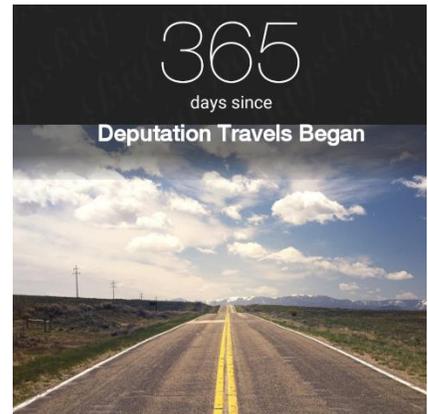


September 30, 2022

HAPPY ANNIVERSARY TO US!

MINISTRY UPDATE

What a year this has been! On this day, 365 days ago, we began pre-field ministry travel (formerly known as "deputation"). After a very full year, we can easily look back and see God's hand upon our lives in so many wonderful ways! To celebrate one year, we decided to share our thoughts and some exciting updates through our first-ever ministry video together: <https://youtu.be/Rlb5Tb7q6Y>. Please be kind. [To join our team, click <http://qrco.de/bd7bUb> to sign up for our newsletter, to give to our ministry in Knysna or to just learn about all things "Fraustos for South Africa."]



We are thankful to be in the midst of a busy missions conference season! We just finished up a wonderful week in Indianapolis with a dear church that has a tremendous heart for missions spanning decades and decades. Our family sang, Frank preached and taught the teens, and we talked to the smaller children during their mid-week program about South Africa and having a heart for missions. It was such a full, wonderful week, and it jump starts a busy month and a half filled with three missions conferences, two mission Sundays and many other ministry meetings along the way in Indiana, Ohio, South Carolina, Georgia and New Hampshire.

Our home goes back on the market October 8 after being off the market for the past month in order to give us time and space to purge more of our belongings. Tori was able to clear out many, many toys, shoes and clothes at a local consignment sale at the beginning of the month. She also picked up some great deals on quality kids' clothes for the future that will be difficult to find in South Africa! We continue to trust God for HIS perfect timing on the sale of our home and then moving into temporary housing until we make the permanent move to Knysna.



[LEFT] Singing "Here Am I, Lord" as a family at a missions conference this past week.
[RIGHT] Finding some great used preemie clothes at a consignment sale for our partners' foster care ministry. Preemie clothes are not readily available in Knysna.

FAMILY UPDATE

We wanted to share a wonderful praise, that after 4 long weeks of illness, Tori is finally feeling better! We never did find out what caused her terrible cough, but she is so thankful to have her voice back and a little more energy!

We took advantage of an opportunity that arose to enable us to go to Michigan for a couple of days to just rest and recoup. We have been full speed ahead over the past year, so the short break was a much-needed time for us all before the busy travel schedule started up again! The kids loved climbing Sleeping Bear Dunes, exploring the campground where we stayed and seeing their cousin for a quick visit at his college.

We also enjoyed hosting some newer friends and fellow South African missionaries, Alex & Bethany Tandon & their two boys, for a couple of days before they headed back to their home base in the southeast. We look forward to serving just under an hour away from them once we both get to the field full time following pre-field ministry!



[LEFT] The kids at Sleeping Bear Dunes in Maple City, Michigan.

[RIGHT] Playground fun with the Tandon boys.



PRAY FOR US!

- PRAISES! Scroll up to watch the video as we share where our current support level is after one year on pre-field ministry and some other exciting ministry updates. All glory to God!
- Pray for good health and safety over the many miles of driving and flying ahead!
- Please pray for Tori and the kids as they stay in SC as Frank flies to NH for a missions conference near the end of this upcoming trip.
- Continued prayer for God's perfect timing on the sale of our home and all of the details that go along with this.

UPCOMING MEETINGS

Are we coming your way? If you'd like to see us and hear more about our ministry vision and financial goals, please reach out to us at fraustos4southafrica@hotmail.com.

OCTOBER:

- Indiana
- Ohio
- South Carolina
- Georgia

NOVEMBER:

- South Carolina
- North Carolina (including the www.hopeforpastorwives.com retreat)
- New Hampshire (just Frank)
- Indiana

DECEMBER:

- Indiana
- Delaware

JANUARY:

- Indiana

CONTACT INFORMATION:

Email: fraustos4southafrica@hotmail.com

Frank's Cell: 919.971.5443

Website: fraustos4southafrica.com

GIVE: <https://www.ibmglobal.org/donate-by-check>



MAIL YOUR TAX-DEDUCTIBLE DONATION TO OUR MISSION BOARD

(Please note *NEW* mailing address below!):

IBMGlobal

10 Craftsman Lane

Amherst, NH 03031

***Please make your check payable to *IBMGlobal* AND attach a note that it is for the *Frausto* account.**

THANK YOU FOR YOUR SUPPORT!