

# HOME TALK

Making Disciples in the Middle of Everyday Life Mt 28:20a



## Talking about The Ten Commandments

### The Fifth Commandment

**You shall not murder (Exodus 20:13).**

**What does this mean?**

This means that we should fear and love God so that we do our neighbor no bodily harm nor cause any suffering, but help and befriend our neighbor in every bodily need.

#### **70 Does God forbid you to take our own life?**

Yes, God has given me life, and He alone has the right to take it. If I take my own life, I commit murder.

#### **71 How do you harm your health and shorten your life?**

I can harm my health and shorten my life by laziness, neglect of my body, recklessness, overeating, drunkenness, chemical dependency, immoral sex, anger, and worry.



#### **72 Is there ever a time when you should risk your health and life?**

Yes, it may be necessary to risk my life to defend my country, carry out my occupation, save someone's life, or because of what I believe.

#### **73 Why is human life sacred?**

Human life is sacred because God is the one who from the moment of conception created my life.

**Psalm 139:13-16** "For you formed my inward parts; you knitted me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well. My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth. Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them.

Scriptures are noted in the English Standard Version

