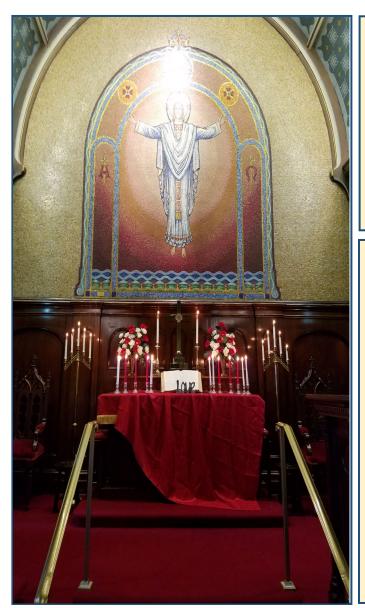
Koinonia News

Zíon Reformed UCC Monthly Newsletter
June 2022 ♥ Volume 63 Issue 6

301-739-7244 - zionrucc@myactv.net - zionreformed.church



Worship With Us!

Worship starts at 10:00am now through Sept 4th

6/5 Sunday Worship, 10:00 am 6/12 Sunday Worship, 10:00 am 6/19 Sunday Worship, 10:00 am 6/26 Sunday Worship, 10:00 am

Attend virtual worship at 10am or anytime thereafter by going to www.zionreformed.church/worshiplive.

Strengthen the Church Special Offering

The *Strengthen the Church* offering supports the expansion of ministry and growth of UCC local congregations. Your support of this offering will help the UCC fulfill on its commitment to creating a just world for all by investing in new ministries and practices that meet the emerging needs of local communities.

As God calls our congregation to be the church in new ways your generosity will plant new churches, awaken new ideas in existing churches and develop the spiritual life in our youth and young adults. Our congregation will receive the STC Offering on Pentecost Sunday, June 5th, or you can donate anytime online at www.zionreformed.church/give.

No matter who you are or where you are on life's journey, YOU ARE WELCOME HERE!



Thus, the heavens and the earth were finished, and all their multitude.

And on the seventh day God finished the work that he had done,
and he rested on the seventh day from all the work that he had done.

So God blessed the seventh day and hallowed it,
because on it God rested from all the work that he had done in creation.

(Genesis 2:1-3, NRSV)

Even though it has been years since I have enjoyed a 2-3 month long summer break, I still get excited as the school year comes to an end. The promise of hot, steamy days at the pool, waiting for the ice cream truck to roll by the sound of children laughing well into the evening... I love it! Summer is a like a closet that everything is thrown into: out of the way, waiting for 'someday' when I will have time to clear it out: to fix what needs fixing and sort what needs sorting.

Summer is when I promise myself to tackle all the things that have got pushed to one side. Even if only a quarter of my dream list is eventually completed at least I guard this special space free from being contaminated by pressures of normal everyday busy-ness.

But, summer is also for recreation. Even if there are no family vacations planned it still has a special feeling to it. This is the time for doing things I enjoy which are creative and relaxing. Maybe it's like that for you, too. This year, I hope each of you will take something off your own dream list and devote some special time to it. You can take your time because there are no deadlines chasing you. You can appreciate your surroundings... your home and garden. You may like to try your hand at something new -- with paints and brush, a pen and notebook, with a camera, with tools for working wood, needles and threads for embroidery or tapestry or a journal and a quiet space outside to mediate and pray. Or perhaps you can pick and choose visiting places to enjoy other people's creativity: historic monuments, nature trails, adventure playgrounds or a park.

Creation and recreation fit together – not just the words but also the appreciation. Seeing creation – other people's, and God's – brings pleasure, admiration of beauty, and a sense of fulfillment. To fully enjoy the benefits of re-creation requires that we get involved - take the plunge and shake off the "Oh I couldn't possibly!" excuses. When you enter into the experience, the results can be inspiring. Re-creation leads you into having a hand in God's sacred creation, happening right before our eyes.

I look forward to summer because of these expectations. I know that in the end it may not turn out as I hope. But I still value what I hold in anticipation: to look around me and to look up to the Creator, and to be re-created once more into God's likeness through sacred, creating love.

Have a Blessed summer,

Pastor Katie

What's Happening at Zion

Book Club

The Book Club will be meeting Friday, June 3rd at 7pm at the home of Sue Graff. They will be discussing "The Lady's Mine" by Francine Rivers. They will meet again on June 24th at 7pm to discuss the exciting new novel "Run, Rose, Run" by Dolly Parton and James Patterson. Please join us in person or via ZOOM for a great time of fellowship and discussion. Join by ZOOM at https://zoom.us/join or by phone call at +1 301 715 8592 and when prompted enter Meeting ID: 814 4653 4587 and Passcode: Zion. You may always find the connection information at any time on our website at www.zionreformed.church/bookclub.

Micah's Backpack

10th **Annual HARC Hike for Hunger & Hope** June 4, 2022 (Challenge Hike June 11)

Join the Zion Hike Team or Donate to the team's fundraising efforts to support Micah's Backpack and other HARC programming.

https://zionreformed.church/hikeforhunger.



Cinderella Shop (Spring 2022)



A huge THANK YOU to the Zion members (Barb Hendershot, Susie Clutz, Becky Hohman, Kristin Grosh, Rae Smith, Michael Jones, Rich Owens, and Katie Penick) and the community members who staffed the Cinderella Shop so it could be open this spring. Twenty-four (24) gowns were sold to the 28 visitors. Some new ideas for the Shop were also shared. It is

hoped that this fall the Shop can be open again for homecoming season. We have a lot of gowns that need new homes!

Mental Health First Aid Training for Churches



Most of us would know how to help if we saw someone having a heart attack — we'd start CPR or call 9-1-1. But too few of us would know how to respond if we saw someone having a panic attack or showing signs of alcoholism. Just as CPR helps you assist someone having

a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use challenge or crisis. It takes the fear and hesitation out of starting conversations about mental health or substance use by improving understanding and providing an action plan that teaches people to identify and address a potential issue safely and responsibly.

Research points to the fact that when people have initial difficulties with their mental health, they turn to the church for assistance and the church is often not prepared to assist them. Due to misunderstanding and not properly recognizing a mental health issue or illness when it manifests, these seekers, these neighbors, often leave more frustrated and without their needs having been met. We are working to change that! On June 11th from 9am-4pm we hope you will join us for Mental Health First Aid training for staff and parishioners.

Summer Block Party



Spread the word and invite everyone you meet to (including yourself) to join us on June 18th from 3-5pm in the church parking lot for our Summer Block Party! There will be plenty of fun, free food (hot dogs, popcorn, cotton candy, and more), music, crafts and games for all ages. Let's soak up some sun while having some fun, together!

Graduate Recognition Sunday

Are you or one of your loved ones graduating from high school, college, or graduate school? We would like to honor your special graduate(s) on June 26th during worship. Please submit graduate name, school or college graduating from, diploma receiving, and optionally, a picture to be included in the worship slides (form included in newsletter). All submissions must be received by June 19th to be included in the service. Graduates are encouraged to join us during worship for recognition, but not required.

Building Community: Offering Hope, Safety, and WELCOME!



June is a month of delight in our nation as many congregations and agencies come together to honor and celebrate both Pride Month and Juneteenth. Pride month uplifts the June 1969 LGBTQIA+ led protests against police harassment and unjust laws criminalizing LGBTQIA+ relationships and identity. The demonstrations quickly transitioned from Greenwich Village in New York to an international movement that changed laws and awareness around the globe. Juneteenth commemorates the 1865 effective end of legal slavery in the United

States when Union troops arrived in Galveston, Texas to take control of the state and ensure all people still enslaved were freed. Both celebrations uplift the courage and empowered resilience of the LGBTQIA+ and Black communities, while still recognizing the painful reality of oppression. They are also deeply beloved holidays rich with tradition that displaying knowledge of and care for does much to inspire trust and showcase cultural competency. These celebrations are a testament of God's inclusive welcome prevailing and echoe the importance of the journey we began to possibly become an Open & Affirming congregation should we as a congregation vote to do so. Safety in welcome is something the mainstream church has not always provided the oppressed and marginalized folks, but that is beginning to change as many churches are rising up seeking to support diverse populations, providing them the same safe welcome that we expect for ourselves. Repairing relationships and earning the trust of those who have experienced personal or historical trauma in the church isn't easy but it is fulfilling to live into Christ's command to love without judgment ALL of our neighbors.

During the month of June (and throughout the year), challenge yourself to always provide an intentional sense of safety, affirmation, and community to all that you meet, providing a powerful

antidote to the trauma of continued violence against traditionally marginalized people. And let us celebrate the advances to equality and freedom that our LGBTQIA+ and BIPOC (Black, Indigenous, and People of Color) siblings in Christ have gained while we lament that such practices of oppression still continue to this day. May we vow to always do our part as a community of faith to ensure that love, acceptance, welcome, and safety are available to ALL who come through our doors, building community through hope, restoration and welcome.

CHURCH CALENDAR

June 2022

WED	6/1	Properties Team Meeting	4:00pm
THUR	6/2	Executive Team Meeting	2:00pm
		4-H Club Meeting via ZOOM	4:30pm
FRI	6/3	ONA Team Meeting	12:30pm
		Zion Book Club	7:00pm
SAT	6/4	HARC Hike	7:00am
SUN	6/5	Sunday Worship (STC Offering)	10:00am
MON	6/6	Consistory Meeting	7:00pm
TUE	6/7	Tuesday's Supper & One Stop Shop	5:00pm
WED	6/8	Staff Meeting	12:00pm
THUR	6/9	4-H Club Meeting via ZOOM	4:30pm
SAT	6/11	Mental Health First Aid Class	9:00am
SUN	6/12	Sunday Worship	10:00am
MON	6/13	Search & Call Team Meeting	5:30pm
TUE	6/14	Tuesday's Supper & One Stop Shop	5:00pm
WED	6/15	July Newsletter Deadline	
THUR	6/16	ONA Team Meeting	12:30pm
		4-H Club Meeting via ZOOM	4:30pm
FRI	6/17	Interfaith Coalition Meeting	3:00pm
SAT	6/18	Summer Block Party	3:00pm
SUN	6/19	FATHERS DAY	
		Sunday Worship	10:00am
TUE	6/21	Tuesday's Supper & One Stop Shop	5:00pm
WED	6/22	Search & Call Team Meeting	5:30pm
THUR	6/23	Staff Meeting	12:00pm
		4-H Club Meeting via ZOOM	4:30pm
FRI	6/24	Zion Book Club	7:00pm
SUN	6/26	Sunday Worship (Grad Recognition)	10:00am
MON	6/27	CE Meeting	4:00pm
TUE	6/28	Tuesday's Supper & One Stop Shop	5:00pm
WED	6/29	Properties Team Meeting	4:00pm
THUR	6/30	ONA Team Meeting	12:30pm
		Executive Team Meeting	2:00pm
		4-H Club Meeting via Zoom	4:30pm

Treasurer's Report

Monthly	April 2022	YTD 2022		
Income	\$5642.27	\$25,531.69		
Transfer from Special Funds	\$0.00	\$231,755.50		
Expenses	-\$47,429.63	-\$219,484.35		
Net Income	-\$41,787.36	\$37,802.84		

June 2022						July 2022							
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Alice Barr	6/2
Bill Myers	6/6
Susan Clutz	6/10
Jeffery Crosby	6/14
Joann Myers	6/21
Randy Overcash	6/22
Jason Weicht	6/23
Susan Lowman	6/26
Richard Cantilena	6/30
Max Dwyer	6/30
Molly Dwyer	6/30



Kelly & Jason Weicht	6/4
Kim & Bill Cook	6/5
Linda & Aaron Kelly	6/6
Kristin & Bob Grosh	6/8
Anissa & Doug Wade	6/19
Angel & Calvin Livingston	6/29
Danielle & Toby Wantz	6/29



Parish Nurse Notes

A Parish Nurse Note June 2022

June is here and it's time to be out and about in the sun. But be careful! Here are some tips to help make your summer a healthier one. Sunscreen is a must; use a product with at least an SPF (Sun Protection Factor) of 15 and preferably 30. You should use one ounce of sunscreen every 2 hours when outside and reapply after swimming or excessive perspiration, even if the product label claims it is waterproof. Be sure to put your sunscreen on before going outside since it takes about 15 minutes on your skin to start to provide protection. Pay special attention to your ears and the tops of your feet if they are exposed to the sun. And don't forget your lips! They can also get sunburned. Use a lip balm with an appropriate SPF. Ears and lips are a common site for skin cancer (basal cell and squamous cell cancer).

You may ask if using sunscreen is safe and worth the price and effort to use it. No sunscreen can give complete protection from sunburn. Choose a product that protects from both ultraviolet A and B rays (the ones responsible for sunburns) to get the best coverage. Sunscreens are water "resistant," not waterproof. These product labels are required to list if they last up to 40 minutes or 80 minutes before reapplication is needed because of swimming or excessive perspiration.



Don't forget that drying off with a towel after swimming or in between outdoor chores requires reapplication of sunscreen. Check the expiration dates for your sunscreen; most last 2-3 years if they are not stored in a hot place (i.e. your car). If you can't find an expiration date on a product and you don't remember how long you've had it, throw it out and get another.

The risk of being exposed to chemicals in your sunscreen product is not nearly as bad as not using sunscreen protection. Oxybenzone is a common ingredient in sunscreen; it may cause skin allergies. This ingredient may also damage coral reefs. For this reason, sunscreens containing Oxybenzone have been banned in Hawaii since 2021.

Try to stay out of the sun between the hours of 10am and 4 pm when the ultraviolet rays are the strongest. Wearing long sleeves, sunglasses with UVP (ultraviolet protection) and a wide brim hat are best in preventing sunburn. Even on cloudy days about 80% of ultraviolet rays will reach you. Water, snow and sand reflect ultraviolet rays; these reflected rays can reach your face even if you are wearing a wide brim hat.

Certain medications can make your skin more sensitive to the sun. Herbal supplements may also fall into this category. Check your medication/supplement package inserts to see if there is a warning about sun exposure. You can also check by looking at Photosensitive Report Medications or www.skincancer.org.

Avoid tanning beds! They can lead to skin damage and skin cancer.

Enjoy your time outside but be safe. Your summer will be more relaxing if you don't have a sunburn!

Blessings and Health, Barb Hendershot, RN Parish Nurse



Sources: www.cancer.org www.idtidewater.com www.skincancer.org

Consistory Notes

Consistory Highlights for May 2022

The May Consistory meeting focused on property maintenance, community activities, training opportunities, and updates of on-going committee work.

The quarterly giving statements were sent out at the beginning of May. If you did not receive yours, please contact the church office. Kim has delivered the new 2022 Articles of Incorporation to William Wantz who will file these with the State of Maryland. Lisa shared that the congregational donation total for the Ukrainian Relief Fund was \$359 as of the end of April. Donations designated for the "Ukrainian Relief Fund" are still being accepted via the offering or online at www.zionreformed.church/give.

The Open and Affirming core team has been formed and they have started meeting. The members are David Ridenour, Christine Coleman, Calvin Livingston, Judy Thompson, Michael Jones, and Burnie Clutz. The Cash College Scholarship application will be available on May 8 and must be submitted by June 30. Volunteers are needed to review the applications and to make decisions about the scholarship awards.

Katie spoke about 2 upcoming UCC meetings, the *Surviving to Thriving* workshop on May 7 and the Association Spring Meeting on May 14. She encouraged any interested folks to sign up for either or both meetings.

Under New Business, there was a motion to approve the \$6500 cost of repairing the flat roof on the Christian Education wing. This was seconded and passed. Given the number of structural projects that still need to be completed, Rich suggested that we place the Fellowship Hall remodeling project on hold at this time. ZION has applied for (and has received some) grant awards to help fund this project. Katie also suggested starting a congregational fund drive. Rich will gather quotes for the various pieces of work that this remodeling project will entail. Then we can realistically plan the next steps.

Calvin asked that ZION consider age-appropriate sexuality training for those who work with children. Katie noted that this topic correlates with the Open and Affirming process. Calvin will speak with the Christian Ed Committee about this also.

The church will continue to offer community-focused events during June. On June 11, ZION will host a Mental Health First Aid Training from 9 am to 4 pm. This is a free training for ZION members and is also open to the public for \$25 per person. Snacks and lunch will be provided. On June 18, a Block Party will be held in the church parking lot. Volunteers for two hour shifts to set up, to tear down, and to run the activities are also needed.

And please mark your calendars for the summer congregational picnic which will be held on August 21 at Pangborn Park.

Stay safe and cool as we approach the heat of the summer!







GIFTS FOR DAD

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Aftershave **Golf Balls** Pocket Knife **Grilling Tools Power Tools** Beer Belt Hat Razor Slippers Book **Keyring** Mouse Pad Socks Card Chocolate Tie Mug Wallet Compass Pen **Cuff Links** Phone Case Watch

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Interim Minister: Rev. Katie Penick (240) 418-8028

Interim Admin. Assistant: Rae Smith

Tech. & Multimedia Director: Michael Jones (240) 883-4544

Music Director/Organist: Claire Marie Moblard

Choir Director:

Treasurer:
Special Funds Treasurer:
Parish Nurse:

Byron L. Stay
Lisa Saum
Carol Mooers
Barb Hendershot

Consistory Elders: Kim Ridenour - President, Michael Jones - VP,

Carroll Sager - Secretary, Susan Clutz, & Carol Mooers.

Consistory Deacons: Dee Krause, Calvin Livingston, Rich Owens,

Daisy Schlotterbeck, & Tina Shafer.

KOINONIA NEWS is published monthly by Zion Reformed United Church of Christ, 201 North Potomac Street, Hagerstown, MD 21740.

Office Hours: Monday - Friday 9 am - 12:00 pm

Telephone: 301-739-7244 Email: zionrucc@myactv.net Website: www.zionreformed.church

Deadline for articles is the 15th of each month prior to the month of

publication. All articles are subject to editing for space.

The medical information in this newsletter is provided without any representations or warranties, express or implied. You must not rely on the information in this newsletter as an alternative to medical advice from your doctor or other professional healthcare provider.

Thank you all for your generous support of the Ukrainian Relief Fund! The money you have put in the box that our children made has been forwarded to the UCC and World Central Kitchen as designated. We received this thank-you letter from the UCC national office earlier this month. Please continue to pray for our Ukrainian siblings' peace and welfare as we continue to raise funds towards humanitarian relief to assist them. God bless you for your generosity.

Ukrainian Relief Fund Giving Options:

In person - On Sunday morning you can put your donation in either the Ukraine Box or in the collection Plate after designating it for the "Ukrainian Relief Fund."

Online – Go to www.zionreformed.church/give, choose "Ukrainian Relief Fund" and make your donation.



May 5, 2022

Zion Evangelical and Reformed UCC 201 N Potomac St Hagerstown, MD 21740-3812

Dear Friends at Zion Evangelical and Reformed UCC:

Thank you for your generous donation to the United Church of Christ to support disaster relief in Ukraine. Your gift of \$500.00 was received on 4/8/2022. Through your gift, families that have been displaced and are in need of shelter and basic necessities will receive support.

Hand in hand with our Partners in Service and other volunteers, congregations, and conferences, UCC Disaster Ministries seeks to serve families and communities by identifying and meeting unmet needs and providing spiritual and emotional support.

Your love of neighbor will be made tangible through your gift. With the help of our global partners, you will provide welcome, shelter, and respite for families in local and international communities. Through your giving, those in need will be provided with spiritual support and physical resources to rebuild their lives.

United in prayer, action, and giving, we stand as a people of faith in love and compassion. Thank you again for spreading God's hope, peace, and love through your financial assistance as the United Church of Christ continues to build a just world for all. If you have questions regarding your donation, please feel free to contact us at giving@ucc.org or 1-800-846-6822.

In faith,

Rev. Dr. John Dorhauer General Minister and President

No goods or services were provided in return for this donation. Please keep a copy of this letter as a receipt for your taxes.

Officers of the Church

The Rev. Dr. John C. Dorhauer General Minister and President

Rev. Traci D. Blackmon Associate General Minister Justice and Local Church Ministries

The Rev. Dr. Karen Georgia A. Thompson Associate General Minister Wider Church Ministries and Operations Co-Executive of Global Ministries

700 Prospect Avenue East, Cleveland, Ohio 44115-1100 | 866.822.8224 | ucc.org



MENTAL HEALTH FIRST AID

For Church Staff And Parishioners

This course teaches you how to identify, understand, and respond to signs of mental illness and substance use disorders. The training gives you the skills you need to provide initial help and support to someone who may be experiencing a crisis.

Date: Saturday, June 11, 2022

Time: 9am-4pm

Location: Zion Reformed United Church of Christ

201 N. Potomac St. Hagerstown, MD 21742

A training manual, continental breakfast, soup & salad lunch will be provided. Free to Zion participants and open to the public for a \$25 fee. Free-will donations greatly appreciated to assist with costs.

This course will be taught by William Brick, a certified MHFA instructor and current instructor at Brook Lane Health Services. William has been teaching this course for more than 5 years and is recognized as a skilled instructor, providing valuable insights and techniques that attendees can immediately put into practice.

For more information or to register, call Rae Smith at Zion Reformed UCC at 301-739-7244.





JOIN US FOR A

All are welcome!!

Zion Reformed UCC

(in the Parking Lot) 201 N. Potomac St. Hagerstown, MD June 18, 2022 3:00-5:00 p.m.

Food, Games, Crafts, Music and More!

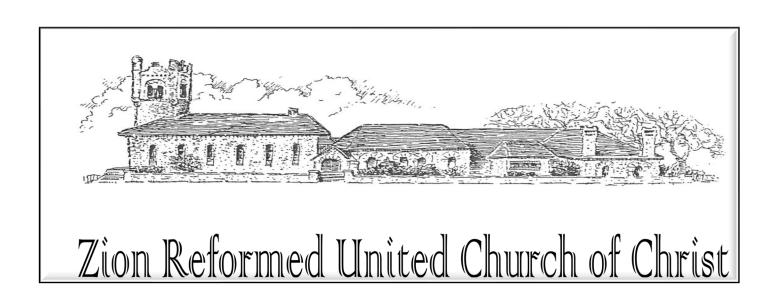




Bring your family and friends!! Phone 301-739-7244 www.zionreformed.church

Donations are welcome for Micah's Backpack, Tuesday's Supper and One Stop Shop.

ZION REFORMED UCC 201 North Potomac Street Hagerstown, MD 21740 RETURN SERVICE REQUESTED

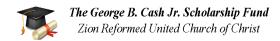




2022 Graduate Recognition Deadline for submission is June 19, 2022

Submit to the Church Office by mail, phone or email. 301.739.7244 * zionrucc@myactv.net

Name of Graduate
High School Attended
Are you going to College – Which one?
College Attended
Degree Received
Presented by
Relationship to the Graduate



The George B. Cash Jr. Scholarship Fund was established in 1997 and continues to this day. The fund was established upon the death of long-term Zion member, George B. Cash Jr. who had a passion for helping others and for continuing education. He wanted to ensure that those who desired to pursue a degree had the opportunity available to them, so he graciously donated money for the creation of a scholarship fund to benefit deserving college students.

Originally the scholarship was open to any graduate of North Hagerstown High School and South Hagerstown High School following George's passion to benefit the community he loved. The monies originally established for the fund reverted to Zion's general fund on the 20th anniversary of the scholarship fund as George stipulated in his donation. The Zion consistory at that time decided to continue the scholarship fund in George's memory and opened the fund to any high school graduate, not only those of North and South Hagerstown High Schools but limiting the availability to Zion members. So today, because of the generosity of one longtime member and the efforts of the Zion consistory, George's legacy lives on by ensuring any member of Zion Reformed that is pursuing an undergraduate degree at an accredited institution of higher learning has the possibility of receiving a little extra help to make their dream come true.

Therefore, we invite any Zion member who plans to be enrolled full time in an undergraduate college program to complete the attached application form. Additional scholarship applications may be downloaded from the church website at www.zionreformed.church/scholarship or picked-up at the church office. All applications must be submitted no later than June 30th, 2022. The Scholarship Committee will announce the awards by August 1st, 2022.

Additionally, members are invited to make contributions to the scholarship fund so that this opportunity can continue into the foreseeable future. Contributions can be sent to Zion Reformed UCC, 201 N. Potomac St., Hagerstown, MD 21740, Attn. Scholarship Fund. Contributions to the scholarship fund may also be made online at www.zionreformed.church/give and choosing "Scholarship Fund" in the fund choices.



Available to Zion Reformed UCC members that will be attending an accredited institution of higher learning for the 2022-2023 academic year. Apply between May 8th and June 30th, 2022. Awards will be announced by August 1st.