

HOME TALK

Making Disciples in the Middle of Everyday Life Mt 28:20a

Talking about The Sacrament of The Lord's Supper

364 What is the sacrament of the Lord's Supper?

The Lord's Supper, instituted by our Lord Jesus Christ, is His true body and blood, in, with and under the bread and wine, given to Christians to eat and to drink.

365 Where is this written?

This is written in the Gospels according to Saints Matthew, Mark, and Luke and also by Saint Paul who said: "The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, 'This is my body, which is for you; do this in remembrance of me.' In the same way, after supper he took the cup, saying, 'This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.'"

366 When did the Lord Jesus bring His Holy Supper into being?

Jesus brought His Holy Supper into being on the same night that he celebrated His last Passover with his disciples, was betrayed by Judas, and was turned over to His enemies to be crucified.

367 Is the Lord's Supper known by any other names?

Yes, sometimes it is called Holy Communion because it brings us into close union with Christ and with one another. Sometimes this sacrament is called the *eucharist* (thanksgiving) because we are thankful for the gift God gives us in this sacrament.

1 Corinthians 10:16-17 "The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread."

Scriptures are noted in the English Standard Version



