

“From Groaning to Grateful”

Text: Psalm 30

Scripture reading: Hebrews 12:1-17

I. From suffering to exaltation – vv. 1-3

A) Bringing our cares (I Tim. 3:15)

B) Bringing our thankfulness

II. From weeping to rejoicing – vv. 4-7

A) Public praise – vs. 4

B) Chastened praise – vs. 5

C) Humbled praise – vv. 6-7 (Ps. 62:5-6)

III. From pleading to praising – vv. 8-12

A) Pleading for grace – vv. 8-10

B) Praising with passion – vv. 11-2

“Never is speech better employed than in commending Christ, glorifying God, praising the Holy Spirit, uttering all the memory of God’s loving-kindness.”

– William S. Plumer; American pastor and theologian (1802-1880)

SERMON QUOTES:

III. From pleading to praising – vv. 8-12

A) Pleading for grace – vv. 8-10

“This is the chief advantage of afflictions, that while they make us sensible of our wretchedness, they stimulate us again to supplicate the favor of God.” John Calvin