there is only one set of footprints. I don't understand why when I needed you most you would leave me."

The LORD replied, "My precious, precious child, I love you and I would never leave you. During your times of trial and suffering, when you see only one set of footprints, it was then that I carried you."

Butt-Prints in the Sand

One night I had a wondrous dream,
A set of prints on the sand was seen,
The footprints of my precious Lord,
Yet mine were not along the shore.

But then a stranger print appeared.
I asked the Lord, "What have we here?
This print is large and round and neat,
But Lord, it's just too big for feet."

"My child," He said in somber tones,
"For miles I carried you alone.
I challenged you to seek My face,
Take up your cross and walk in grace."

"You disobeyed, you would not grow.
You would not stand against the flow.
Your neck was stiff, your ears were shut,
So there I dropped you on your butt."

"Because in life there comes a time,
When one must fight, when one must climb,
When one must rise and take a stand,
Or leave one's butt-prints in the sand."

-Anonymous



What “rest”?

- The presence of God – Ex 33:14
- Possession of the Land – Dt 3:20
- May be well for you – Dt 5:33
- Rest from all enemies – Dt 12:10
- Courage, no dismay – Josh 1:9, 13

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**"Come to me,
all you who labor and
are heavily burdened,
and I will give you rest.
Take my yoke upon you,
and learn from me,
for I am gentle and
humble in heart;
and you will find rest
for your souls.
For my yoke is easy,
and my burden is light."**

(Jesus - Matthew 11:28-30)



Peace!

- Col 1:21 – And although you were previously alienated and hostile in attitude, engaged in evil deeds,
- Peace with God – Eph 2:14-17
- Peace from God – Ps 122:6
- Peace of God – Phil 4:7, Jn 16:33

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Sabbath

- **7th day of Creation! – Gen 2:1-3**
- **Friday pm – Saturday pm, every week**
- **Sabbath year for land. Day of . . .**
- **Exiled 70 years for no sabbath / land**
- **TGIF! Jesus rested!**

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IN THE BEGINNING GOD CREATED...

DAY 1

SEPERATES
LIGHT
FROM
DARKNESS

DAY 2

SEPERATES
WATERS
FROM
WATERS

DAY 3

GATHERS
WATER
TO ONE
PLACE
AND LAND
APPEARS
ALONG WITH
VEGETATION

DAY 4

CREATES
SUN TO RULE
THE DAY
AND MOON
TO RULE
THE NIGHT.

DAY 5

GOD
CREATES
BIRDS OF
THE AIR
AND
FISH OF
THE SEA.

DAY 6

GOD
CREATES
MAN
AND
LAND
ANIMALS

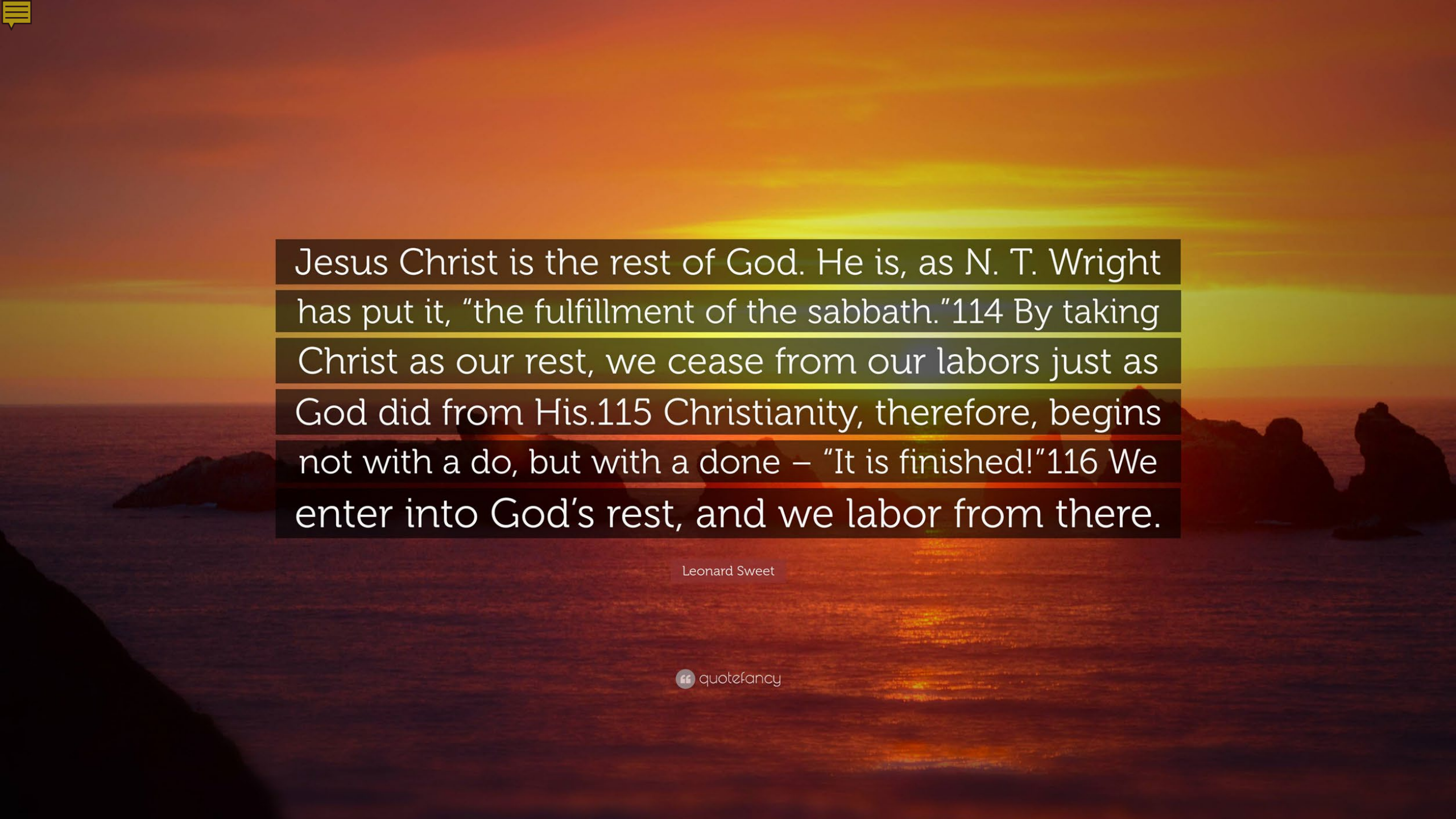
DAY 7

GOD RESTED

A serene sunset scene over a dark ocean. The sun is a bright, glowing orb positioned just above the horizon line, casting a warm, golden light across the sky. The sky is filled with horizontal bands of soft, wispy clouds, some of which are illuminated from below by the sun, creating a layered, ethereal effect. The colors range from deep orange near the horizon to a darker, more muted orange at the top. In the bottom right corner, the dark silhouette of a sailboat is visible on the horizon. The overall mood is peaceful and contemplative.

OUR REST IN CHRIST

IN CHRIST, WE CEASE FROM THE
STRUGGLE TO SAVE OURSELVES



Jesus Christ is the rest of God. He is, as N. T. Wright has put it, "the fulfillment of the sabbath."¹¹⁴ By taking Christ as our rest, we cease from our labors just as God did from His.¹¹⁵ Christianity, therefore, begins not with a do, but with a done – "It is finished!"¹¹⁶ We enter into God's rest, and we labor from there.

Leonard Sweet



sabbath as resistance

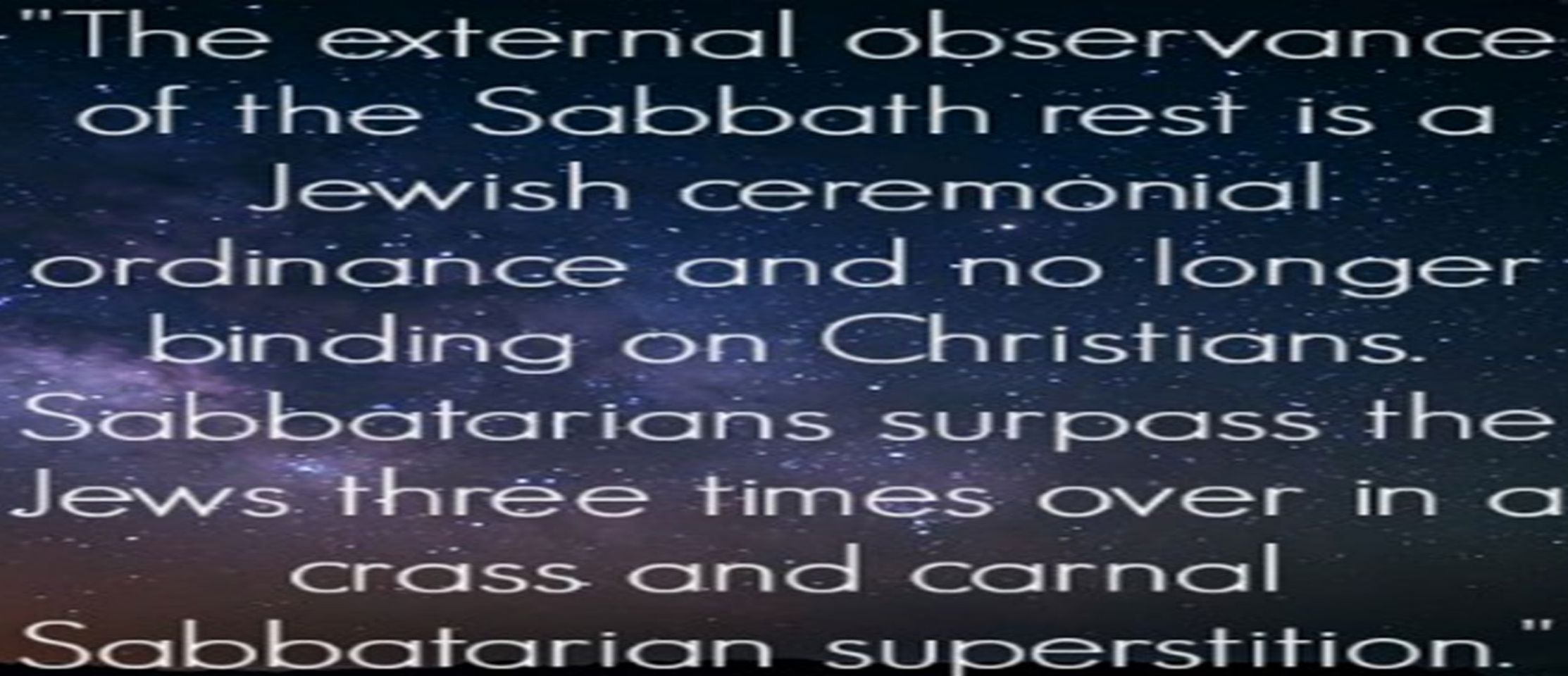
Saying NO to the CULTURE OF NOW



WALTER BRUEGGEMANN



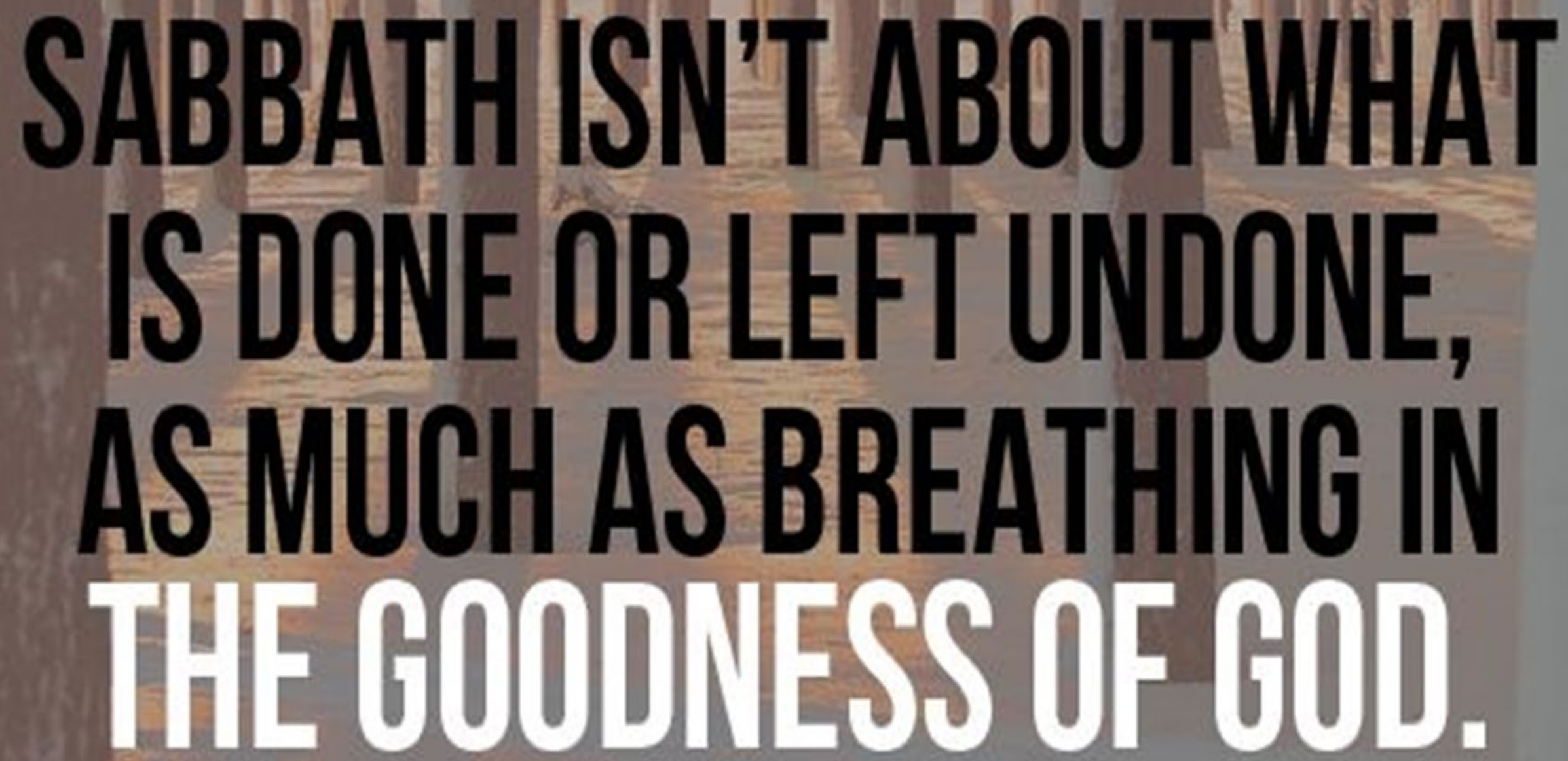
A CONTROVERSIAL HEALING



"The external observance
of the Sabbath rest is a
Jewish ceremonial
ordinance and no longer
binding on Christians.
Sabbatarians surpass the
Jews three times over in a
crass and carnal
Sabbatarian superstition."

John Calvin

25 Important Bible Verses
About Sabbath Day



**SABBATH ISN'T ABOUT WHAT
IS DONE OR LEFT UNDONE,
AS MUCH AS BREATHING IN
THE GOODNESS OF GOD.**

Sabbath is a way of life (Heb 4:3; 9-11). It is simply "casting all your anxiety on Him," to find that in actual fact "He cares for you" (1 Peter 5:7). It is USING the keys to the Kingdom to receive the resources for abundant living and ministering.

-Dallas Willard



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The
Seedbed
Daily Text

Sabbath rest is not functional or utilitarian rest. It is not resting from work, nor is it resting up for work. It is resting with and unto God.

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**Jesus promises to be
our rest every day, not
just on the Sabbath.**

"AN UNCONSTRAINED SABBATH"

RACHAEL HEINSEN



Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. These are a shadow of the things that were to come; the reality, however, is found in Christ.

Colossians 2:16-17

Joshua or Jesus?

- **Consequently, there remains a Sabbath rest for the people of God – Heb 4:9**
 - **There remains a Sabbath rest!**
 - **And all these, having gained approval through their faith, did not receive what was promised,**
- FIXING OUR EYES ON JESUS!*



**NO TEMPTATION HAS OVERTAKEN
YOU EXCEPT SUCH AS IS COMMON TO MAN;
BUT GOD IS FAITHFUL,
WHO WILL NOT ALLOW YOU TO BE TEMPTED BEYOND WHAT
YOU ARE ABLE, BUT WITH THE TEMPTATION
WILL ALSO MAKE THE
WAY OF ESCAPE,
THAT YOU MAY BE ABLE TO BEAR IT.**

1 CORINTHIANS 10:13






Rest in Christ

- From Sabbath to the Lord's day
- Jesus is better than Joshua!
- Joshua = Jesus, come to me!
- We have good news, don't fall short of Him! Faith in HIS Work!

FIXING OUR EYES ON JESUS!



**“Come to me,
all you who are
weary and burdened,
and I will give
you rest.”**

Matthew 11:28 (NIV)

The Sabbath Under Law	The Sabbath Under Grace
The believer was to rest on the seventh day (Exodus 20:8-10).	The believer is to rest seven days --"today" and every day! (Heb. 4:1-11).
God's work of creation took 6 days (Exodus 20:11).	God's work of the new creation (redemption) took approximately 6 hours --the time that Christ spent on the cross (see Mark 15:25,33-37).
After His finished work of creation God rested (Genesis 2:1-3).	<p>After His finished work of redemption Christ rested and "SAT DOWN" (John 19:30; Hebrews 1:3).</p> <p>Note: Contrast the priests in the tabernacle who could never sit down because their work was never finished (Heb. 10:11-12).</p>
The Old Testament believer was to stop working on Saturday (Exodus 20:10).	The New Testament believer is to stop working and to cease from his own works every day of the week (Heb. 4:1-11). It is a <i>Faith-Rest Life</i> based on the finished work of Christ, in the power of God the Holy Spirit.