

HOME TALK

Making Disciples in the Middle of Everyday Life Mt 28:20a



Talking about The Ten Commandments

The Third Commandment

Remember the Sabbath Day by keeping it holy (Exodus 20:8).

What does this mean?

This means that we should fear and love God so that we do not despise His word and the preaching of it, but consider it to be holy and gladly hear and learn it.

46 What does the word Sabbath mean?

The word *Sabbath* means *rest*.

47 What does the word holy mean?

The word *holy* means *set apart to the service of God*.

48 What did God require of the Hebrew people in the Third Commandment?

God required them to keep the Sabbath Day holy.

49 What was the Sabbath Day for the Hebrew people in the Old Testament?

The Sabbath Day for the Hebrew people in the Old Testament was the seventh day of the week. This day was set apart for worshipping God and for rest.

Genesis 2:2 "And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work he had done.

Exodus 20:9-11 "Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy."

50 What day did the Christians in the New Testament set apart as a day to worship God and hear His Word?

Christians in the New Testament set apart Sunday, the first day of the week, the day when Christ arose from the dead and the day when the Holy Spirit was given.

Scriptures are noted in the English Standard Version

