

HOME TALK

Making Disciples in the Middle of Everyday Life

Talking about **The Ten Commandments**

The Sixth Commandment

You shall not commit adultery (Exodus 20:14).

What does this mean?

This means that we should fear and love God so that we lead a chaste and pure life, in word and deed, and that husband and wife love and respect each other.

81 How can you avoid this sin?

I can avoid this sin with God's help.

1. By turning away from anything that will cause me to think impure

thoughts or to lose control of my power to make right decisions.

2 Timothy 2:22 "So flee youthful passions and pursue righteousness, faith, love, and peace, along with those who call on the Lord from a pure heart."

By thinking about the true purpose of my sexuality and the great blessing it can be when used in agreement with God's will.

Genesis 1:27 "So God created man in his own image, in the image of God he created him; male and female he created them."

3. By realizing that the pleasure of this sin is only for a short time and that it may have long-term evil

Hebrews 11:24-25 "By faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to be mistreated with the people of God than to enjoy the fleeting pleasures of sin."

4. By remembering the great suffering that Jesus went through to save me from my sin.

Hebrews 12:3 "Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted."

82 Since you know temptations will come, how can you strengthen yourself?

I can use my will to say no to things I know to be wrong, and I can fill my mind with good thoughts, take part

in healthful and creative activities, and do good things for my neighbors.

2 Corinthians 10:5b "...and take every thought captive to obey Christ..."
Philippians 4:8-9 "Finally, brothers, whatever is true, whatever is honorable, whatever is just,

whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me-practice these things, and the God of peace will be with you."

1 Corinthians 15:33 "Do not be deceived: "Bad company ruins good morals."

83 What help is there when you are tempted?

God has promised to be with me and give me His strength.

1 Corinthians 10:13 "No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it."

Psalm 119:9, 11 "How can a young man keep his way pure? By guarding it according to

your word. I have stored up your word in my heart, that I might not sin against you." Philippians 1:6 "And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ."

Philippians 2:13 "...for it is God who works in you, both to will and to work for his good pleasure."

Scriptures are noted in the English Standard Version



