

## **Lent at Edgewater**

Once a week, traditionally on Wednesday, Christians gather during the season of Lent to prepare themselves for the celebration of Easter. The materials that follow are designed to be used with a household gathered together. If you live on your own, you are encouraged to invite a friend or family member to join you for this experience.

## The First Week of Lent - Anointed

March 9, 2022

Read Psalm 6 out loud

Take time to sit in silent prayer together.

*After some time has passed, the leader should pray the following out loud.*

*Holy and gracious God, we confess that we have sinned against you today. Some of our sins we know - the thoughts and words and deeds of which we are ashamed - but some are known only to you. In the name of Jesus Christ we ask for forgiveness. Deliver and restore us that we may rest in peace. Amen.*

Listen to or sing either the hymn "[O Lord, throughout These Forty Days](#)" or "[How Can It Be](#)"

Read Mark 14:1-9 out loud and discuss the following questions.

- What comes to mind when you think of someone being anointed?
- What do you think of the disciples' criticism in Mark 14:4-5?
- Why do you think it's important that Jesus was anointed by a sinner?
- Recognizing Jesus was worth sacrificing for this woman, what can you sacrifice this Lenten season to do the same?

*The leader should read the following prayer out loud.*

Be with us, merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of life may find our rest in You. Help us to recognize you and anoint you in our lives for the king and Messiah you are. In the Name of Jesus we pray, amen.

Pray the Lord's Prayer together.

*Close by saying, "The almighty and merciful Lord, the Father, the Son, and the Holy Spirit, bless and keep us.*

*Amen"*

## The Second Week of Lent - Farewells

March 16, 2022

Read Psalm 32 out loud

Take time to sit in silent prayer together.

*After some time has passed, the leader should pray the following out loud.*

*Holy and gracious God, we confess that we have sinned against you today. Some of our sins we know - the thoughts and words and deeds of which we are ashamed - but some are known only to you. In the name of Jesus Christ we ask for forgiveness. Deliver and restore us that we may rest in peace. Amen.*

Listen to or sing either the hymn "[When I Survey the Wondrous Cross](#)" or "[Lord Have Mercy](#)"

Read Mark 14:17-31 out loud and discuss the following questions.

- What do you think it's like to have to say goodbye like that?
- How do you think Christ felt as He was abandoned by everyone?
- Why do you think Judas betrayed and Peter denied Jesus?
- Recognizing the depth of Jesus' emotional burden when His friends leave Him, what are some reasons that we betray or deny our faith?

*The leader should read the following prayer out loud.*

Be with us, merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of life may find our rest in You. Help us to cling to you in spite of our own fears and desires. In the Name of Jesus we pray, amen.

Pray the Lord's Prayer together.

*Close by saying, "The almighty and merciful Lord, the Father, the Son, and the Holy Spirit, bless and keep us.*

*Amen"*

## The Third Week of Lent - Prayers

March 23, 2022

Read Psalm 38 out loud

Take time to sit in silent prayer together.

*After some time has passed, the leader should pray the following out loud.*

*Holy and gracious God, we confess that we have sinned against you today. Some of our sins we know - the thoughts and words and deeds of which we are ashamed - but some are known only to you. In the name of Jesus Christ we ask for forgiveness. Deliver and restore us that we may rest in peace. Amen.*

Listen to or sing either the hymn "[My Song is Love Unknown](#)" or "[How Deep the Father's Love](#)"

Read Mark 14:32-42 out loud and discuss the following questions.

- How do you think Jesus felt when Peter, James, and John kept falling asleep?
- Why do you think Jesus was praying?
- What can we learn from Jesus' prayer and the Father's answer?
- What would you do differently if Jesus were to walk up and warn you to "watch and pray that you may not enter into temptation?"

*The leader should read the following prayer out loud.*

Be with us, merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of life may find our rest in You. Help us to cling to you in spite of our own fears and desires. In the Name of Jesus we pray, amen.

Pray the Lord's Prayer together.

*Close by saying, "The almighty and merciful Lord, the Father, the Son, and the Holy Spirit, bless and keep us.*

*Amen"*

## The Fourth Week of Lent - Betrayal

March 30, 2022

Read Psalm 51 out loud

Take time to sit in silent prayer together.

*After some time has passed, the leader should pray the following out loud.*

*Holy and gracious God, we confess that we have sinned against you today. Some of our sins we know - the thoughts and words and deeds of which we are ashamed - but some are known only to you. In the name of Jesus Christ we ask for forgiveness. Deliver and restore us that we may rest in peace. Amen.*

Listen to or sing either the hymn "[O Dearest Jesus, What Law Hast Thou Broken](#)" or "[Only Your Blood](#)"

Read Mark 14:43-52 out loud and discuss the following questions.

- What do you think the worst part of this experience was for Jesus?
- Why does Judas' way of betraying Jesus seem so much worse?
- What can we learn from Jesus' response to the events in Gethsemane?
- What lessons can you take away from the reaction of Jesus? His disciples?

*The leader should read the following prayer out loud.*

Be with us, merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of life may find our rest in You. Help us to cling to you in spite of our own fears and desires. In the Name of Jesus we pray, amen.

Pray the Lord's Prayer together.

*Close by saying, "The almighty and merciful Lord, the Father, the Son, and the Holy Spirit, bless and keep us.*

*Amen"*

## The Fifth Week of Lent - Betrayal

April 6, 2022

Read Psalm 102 out loud

Take time to sit in silent prayer together.

*After some time has passed, the leader should pray the following out loud.*

*Holy and gracious God, we confess that we have sinned against you today. Some of our sins we know - the thoughts and words and deeds of which we are ashamed - but some are known only to you. In the name of Jesus Christ we ask for forgiveness. Deliver and restore us that we may rest in peace. Amen.*

Listen to or sing "[Stricken, Smitten, and Afflicted](#)"

Read Mark 14:53-15:15 out loud and discuss the following questions.

- What do you think was going through Pilate's head?
- What do you think was going through Barabbas' head?
- What do you think was going through Peter's head?

*The leader should read the following prayer out loud.*

Be with us, merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of life may find our rest in You. Help us to cling to you in spite of our own fears and desires. In the Name of Jesus we pray, amen.

Pray the Lord's Prayer together.

*Close by saying, "The almighty and merciful Lord, the Father, the Son, and the Holy Spirit, bless and keep us.*

*Amen"*

## Holy Week - Death

*April 13, 2022*

Read Psalm 130 out loud

Take time to sit in silent prayer together.

*After some time has passed, the leader should pray the following out loud.*

*Holy and gracious God, we confess that we have sinned against you today. Some of our sins we know - the thoughts and words and deeds of which we are ashamed - but some are known only to you. In the name of Jesus Christ we ask for forgiveness. Deliver and restore us that we may rest in peace. Amen.*

Listen to or sing "[Stricken, Smitten, and Afflicted](#)"

Read Mark 15:16-47 out loud and reflect on the Passion story in silence

*The leader should read the following prayer out loud.*

Be with us, merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of life may find our rest in You. Help us to cling to you in spite of our own fears and desires. In the Name of Jesus we pray, amen.

Pray the Lord's Prayer together.

*Close by saying, "The almighty and merciful Lord, the Father, the Son, and the Holy Spirit, bless and keep us.*

*Amen"*