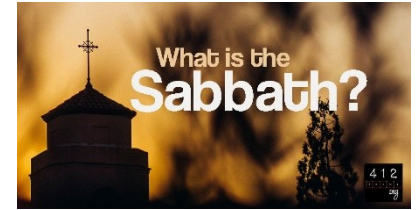


What is the Sabbath Day?

Exodus 20:8; Colossians 2:16-17



- * The Israelites under the _____ Law were to keep in mind that no work could be done on the seventh day of the week.
- * _____. This is the only command of the ten that starts with the word remember. This could mean that the Sabbath command had been given earlier in (Ex. 16:22–30) or could simply mean “keep this command in mind”.
- * The _____ day. The word Sabbath comes from a Hebrew word meaning “day of rest.” The Bible specifies that this day of rest is the seventh day of the week, sundown on Friday until sundown on Saturday.
- * To keep it _____. This four-word phrase in English is only one word in Hebrew. It means “consecrate,” “set apart,” or “sanctify.”
- * Keeping of the Sabbath was a _____ of the _____ between Israel and the Lord (Ex. 31:13)
- * Believers today, being under the _____, are not bound to keep the sign of the Old Covenant.
- * The apostle Paul declared in (Col. 2:16-17, Rom. 14:5). These Scriptures make it clear that, for the Christian, Sabbath-keeping is a matter of spiritual _____, not a _____ from God.
- * In the early chapters of the Book of Acts, the first _____ were predominantly Jews. When _____ began to receive the gift of salvation through Jesus Christ, the Jewish Christians had a dilemma.
- * What aspects of the Mosaic Law and Jewish tradition should Gentile Christians be instructed to obey? The apostles met and discussed the issue in the Jerusalem council (Acts 15:19-20).
- * Sabbath-keeping was not one of the _____ the apostles felt was necessary to force on Gentile believers. It is inconceivable that the apostles would _____ to include Sabbath-keeping if it was God’s command for Christians to observe the Sabbath day.
- * A common _____ in the Sabbath-keeping debate is the concept that the Sabbath was the day of _____.
- * The Sabbath command was to do no _____ on the Sabbath day (Ex. 20:8-11).
- * When did the early Christians meet? Acts 2:46-47 gives us the answer. In honor of Christ’s _____ on Sunday, the early Christians observed Sunday not

as the “_____” but as a day to especially worship Jesus Christ.

- * There is _____ in Christ (Rom. 8:21; 2 Cor. 3:17; Gal. 5:1). Should a Christian practice Sabbath-keeping, that is, not working on Saturdays? If a Christian feels led to do so, absolutely, yes (Rom. 14:5). However, those who choose to practice Sabbath-keeping should not judge those who do not keep the Sabbath (Col. 2:16).
- * Further, those who do not keep the Sabbath should avoid being a _____ (1 Cor. 8:9) to those who do keep the Sabbath. (Gal. 5:13-15) sums up the whole issue.