

S.H.A.P.E. Assessment

The purpose of this assessment exercise is to help you discover more about how God has created you so that you can more fully understand what it may look like to serve God and advance His kingdom. We want your passion to meet God's purpose!

SPIRITUAL GIFTS

Complete the separate Lifeway Spiritual Gifts Assessment Handout and calculate your results.

List your top 3 spiritual gifts here:

1. _____ 2. _____ 3. _____

HEART

Another way to think of your heart is to think about your passion! Take a moment to think about these questions:

- What drives you?
- What are the needs you are most drawn to?



The people I would like to serve most are: (circle all that apply)

Homeless children	Homeless adults	Single parents	Young married
College students	Hospitalized	Singles	Youth
Disabled	Infants	Teen moms	Low income
Divorced	Men	Unemployed	Elderly
Parents	Widowed	Empty nesters	Prisoners
Women	Other: _____	Other: _____	Other: _____

The issues or causes I feel most strongly about are: (circle all that apply)

Abuse/violence	At-risk children	Deaf	HIV/AIDS
Drug abuse	Environment	Finances	Poverty/hunger
Homelessness	Law/justice system	Parenting	Sanctity of life
Alcoholism	Spiritual apathy	Disabilities	Education
Compulsive behavior	Health/fitness	Injustice issues	Ethics
Policy/politics	Sexuality	Marriage/family	Divorce
Other: _____	Other: _____	Other: _____	Other: _____

ABILITIES

Read this list of specialized abilities and check the ones that you excel at and love doing:

- Adapting – ability to adjust, change, alter, modify
- Administrating – ability to govern, run, rule
- Analyzing – ability to examine, investigate, probe, evaluate
- Building – ability to construct, make, assemble
- Coaching – ability to prepare, instruct, train, equip, develop
- Communicating – ability to share, convey, impart
- Competing – ability to contend, win, battle
- Computing – ability to add, estimate, total, calculate
- Connecting – ability to link together, involve, relate
- Consulting – ability to advise, discuss, confer
- Cooking – ability to prepare, serve, feed, cater
- Coordination – ability to organize, match, harmonize
- Counseling – ability to guide, advise, support, listen, care for
- Decorating – ability to beautify, enhance, adorn
- Designing – ability to draw, create, picture, outline
- Developing – ability to expand, grow, advance, increase
- Directing – ability to aim, oversee, manage, supervise
- Editing – ability to correct, amend, alter, improve
- Encouraging – ability to cheer, inspire, support
- Engineering – ability to construct, design, plan
- Excelling – ability to be the best and make my team the best, setting and attaining the highest standard
- Facilitating – ability to help, aid, assist, make possible
- Forecasting – ability to predict, calculate, see trends, patterns, and themes
- Implementing – ability to apply, execute, make happen
- Improving – ability to better, enhance, further, enrich
- Influencing – ability to affect, sway, shape, change
- Landscaping – ability to garden, plant, improve
- Leading – ability to pave the way, direct, excel, win
- Learning – ability to study, gather, understand, improve, expand self
- Managing – ability to run, handle, oversee
- Mentoring – ability to advise, guide, teach
- Motivating – ability to provoke, induce, prompt
- Negotiating – ability to discuss, consult, settle
- Operating – ability to run mechanical or technical things
- Organizing – ability to simplify, arrange, fix, classify, coordinate
- Performing – ability to sing, speak, dance, play an instrument, act out
- Persevering – ability to see things to completion, persisting at something until it is finished
- Pioneering – ability to bring about something new, groundbreaking, original
- Planning – ability to arrange, map out, prepare
- Promoting – ability to sell, sponsor, endorse, showcase
- Recruiting – ability to draft, enlist, hire, engage
- Repairing – ability to fix, mend, restore, heal

- Researching – ability to seek, gather, examine, study
- Resourcing – ability to furnish, provide, deliver
- Serving – ability to help, assist, fulfill
- Shopping – ability to collect, or obtain things, getting the highest quality for the best price
- Strategizing – ability to think ahead, calculate, scheme
- Teaching – ability to interpret, decode, explain, speak
- Traveling – ability to journey, visit, explore
- Visualizing – ability to picture, imagine, envision, dream, conceptualize
- Welcoming – ability to entertain, greet, embrace, make comfortable
- Writing – ability to compose, create, record

PERSONALITY

For each statement, circle the number towards the statement that most accurately describes what you would prefer in most situations.

- Do not answer according to what you feel is expected by a spouse, family member, employer, etc.
- Select the behavior or perspective that would come naturally to you if you knew there were no restrictions or consequences for your personal expression.

How Are You Energized?

I'm more comfortable:

doing things for people 1 2 3 4

being with people

When doing a task, I tend to:

focus on the goal 1 2 3 4

focus on relationships

I get more excited about:

advancing a cause 1 2 3 4

creating community

I feel I've accomplished something when I've:

gotten a job done 1 2 3 4

built a relationship

It is more important to start a meeting:

on time 1 2 3 4

when everyone gets there

I'm more concerned with:

meeting a deadline 1 2 3 4

maintaining the team

I place higher value on:

action 1 2 3 4

communication

Add all the prior numbers and record the total here:

Total = _____

* If your score was 7 – 17: You are more *task-oriented*

* If your score was 18 – 28: You are more *people-oriented*

How Are You Organized?

While on vacation I prefer to:

be spontaneous 1 2 3 4

follow a set plan

I prefer to set guidelines that are:

general 1 2 3 4

specific

I prefer to:

leave my options open 1 2 3 4

settle things now

I prefer projects that have:

variety 1 2 3 4

routine

I like to:

play it by ear 1 2 3 4

stick to a plan

I find routine:

boring 1 2 3 4

restful

I accomplish tasks best:

by working it out as I go 1 2 3 4

by following a plan

Add all the prior numbers and record the total here:

Total = _____

* If your score was 7 – 17: You are more *unstructured*

* If your score was 18 – 28: You are more *structured*

Record your results:

I am _____ / _____

EXPERIENCE

On the next page, take a moment to reflect on these different experiences and how they have impacted your life:

- Spiritual experiences – meaningful decisions, times with God, times you felt especially close to God
- Painful experiences – problems, hurts, trials, etc.
- Educational experiences – favorite subjects in school, special training, etc.
- Ministry experience – how you've served in the past

Record any experiences that stand out in the above areas onto your S.H.A.P.E. Profile: