HOME TALK

Making Disciples in the Middle of Everyday Life   Mt 28:20a

Explanation of Luther's Small Catechism

Talking about
The Sacrament of The Lord's Supper

373 **What benefits do you as a believer receive from the Lord's Supper?**

When I worthily receive the Lord's Supper, I receive forgiveness of sin; I enter into a closer fellowship with Christ my Savior, and I am strengthened in faith, hope and love.
Matthew 26:27-28 **"And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, for this is my blood of the covenant, which is poured out for many for the forgiveness of sins."**

374 **How can physical eating and drinking produce such great benefits for you?**

It is not the physical eating or drinking which bring great benefits but Jesus' own words of promise and assurance.

375 **How may I receive the Lord's Supper worthily?**

I am truly worthy and well prepared when I believe the words of promise and assurance spoken by my Savior.

376 **How would I receive the Lord's Supper unworthily?**

I receive it unworthily when I do not believe the words spoken by Jesus, when I am not willing to forgive those who have sinned against me, and when I receive the Lord's Supper only out of habit.

377 **Why do some people neglect the Lord's Supper?**

Some people neglect the Lord's Supper because they do not recognize the benefits which Jesus offers.

378 **What will help you partake of the Lord's Supper worthily?**

I will be helped to do so if I prayerfully examine my heart before God, confess my sins, admit my need of Jesus, and have an honest intention to give up even my most cherished sins.
1 Corinthians 11:28-29 **"Let a person examine himself, then, and so eat of the bread and drink of the cup. For anyone who eats and drinks without discerning the body eats and drinks judgment on himself."**
Psalm 139:23-24 **"Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!"**

Scriptures are noted in the English Standard Version