# JOY... is a team sport Philippians 2:1-4

1 If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy...

<sup>2</sup> make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. <sup>3</sup> Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves.

4 Let each of you look not to your own interests, but to the interests of others.

IAM THIRD "Jesus... comes first.

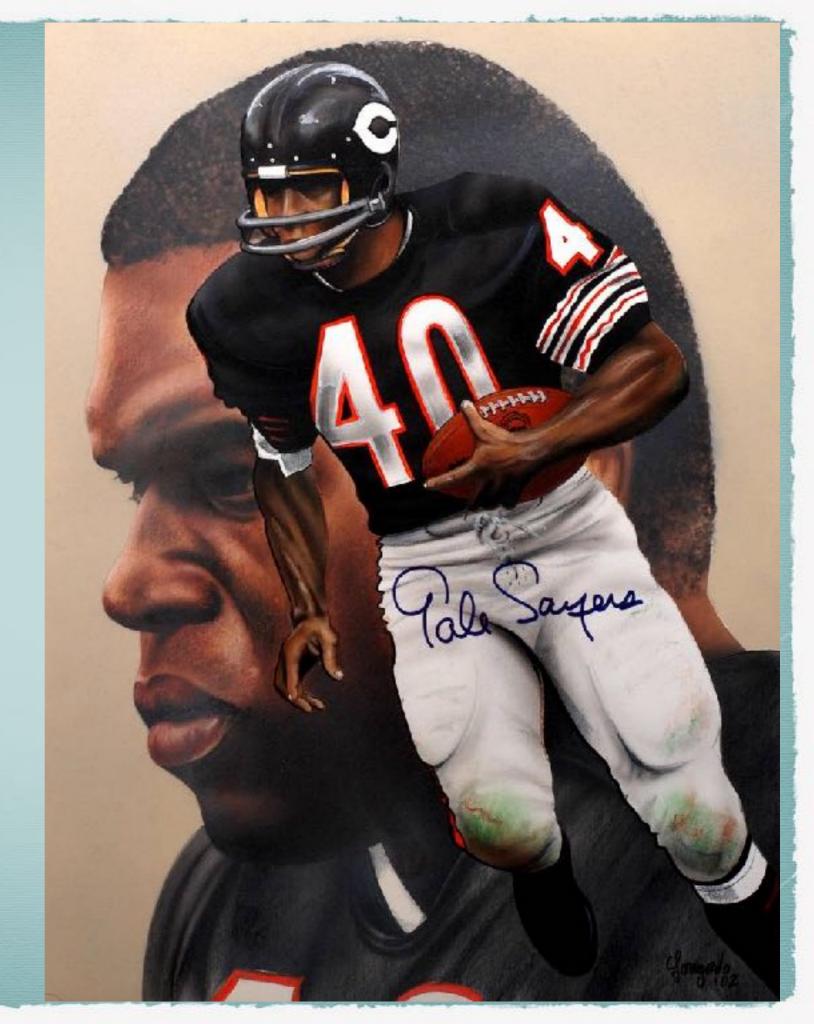
I am third."

Gale Sayers 1943-2020 Others come second.

Jesus

Others

You





#### Let's VOTE!

1 If you've gotten anything at all out of following Christ, if his love has made any difference in your life, if being in a community of the Spirit means anything to you, if you have a heart, if you care—

<sup>2</sup> then do me a favor: Agree with each other, love each other, be deepspirited friends. 3 Don't push your way to the front; don't sweet-talk your way to the top.

4 Put yourself aside, and help others get ahead. Don't be obsessed with getting your own advantage. Forget yourselves long enough to lend a helping hand.

#### Henri Nouwen on Joy...

Ecstasy...

ek = out of

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#### Dallas Willard on Joy...

"Joy...
is a pervading sense
of well-being..."

"Joy is the settled assurance that God is in control of all the details of my life, the quiet confidence that ultimately everything is going to be all right, and the determined choice to praise God in all things." Kay Warren

"Joy is not gush; Joy is not jolliness. Joy is simply perfect acquiescence in God's will... the soul delighting itself in God Himself."

H.W. Webb-Peploe

#### How we do Joy...

#### Routine

## How we do Joy... Routine Go crazy

#### How we do Joy...

Routine

Go crazy

### Create FUN Create EVENTS

#### How we do Joy...

Routine



"I sometimes wonder whether all pleasures are not substitutes for joy."

C. S. Lewis

#### JESUS on Joy... 9 I have loved you just as the Father has loved me. You must go on living in my love. 10 If you keep my commandments you will live in my love just

...as I have kept my Father's commandments and live in his love. 11 I have told you this so that you can share my joy, and that your joy may be complete.

JESUS...

LOVE & JOY...

are best friends...

<sup>12</sup> This is my command-ment: that you love each other as I have loved you. 13 There is no greater love than this—that a man should lay down his life for his friends.

#### JESUS...

Spread My joy by...

by...

Loving one another

<sup>14</sup> You are my friends if you do what I tell you to do. 15 I shall not call you servants any longer, for a servant does not share his master's confidence. No, I call you friends, now, because...

### ...I have told you everything that I have heard from the Father.

#### JESUS...

Real JOY always begins...

by obeying Jesus

### How JOY works in God's Universe God's Love

Us...knowing we're loved

### How JOY works in God's Universe God's Love

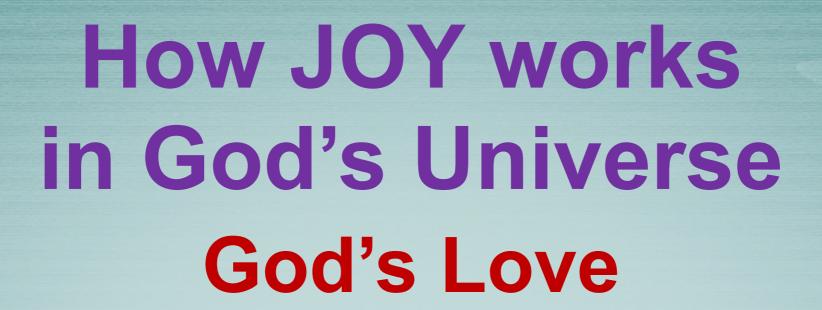
Us...knowing we're loved

**US...loving one another** 

### How JOY works in God's Universe God's Love

JOY Us...knowing we're loved

**US...loving one another** 



JOY Us...knowing we're loved

**US...loving one another** 

4 This love of which I speak is slow to lose patience—it looks for a way of being constructive. It is not possessive: it is neither anxious to impress nor does it cherish inflated ideas of its own importance.

<sup>5</sup> Love has good manners and does not pursue selfish advantage. It is not touchy. It does not keep account of evil or gloat over the wickedness of other people.

<sup>6</sup> On the contrary, it is glad with all good men when truth prevails. 7-8a Love knows no limit to its endurance, no end to its trust, no fading of its hope; ...it can outlast anything. It is, in fact, the one thing that still stands when all else has fallen.

#### One Anothers...

- 1. Ask Jesus to lead you where He wants you.
- 2. Scan the list.
- 3. Whichever one jumps out, ask Jesus to help you begin to practice it.

