The Holy Post



MAY 2022

Grief is a deep, deep pain with many faces. For me it is a very private thing. Dorii hates that about me. I tend to close everyone out, get very quiet and often go for walks, alone. She knows it's better for me to share and release my emotion, but it's just not my way...

When the grief is deepest and most devastating, it is very hard to see any tomorrows... any happiness or any relief... Breath is hard to come by and the pangs of wanting to cry with abandon are very difficult to suppress. The stomach churns and the sinking feeling within it crushes any desire to eat. Pray as I might, to begin with, the Lord seems to remain silent for me. I think he knows that there is a time for grieving and it must just be given into for relief to be able to come, later. That's not to say he abandons us. He just allows time for a natural process of emotion to flow out of the body, before healing can refill the void.

Even animals feel grief. I remember as a teen, when my dad passed, our dog Skipper laid by his bed for months, waiting for him to return. Sad and mourning he just couldn't accept the loss for a long time. I've heard of other pets who go through this process, too. Unfortunately they don't have God to help them through.

Psychologists recognize a four step process to go through this kind of grief.

1) Acceptance 2) Release of Emotion. 3) Adjustment to Live. 4) Return to Normalcy. I think there should be one more and it should come first. Pick up your **Bible** and read God's word! There are so many passages to help you through. They won't stop the pain of loss... And in many cases they won't answer the question – why? But they will help you to know and see that you are not alone...

When people care deeply about you, they will want to help... sometimes by just being there. Take the time and help yourself in letting them know that you appreciate their love and kindness. If you're like me, let them know that you are going through the process, even if it's not the way they would do it. Try your best not to shut them out, but if that is your way, let them know it and try to open up at least in some ways to let them know you're OK. But most importantly use your Bible. It is invaluable to the process and will also be a relief to others to see you use it.





Brian & Cindy Rooney 27th Joel & Helen Dahlby 28th



Anniversaries

Oceanah Gross 7th Marty Arrellno 15th Michael Irish **21st** Doris Logan 22nd

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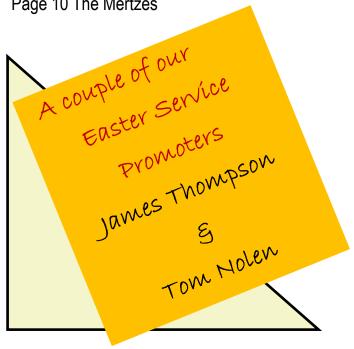
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Uncertainty....

Our state has numerous wildfires. There has been loss of life, but most people directly affected by them have only been displaced. Structures have been destroyed and damaged. And it looks like things may get worse before



they get better. It has, for some, brought up sorrows from past evacuations. There are a lot of uncertainties swirling about.

Our community just moved to the "ready" status. We are to be making plans, get things together we would want to take with us if evacuated. Next would come the "set" status which would be getting it all loaded up so we would be prepared to leave if the command to "go" (evacuate) is given. We are praying that none of this will need to happen, but we are getting ready.

We sent out an email from the Church office on how you can help evacuees from wildfires who are staying at Glorieta.

You can pray for those fighting the fires, those helping evacuees, and the evacuees whose lives have been disrupted. Especially those who have suffered losses. And you can add to your prayer list those who have suffered wildfire losses in the past and whose fears have resurfaced with our current wildfires.

This is a time to show that you trust the Lord, and are ready to be His hands and feet to a world that needs His love.

Peace in Christ

Pastor Doug



www.lachristian.org



End of school year bash for the youth?

Matt is planning a special party/cookout at Evan and Angela's house in the Jemez. Plan B, depending upon fire issues, would be a late night party at the church

Scott and Pam Middleton will be joining us, all the way from Scotland on the 13th through the 15th of May. They will update us on our mission called

ALBA

Alba Ministries was created with the intent of helping the existing churches

and planting new congregations in Scotland. During the summer for a couple of weeks, the ministry hosts Holiday Bible Clubs. They have has sponsored nine stuoperated these clubs since 2004 and have averaged over 220 children each week for the last three years. Alba has also partnered with several Bible college professors on sabbatical to go and spend time

helping the churches in the Northeast of Scotland. Furthermore, Alba dent interns for additional support work with the

youth in the churches of

Scotland.



May is our Missions Month

So look for updates on all of

the important programs we support with our prayers and contributions



In The Old Days

"The Lord's Ford" conjures up memories for me.

"The Lord's Ford" was an old nearly used-up school bus.

"Nearly used up" meant it required a lot of TLC hours of repair and service. Ed (Thomas) was very involved in the Christian Churches' purchase of El Porvenir and was always anxious for our young people to go to camp for a mountain top experience with the Lord Jesus, so he had quite an interest also in "The Lord's Ford" carrying our youth and our sponsors. That Ford harbored many stories and a number of them began with, or included, "and the Lord's Ford broke down, and we were stranded on the side of the road until......." One of the major mechanics who went on many of those rescue missions was Jerry Houlton. Jerry's wife, Joann, was the summer cook at El Porvenir many summers and fed a lot of the Lord's Ford passengers.

Memories of Lucy Thomas

Joan Houlton peacefully left this world on Wednesday, February 2nd at the age of 83, surrounded by her family in Los Alamos, New Mexico. She was born Edna Joan McClellan on April 18, 1938 in Alamosa, Colorado. To all who knew her well, she was known as "Jo-An." She married Jerry Houlton and they came to Los Alamos, in 1963. to work at Los Alamos Scientific Laboratory, Joan's family became active in The Christian Church...

A memorial service was held on April 18th at The Christian church.

I am very grateful to the church for all the work they did in supporting us in prayer and support during this time. The church staff and deacons did an exceptional job in leadership and taking care of the things behind the scenes for the memorial service. We are very appreciative of such a great church family! **RJH**

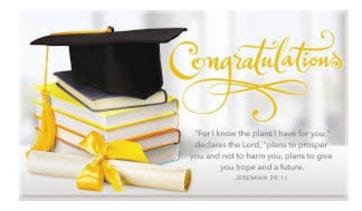


MAY EVENTS









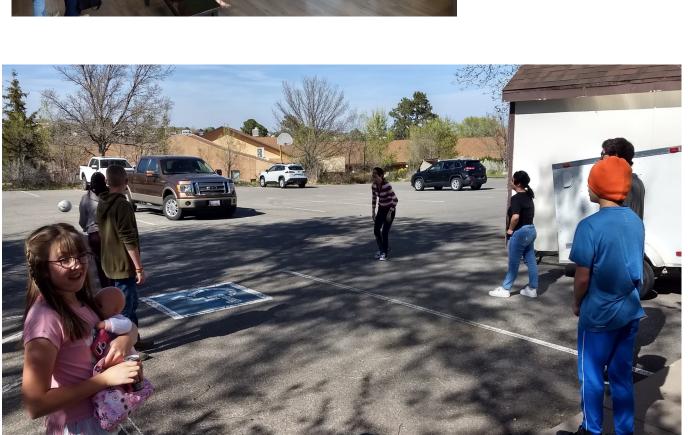
MAMA'S DAY CELEBRATION



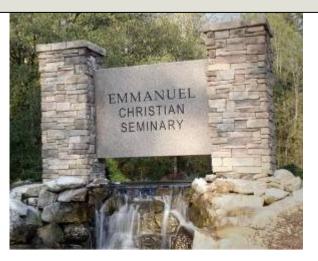
Join us for a celebration of mothers on this annual appreciation day. A special gift will be presented to all the mothers at our service. We hope to see you there.

Misc. Youth Activities





One more of the Ministries that Los Alamos Christian Church supports





and take time for them

<u>Emmanuel Christian Seminary</u> is a graduate seminary located near Johnson City, Tennessee, in the heart of the spectacular Blue Ridge Mountains. Established in 1965, the school seeks to fulfill the mission of the Church by preparing men and women for effective ministry. In order to do this, Emmanuel has seven major goals for every student:

To develop a mature love for God, commitment to Jesus Christ as Lord and Savior, and awareness of the Holy Spirit in the life of the church.

To understand the Christian faith as it has been revealed in Scripture, experienced throughout the history of the Church, and explored in twenty centuries of Christian thought.

To appreciate the Stone-Campbell heritage, with its concern for the restoration of the universal Church to the spiritual standards of the New Testament.

To recognize the dignity and worth of all men and women as persons created in the image of God.

- 5. To contextualize the Christian faith in relation to contemporary and global cultures.
- 6. To test and refine one's theology of ministry.
- 7. To acquire skills in the various practices of ministry and mission.

Our graduates go on to work in a variety of ministries, including preaching, pastoral care, Christian education, campus ministry, hospital and military chaplaincy, and crosscultural missions.

The seminary offers four degrees in order to help our students learn to become effective ministers of the Gospel: Master of Divinity, Master of Arts in Religion, Master of Christian Ministries, and Doctor of Ministry.



Caring for God's House

The care of God's house by His people dates back 3400 years to the time of the Exodus and the Tabernacle: "Bezalel and Oholiab and every craftsman in whom the Lord has put skill and intelligence to know how to do any work in the construction of the sanctuary shall work in accordance with all that the Lord has Commanded (Exodus 36:1)

Our church is blessed to have many skilled people who are ready and willing to put on their servant-coveralls and pitch in to help with the many

maintenance projects associated with our church facility. These jobs are very diverse and require a wide range of talent and energy to accomplish. Doing them ourselves has enabled us to save thousands of dollars and use those funds instead, for other important ministries of our church. To all those who have given of their time and talents for the care of God's house, the whole church offers its heartfelt thanks. Those who serve like this are a blessing to our body. Giving of ourselves is an essential element of worship, and worshiping our God brings joy into our hearts.

We have a number of upcoming projects that will require willing servants to make them happen this year. In addition to special projects there are a host of tasks associated with routine maintenance of our facility including washing/replacing furnace filters, lawn feeding, grounds cleanup. We will have our annual Spring work party on May 21st Alternatively, many of the tasks outlined above can be done piecemeal, by teaming up with a friend or two and chipping away on them on whatever schedule best suits you. All that's needed is for you to indicate that you are interested in serving. Would you consider making an offering of the work of your hands to God for the care of His house?

Please call the church, to indicate your willingness, to help

Phil Logan was having an awful time keeping up with the technology of today. "I" this and "I" that... 4G5, on line, off line... uploading, downloading, Smart phones, dumb people! He was not coping well.

He was visiting his daughter Kate in Mesa and Izzy, his granddaughter was entertaining him with great delight. He hated the fact that she could do more with the new electronics than he could. He also hated that Kate's boyfriend, "Homer" Monroe, was always giving him the rub, because Phil was techno- challenged. It was bad enough that he struggled, but having an idiot like "Snoop" rubbing him about it was more than he could handle.

As he sat visiting with Izzy, his granddaughter he asked Kate if she had a newspaper and Homer" butted in and said:

"Here ya go, ole man. You can use my Smartphone.

"But I just want a newspaper." He said

Homer butted in again:

"This is the twenty first century, ole dawg. We don't read newspapers anymore. Here, I'll put it on "Dumb Mode."

I'll tell ya what... Phil grabbed that phone and Whap!...That fly never knew what hit him!

Will Phil copyright the "I" Swatter?"

Will Izzy still love her Poppy?

Will Kate smack Phil upside the head?

Look for the answers next month in Mayhem with the